

## Lucas De Amaral

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**From:** Jamie [REDACTED]  
**Sent:** March 4, 2020 1:13 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED] Vanessa Hammond  
**Subject:** 328 Cook St Rezoning Application

Mayor Helps and Council:

I am writing in support of this application to permit the Cook Street Village Activity Centre to create examination rooms for a proposed community health centre operated by the Victoria Health Co-op. My wife and I are members of the Co-op and very much support this initiative and require access to primary health care on a personal basis.

Since moving to Victoria 10 years ago we have lived at the same address in James Bay. It took us a year to get a primary health care provider which we did through the James Bay Community Project medical clinic when it was operated by the Health Co-op from 2011. We went through 2 general practitioners in the co-op, one of whom retired and the other left practice. In 2018 the Co-op was forced to sell the clinic to a private operator because of the increasing costs of operations. The private operator, Whiteye Clinic closed the site in 2019 after losing a number of general practitioners, including a third general practitioner who we were seeing for about a year. Since that time we have not had a primary health care provider and have been forced to use “walk-in” clinics when we need medical care.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

We are hopeful that once the co-op has space at 328 Cook Street we will once again be able to have reliable primary health care for our family.

Please feel free to contact me if you have any questions.

I appreciate your taking the time to consider our message.

James Deitch and Yuan Xiang  
[REDACTED]

Tuesday, February 25, 2020

Mayor and Council  
City of Victoria  
c/o 1 Centennial Square  
Victoria, BC V8W 1P6  
250.361.0221

**RE: Support of Proposed Development at 328 Cook Street**

Dear Mayor and Council,

RE: Support of Proposed Development at 328 Cook Street

I am writing to express my support of the proposed Mixed-use development at 328 Cook Street in Victoria.

Yours truly,

Sara Parbery  


Resident of:  
Victoria  
4 - 314 Cook Street

## Heather McIntyre

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**From:** Wayne Handley [REDACTED]  
**Sent:** March 7, 2020 12:47 PM  
**To:** Victoria Mayor and Council  
**Cc:** Carol Turnbull  
**Subject:** RE; 328 Cook St. Rezoning Application

**Shirley Handley** [REDACTED] >

to mayorandcouncil, Carol



Honourable Mayor Helps and City Councillors,

Cook Street Activity Centre is an important and crucial meeting place. For the past five years I have been a volunteer with them, serving as Treasurer on the CSVAC Board of Directors. I can confirm that many times we literally have no space and members are forced into corridors to enjoy a cup of tea and visit. The Centre offers many interesting events, speakers, classes and lots of fun experiences for those wishing to be involved. A broad range of people attend, many coming from Oak Bay, James Bay and Cedar Cross area to attend our activities. I enjoy regular games of Mahjong and Euchre, and Bridge there regularly.

Since moving from Saskatchewan, 5 years ago, the Centre has been a hub at which we have met many friendly people and made new friendships. Isolation is a major contributing factor to mental illness and offering a neighbourhood resource for seniors is beneficial to their well being and therefore to the community at large. There is a shortage of medical services and the Centre offers some helpful aides for better health. Having the extra space would mean that these services could be combined and expanded, through a partnership with Victoria Health Cooperative. This would mean the addition of access to a Practical Nurse, which would be a great boon for those without a family doctor.

Our members are in need of better and available medical care that can be provided on site by a Registered Practical Nurse, freeing up valuable Doctor time.

The City of Victoria would benefit through streamlining services, avoiding unnecessary duplication and making a central base for seniors to both connect and to access health care when needed. This is a good investment for present and future generations.

Thank you for considering this in your decision on Thursday, March 19.

Wayne Handley [REDACTED] 7  
307 1157 Fairfield Road, Victoria, BC  
Cook St Village Activity Centre.

