

“EATING DISORDER AWARENESS WEEK”

WHEREAS *Eating Disorder Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention; and*

WHEREAS *the Provincial Eating Disorders Awareness (PEDAW) campaign launches annually in February with events and activities taking place throughout the year and is a BC Province wide effort to raise awareness around prevention and early intervention of eating disorders as well as media literacy, resiliency, building healthy body image and self-esteem; and*

WHEREAS *WHEREAS Vancouver Island Voices for Eating Disorders (VIVED) is a grassroots organization that has pulled together people with eating disorders, their loved ones, friends, allies, and professionals to talk about lived experiences and present ideas about how services and programs can be improved, and*

WHEREAS *the Victoria Peer Support Group for Adults has been filling a gap for over three years by providing open weekly peer support groups facilitated by volunteers, and has offered individual phone support to members who are struggle between meetings; and*

WHEREAS *eating disorders are psychiatric illnesses with higher mortality rates than any other mental illness; and*

WHEREAS *it is critical that greater awareness be raised in this area to support additional and innovated services in the City of Victoria so more adults with eating disorders can access appropriate services in their own home community; and*

NOW, THEREFORE *I do hereby proclaim the week of February 1st-7th, 2020 as **EATING DISORDER AWARENESS WEEK”** on the HOMELANDS of the Lekwungen speaking **SONGHEES AND ESQUIMALT PEOPLE** in the **CITY OF VICTORIA, CAPITAL CITY** of the **PROVINCE of BRITISH COLUMBIA**.*

IN WITNESS WHEREOF, *I hereunto set my hand this January 23rd, Two Thousand and Twenty.*

**LISA HELPS
MAYOR
CITY OF VICTORIA
BRITISH COLUMBIA**

Sponsored by:
*Vancouver Island Voice
for Eating Disorders Society
The Victoria Peer Support Groups
for Adults
Councillor Marianne Alto*