

**“PULMONARY HYPERTENSION AWARENESS MONTH”**

**WHEREAS** *pulmonary hypertension, or PH, is a disease affecting the arteries of the lungs. It can strike anyone regardless of age, sex, social, or ethnic background; and*

**WHEREAS** *pulmonary hypertension refers to high blood pressure in the lungs which causes the arteries of the lungs to become narrowed and scarred. This can result in almost complete closing of the arteries. People affected by this disease suffer from continuous high blood pressure in the lungs, resulting in enlargement of the right heart, and can lead to heart failure and death; and*

**WHEREAS** *some symptoms of pulmonary hypertension are: shortness of breath, bluish or purplish lips, swelling of hands and feet, light headedness/dizziness, especially when climbing stairs or standing up, chest pain, a feeling of being tired all the time, and sometimes even fainting; and*

**WHEREAS** *the somewhat “generic” symptoms often get mistaken for other less serious illnesses or conditions resulting in patients experiencing significant delays in diagnosis and in receiving lifesaving treatments; and*

**NOW, THEREFORE** *I do hereby proclaim the month of November 2018 as “PULMONARY HYPERTENSION AWARENESS MONTH” on the TRADITIONAL TERRITORIES of the ESQUIMALT AND SONGHEES FIRST NATIONS in the CITY OF VICTORIA, CAPITAL CITY of the PROVINCE of BRITISH COLUMBIA.*

**IN WITNESS WHEREOF,** *I hereunto set my hand this 4<sup>th</sup> day of October Two Thousand and Eighteen.*

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**LISA HELPS  
MAYOR  
CITY OF VICTORIA  
BRITISH COLUMBIA**

**Sponsored By:  
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