## Heather McIntyre

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**From:** Shirley Handley [REDACTED]  
**Sent:** March 7, 2020 12:39 PM  
**To:** Victoria Mayor and Council  
**Cc:** Carol Turnbull  
**Subject:** Re: 328 Cook St. Rezoning Application

Honourable Mayor Helps and City Councillors,

Cook Street Activity Centre is a happening place. For the past five years I have been a volunteer with them, serving as receptionist. I can confirm that many times we literally have no space and members are forced into corridors to enjoy a cup of tea and visit. The Centre offers many interesting events, speakers, classes and lots of fun experiences for those wishing to be involved. A broad range of people attend, many coming from Oak Bay, James Bay and Cedar Cross area to attend our activities. I enjoy regular games of Mahjong and Euchre, while my husband plays Bridge there regularly.

Since moving from Saskatchewan, 5 years ago, the Centre has been a hub at which we have met many friendly people and made new friendships. Isolation is a major contributing factor to mental illness and offering a neighbourhood resource for seniors is beneficial to their well being and therefore to the community at large. There is a shortage of medical services and the Centre offers some helpful aides for better health. Having the extra space would mean that these services could be combined and expanded, through a partnership with Victoria Health Cooperative. This would mean the addition of access to a Practical Nurse, which would be a great boon for those without a family doctor.

The City of Victoria would benefit through streamlining services, avoiding unnecessary duplication and making a central base for seniors to both connect and to access health care when needed. This is a good investment for present and future generations.

Thank you for considering this in your decision on Thursday, March 19.

Shirley Handley  
307-1157 Fairfield Road  
Victoria BC V8V 3A9

## Heather McIntyre

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**From:** Ram Kumar Punia <[REDACTED]>  
**Sent:** March 7, 2020 1:30 PM  
**To:** Victoria Mayor and Council  
**Cc:** Cook Street Village Activity Centre  
**Subject:** 328. Cook St. Rezoning Application

Mayor and Council:

I am writing in support of in support of the Cook Street Village (CSVAC) bid to acquire the vacant space at [2-38 Cook St.](#)

I am a both a volunteer and program participant at CSVAC and am often frustrated at the lack of space for the required programs. I often see participants waiting in hallways for one class to begin and another to start or hear them grumbling about having to share the space with another activity.

My volunteer time and other activities at CSVAC give a me a place to serve my community and a chance to make friends. It gets me out of the house and keeps me healthy and gives companionship to my days.

Wellness services in at a moderate costs and in a convenient space is welcomed by many of the Seniors who visit the centre. CSVAC could offer more services if the space was available.

The Cook Street area has only one medical clinic where often the appointments are filled by early morning. The possibility of having a Nurse Practitioner on sight would be a benefit to the wider community and to the seniors at the centre.

Please vote to support CSVAC in their bid for acquiring [2-380 Cook St.](#)

Ram Kumar  
Volunteer, CSVAC  
[925-577-9743](tel:925-577-9743)

Sent from my iPhone

## Heather McIntyre

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**From:** Fern Martin [REDACTED]  
**Sent:** March 7, 2020 11:09 AM  
**To:** ExecutiveDir@csvac.ca; Victoria Mayor and Council  
**Subject:** 328 Cook St. Rezoning Application

Dear Mayor Helps and Council members,

I am a regular at the Cook Street Village Activity Centre - in the Stretch and Strength program. I also take advantage of several of the other offerings.

I am very impressed with the administration of the Centre and the many activities that are available. But it's getting crowded and having an additional room, Unit 2, will make a big difference for the community.

To show my admiration for Ann Marie who is the exercise guru for Stretch and Strength - I wrote a song to the tune of Hello Dolly.

Ann Marie makes a special effort to explain which muscles are being exercised.

Hello - muscles

Well hello - muscles

It's so nice - that you all help us move along.

We love our Ad-ductors

and our Hip - flexors

Our Achilles Tendons Quadriceps are - oh so strong.

Our Abs protect - our middles

Kegels stop - our piddles

We've got Biceps, Thorax and Tra-pe-zi-us

So - work your Pector-alis

While you bend your Gast-tro-cnem-i-us

Then our Gluts will help us get back home.

We've got more - muscles

There are more - muscles

We've got muscles from our head down to our toes

There are the Hip-flexors

and the Arm-Flexors

Also Hamstrings and some Deltoids which all - help us pose

The Triceps bend - our elbows

Face ones blow - our noses

There's the Ten-sor Fasc-ia Lat-ae iloit-ibal Band

So - work your Sar-torius

While you bend your Rectus Femoris

Then our Gluts will help us move

Gluts that really have the groove

Gluts that work to help us get back home.

