

Appendix A

“PHONES AWAY DAY”

WHEREAS *Phones away day encourages individuals to consciously put aside their cellular phones to engage mindfully with their community; and*

WHEREAS *People will be encouraged to be more active that day and will have more real-life conversations with both people they know and don't know; and*

WHEREAS *In an effort to promote connection, we hope participants will interact with the people around them at bus stops, in the grocery store line-ups, or during their breaks; and*

WHEREAS *Adults and youth alike are experiencing increasing life through digital means, and don't appreciate the beauty around them, sunsets, sound of rain in the trees, or the beautiful city we live in.*

NOW, THEREFORE I do hereby proclaim, Thursday May 23rd, 2019 as **“PHONES AWAY DAY”**, on the **TRADITIONAL TERRITORIES** of the **HOMELANDS** of the **SONGHEES AND ESQUIMALT PEOPLE** in the **CITY OF VICTORIA**, **CAPITAL CITY** of the **PROVINCE** of **BRITISH COLUMBIA**.

IN WITNESS WHEREOF, I hereunto set my hand this 9th day of May, Two Thousand and Nineteen.

LISA HELPS
MAYOR
CITY OF VICTORIA
BRITISH COLUMBIA

Sponsored by:
Tanya Lee
St. Michaels
University School