

“NEIGHBOUR DAY”

- WHEREAS** *Neighbour Day is a day designated to residents opening their doors and getting to know their neighbours through a variety of social activities and engagements; and*
- WHEREAS** *research shows that we, as humans, thrive on connection and healthy relationships; and*
- WHEREAS** *a sense of belonging impacts both our mental health and physical well-being, and*
- WHEREAS** *the 2012 Vancouver Foundation survey reports 46% of people seldom see their neighbours; and*
- WHEREAS** *the 2014 Victoria Capital Region Community Wellbeing Survey reports Victoria residents know an average of only four neighbours well enough to ask a favour of; and*
- WHEREAS** *as demonstrated through Neighbourhood Block Watch meetings, connected neighbours make safer neighbourhoods; and*
- WHEREAS** *May 6, 2018 has been designated as Neighbour Day to promote and create safe, welcoming neighbourhood communities by increasing inclusion and reducing isolation through neighbour to neighbour connections.*

NOW, THEREFORE I do hereby proclaim May 6th, 2018 as **“NEIGHBOUR DAY”** on the **TRADITIONAL TERRITORIES** of the **ESQUIMALT AND SONGHEES FIRST NATIONS** in the **CITY OF VICTORIA, CAPITAL CITY** of the **PROVINCE** of **BRITISH COLUMBIA**.

IN WITNESS WHEREOF, I hereunto set my hand this 12th day of April, Two Thousand and Eighteen.

LISA HELPS
MAYOR
CITY OF VICTORIA
BRITISH COLUMBIA

Sponsored by:
Janelle Breese Biagioni
The Cridge Centre for the Family
Brain Injury Services