Yours truly,

Fern Martin

**Heather McIntyre**

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**From:** Ivan Jespersen [REDACTED]  
**Sent:** March 6, 2020 3:00 PM  
**To:** Victoria Mayor and Council  
**Subject:** 328 COOK STREET REZONING APPLICATION

March 3, 2020

Mayorandcouncil@ca

**SUBJECT:**

328 Cook Street Rezoning Application

Mollie M. Jespersen  
Suite 1, 112 Dallas Rd.  
Victoria, B.C. V8V 1B9

I am writing to express my support for provision of space for the Nurse Practitioners and Nursery Exam spaces at the CSVAC. This is a wonderful opportunity for our area and is much needed.

My husband and I own a home where we reside and provide five apartments.

Sincerely,

Mollie M. Jespersen



## Heather McIntyre

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**From:** Liz Short <[REDACTED]>  
**Sent:** March 6, 2020 12:19 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** 328 Cook St. Victoria, BC. Rezoning Application

I am writing to express my support for provision of space for the Nurse Practitioners and necessary exam spaces at the CSVAC.

This is a wonderful opportunity for our area and is much needed.

My husband and I own a home where we reside and provide five apartments.

Sincerely,  
Mollie M. Jespersen

## Lucas De Amaral

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**From:** Patricia McGuire [REDACTED]  
**Sent:** March 4, 2020 7:12 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** 328 Cook St Rezoning Application

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

At the present time I am without a doctor OR a nurse practitioner....after having accessed medical services for 35 years at the Michigan Street location where the Vic Health Co-op used to operate.

We need more nurse practitioners to free up precious time for doctors to deal with more complex issues. So any opportunity to secure another nurse practitioner and a LOCATION for such services is desperately needed in Victoria.

To this end, please support the re-zoning of 328 Cook Street.

Pat McGuire  
Victoria, BC

## Lucas De Amaral

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**From:** marjie welchframe [REDACTED]  
**Sent:** March 4, 2020 3:30 PM  
**To:** Victoria Mayor and Council  
**Subject:** Re: 328 Cook St. Activity Centre Rezoning Application

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

This is a letter of support to rezone Cook St. Village Activity Centre, 380 Cook St., to include Unit 2 adjacent to the present property.

If rezoned, the space will be well-used by Centre members. The present concept is to make use of Unit 2 as an area for Wellness: for exercise classes, for massage and footcare clients, perhaps a Nurse Practitioner, for yoga.

All spaces in Cook St. Village Activity Centre are regularly engaged in popular member activities. In the three years in which I have been a CSVAC member staff have added presentations, classes, and events to the Centre calendar which have enriched members' lives. In order for staff to continue to do this, extra space would be of enormous benefit.

I love being a member of CSVAC and live a healthier physical and emotional life because of the programs offered.

Please seriously consider the 328 Rezoning Application for the Cook St. Village Activity Centre. Thanks. Marjie Welchframe :)

## Heather McIntyre

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**From:** Mollie Jespersen [REDACTED]  
**Sent:** March 5, 2020 8:39 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** Nurse Practitioners at CSVAC

I am writing to express my support for provision of space for the Nurse Practitioner at the CSVAC and for necessary exam spaces.

This is a wonderful opportunity for our area and is much needed.

My husband and I have a home where we reside and provide five apartments.

Sincerely,  
Mollie M. Jespersen  
Ivan F. Jespersen  
Elizabeth A Short

Sent from my iPad

## Lucas De Amaral

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**From:** MARIANNE BARTRAM [REDACTED]  
**Sent:** March 5, 2020 11:31 AM  
**To:** Victoria Mayor and Council  
**Cc:** Carol Meyer  
**Subject:** 328 Cook St. Rezoning Application

Mayor and Council

I am writing in support of Cook Street Village Activity Centre (CSVAC) obtaining the additional space in Unit 2 at 380 Cook St.

I am one of the volunteer receptionists at the centre and know firsthand that space is a challenge at CSVAC.

Over the years I have witnessed a change in the age group and activity levels of the members/attendees. Although we will always have programs/activities that our longtime and older members have grown to love, we seem to be attracting more "younger" seniors and our programs/activities have started to evolve to reflect the change. The younger seniors have different interest and also tend to be more active participants who want programs that challenge their intellectual and physical abilities. They also want more wellness programs.

It is becoming increasingly difficult to fit everything we offer in our programs into the space provided. Often several activities/meetings have to wait to get into the room assigned for them and/or the space provided has to be shared with another activity.

The various practitioners in our wellness program are booked full and could be seeing more clients if there was not a time limit on the space presently available.

Our neighbourhood is growing fast, numerous condo buildings are being built in the area. Seniors are downsizing, giving up cars and will probably be moving into most of those condos.

There is only one walk in clinic available in the Cook Street/Fairfield area and having to wait in line, outside, in all types of weather conditions, for the clinic to open so one can book an appt (there is no allowance to do this over the phone) only to be told the appointments are fully booked is dehumanizing. Offices for a Nurse Practitioner at 2-380 Cook St. would greatly relieve this situation.

Victoria prides itself to be a forward moving community and states it is interested in bringing more and better services to seniors. Allotting the additional space at 2-380 Cook St. to CSVAC to enable program and service extensions for seniors is a firm commitment to what otherwise would only be wishes and empty promises.

Please vote to accept the CSVAC bid for the additional space at 2-380 Cook St.

Sincerely

Marianne Bartram  
405-505 Cook St  
[REDACTED]

Sent from my iPad Marianne Bartram

## Lucas De Amaral

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**From:** Lynn Husted [REDACTED]  
**Sent:** March 4, 2020 8:00 PM  
**To:** Victoria Mayor and Council  
**Subject:** 328 Cook St Rezoning Application

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Dear Mayor and Council,

We hope you will support the rezoning of 328 Cook Street to allow the Victoria Health Co-op to create exam and treatment room space in the Cook St Village Activity Centre.

We joined the Health Co-op several years ago to access the wellness treatments provided by donation once a month. We are very impressed with the quality of the professionals involved in the co-op and wellness clinics.

Several years ago, my husband's long-time family doctor retired and we were not able to find another doctor. This was very scary situation as he has many health issues which require ongoing monitoring. I know thousands of Victorians are in the same situation. Walk-in clinics are not the answer. We were very lucky in that we were able to find a nurse practitioner at the Health Point Care Centre who had time for my husband. The nurse practitioner has been absolutely wonderful, my husband's health has improved and I feel so relieved!

So many people would benefit from the services of the Co-op nurse practitioner and the continuation of the Co-op education and wellness treatments. Please support the rezoning so that this wonderful organization can continue to provide its much needed services.

Sincerely,

Lynn Husted  
Terrance Berscheid  
Saanich BC

## Lucas De Amaral

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**From:** Eleanor Ward [REDACTED]  
**Sent:** March 4, 2020 7:25 PM  
**To:** Victoria Mayor and Council  
**Cc:** Exec  
**Subject:** Re: 328 Cook St. Rezoning Application

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

To Mayor and Council.

I am writing in support of this rezoning application.

I have been a member of the Cook Street Village Activity Centre for the last nine years. The Centre has offered me a variety of activities that interest me: bridge, meditation, book club, foot care nurse, chair exercises to name a few. I have made many friends and enjoy the many opportunities for social activities. Five years ago, I joined the Board of Directors as I wanted to give back to the Centre that gave me so much. My family doesn't live here and the Centre has become family to me. I hear so many similar comments from other participants.

As an individual and as a Board member I see the need for more space to deliver our programs. I see the need to develop activities that are of interest to baby boomers and younger. I'm just a couple of years older than the baby boomers and can see that they have a broad range of interest in activities. The Centre is delivering these programs. We are delivering several wellness services such as massage, foot care, meditation, acupuncture, hair cuts and we are almost ready to begin a nurse practitioner service. As well, we are slowly increasing our evening and weekend programming in order to have programs for younger seniors who may still be working.

All of these mean that we are very crowded for space. We need Unit 2 - 380 Cook St. This space offers us the opportunity to move our wellness programs away from the other activities and into a more suitable space for them. This will free up space for our regular and any new programming.

Thank you for all your support to our Centre.

Eleanor Ward  
President  
Cook Street Village Activity Centre

## Lucas De Amaral

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**From:** [REDACTED]  
**Sent:** March 5, 2020 1:55 PM  
**To:** Victoria Mayor and Council  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St. rezoning Application

Dear Madam Mayor and Council,  
I support the above application.

I did some research on the importance of Community.

The following is from healthoholics.com, just one of many websites that support the many values already provided by the CSVAC. I believe the additional space will just enhance those values.

“Without communities, we would live very isolated lives with minimal to no contact outside of our immediate social circle. Getting outside of our close-knit group, and meeting new people is an essential part of cultivating a self-fulfilled life!

It allows us to support one another, interact, share experiences and our modern life struggles. Having this open bond with others is what builds valuable relationships, and gives us a deeper sense of belonging.

Communities are also rich in resources. Your strengths may be someone else's weaknesses and vice versa. With the diversity of skills, common goals can be achieved that much faster!

...

It's especially important for members of a community to participate in decisions that impact their well-being so that they can walk away feeling empowered about fulfilling their full potential. This can happen when there are an abundance of health professionals that genuinely care about the wellbeing of others, and seeing a community thrive!”

With kind regards,

Deirdre Burrows,  
[REDACTED]

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***"Be kind whenever possible - it is always possible". The Dalai Lama.***  
Kindness is free - share it with a smile - also free. ☐

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## Lucas De Amaral

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**From:** Carol Meyer [REDACTED]  
**Sent:** March 5, 2020 1:40 PM  
**To:** Victoria Mayor and Council  
**Subject:** 328 Cook Street

Mayor and Council

I am writing in support of Cook Street Village Activity Centre (CSVAC) obtaining the additional space in Unit 2 at 380 Cook St.

The Cook St., Village activity centre is a wonderful place to meet friends new and old and keep active as a senior (or not as old)

It is becoming increasingly difficult to fit everything in the programs offer into the space provided. Often several activities have to share space provided

The various practitioners in our wellness program are booked fully and could be seeing more clients if there was not a time limit on the space presently available.

Our neighbourhood is growing fast, numerous condo buildings are being built in the area. Seniors are downsizing, giving up cars and will probably be moving into most of those condos.

There is only one walk in clinic available in the Cook Street/Fairfield area and having to wait in line, outside, in all types of weather conditions, for the clinic to open so one can book an appt (there is no allowance to do this over the phone) only to be told the appointments are fully booked is dehumanizing. Offices for a Nurse Practitioner at 2-380 Cook St. would greatly relief this situation.

Victoria prides itself to be a forward moving community and states it is interested in bringing more and better services to seniors. Allotting the additional space at 2-380 Cook St. to CSVAC to enable program and service extensions for seniors is a firm commitment to what otherwise would only be wishes and empty promises.

Please vote to accept the CSVAC bid for the additional space at 2-380 Cook St.

Sincerely

Carol Meyer  
1031 Burdett Ave  
Victoria

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Cheers, Carol

## Lucas De Amaral

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**From:** Bev's Gmail [REDACTED]  
**Sent:** March 5, 2020 9:51 AM  
**To:** Victoria Mayor and Council  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook Street Rezoning Application

Good morning to Victoria Mayor and Council,

I am Vice-President on the Board at Cook Street Village Activity Centre. I have been coming to the Centre since 2006 and love the warm welcome I always get, the opportunity to volunteer and the super friends I have made. I also know first hand how desperately we need Unit 2 at #2 - 380 Cook Street.

We have Wellness Services as part of our Strategic Plan and are working to expand the services we are already offering and the major setback is that we don't have enough room for them and the activities we already offer at the Centre. There is a constant struggle to fit everyone in to the existing structure and people often find themselves having coffee or lunch in the office, hall or even outside.

In the Cook Street area there is a huge need for us to expand what we are offering, especially with Wellness Services, as the area continues to grow. The Senior's Task Force recommends that senior's centres need more funding and that health care needs are a high priority. For the seniors in our area this has become a very real concern and I think that CSVAC can become a vital part of the solution.

I totally support this bid for additional space for Cook Street Village Activity Centre.

Sincerely,

Bev Ruhl

## Heather McIntyre

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**From:** sabine orlik [REDACTED]  
**Sent:** March 4, 2020 6:06 PM  
**To:** Victoria Mayor and Council  
**Subject:** Re: Cook st.rezoning application

We need additional space in unit2 {2\_380 Cook st } Many of us have not had a physician in years, and look forward to the possibility of a nurse practitioner. He, or she would require an examination room, as well as an office for an administrative assistant.

Other wellness providers might benefit from additional space as well, as the activity centre also offers massage, reflexology, and other treatments important to the neighbourhood.

I am looking forward to a positive outcome for our request, sincerely, Sabine Orlik  
1122 Leonard st,  
Victoria

Sent from my iPad Pro

## Heather McIntyre

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**From:** LLynne Phillips [REDACTED]  
**Sent:** March 16, 2020 9:34 AM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** 328 Cook St Rezoning Application

Dear Members of Victoria City Council,

The Victoria Health Co-op needs spaces for exam and treatment rooms. Their plan is to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. IF they secure facilities at 328 Cook St. the Victoria Health Co-op will be able to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. This will greatly improve the ability and scope of the VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre. The result will be a healthier population and less stress on our already heavily stressed medical systems. And that was before CoVid-19!

I am a resident of James Bay and use the services available at Cook Street Village.

I hope that Victoria City Council votes in favour of improvement for our health facilities.

Sincerely,

Lynne Phillips

V8V 4X7

\*\*\*\*\*

Goodbye to all that.

## Heather McIntyre

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**From:** Susan Skidmore [REDACTED]  
**Sent:** March 14, 2020 2:13 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** 328 Cook St Rezoning Application".

You have read this sentence before. And now, even distracted by our current pandemic, the need still exists, poignantly. " *Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services.* "

I am one of those people desperately needing services. I moved to Victoria from the Kootenays where I had a very good Dr. to the shock of our Island medical personnel shortage. I am 70. Mine, like so many others is a situation of several related medical conditions which should be treated with the big picture in mind. BUT that is not how walk in clinics work here. They divide the patient up into 'bits' and treat each as a stand alone situation. This does not work. I need a practitioner like I had before who sees the whole person, and all that goes with it. I am not feeble, but vibrant and active and want to stay that way and work hard to do my part.

Please do your part and do all you can do to smooth the way for zoning, and permits etc etc for the quick set up the the clinic people have worked so hard to put in place.

Yours Sue Skidmore who can't deal with waiting 3 hours to see a doctor after arriving at the clinic before 8:00 in the morning.

## Heather McIntyre

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**From:** rbuell [REDACTED]  
**Sent:** March 15, 2020 4:14 PM  
**To:** Victoria Mayor and Council  
**Cc:** vichealthcoop; executivedir  
**Subject:** 328 Cook St. Rezoning application

Please support the Rezoning for this much needed Nurse Practitioner's clinic.

My partner and I are among the many who no longer have a family doctor or primary health care. We are both type2 diabetics who suffer from high blood pressure. This clinic is much needed.

Thank you, Roger Buell  
319-151 St Andrews Street  
[REDACTED]

## Heather McIntyre

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**From:** Matt Quinn [REDACTED]  
**Sent:** March 14, 2020 4:00 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** 328 Cook St Rezoning Application

Good Evening,

We have been trying to get a GP for 6 months now and the walk in clinics are overloaded and ineffective.

***Please approve rezoning and allow the Victoria Health Co-op which needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.***

***Thank you***

**Matt Quinn  
3615 Urban Rise  
Langford BC  
V9C0N8**

## Heather McIntyre

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**From:** Janet Hacker [REDACTED]  
**Sent:** March 14, 2020 11:25 AM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** 328 Cook Street Rezoning Application

Please support the Rezoning for this much needed Nurse Practitioner's clinic.  
My partner and I are among the many who no longer have a family doctor or primary health care.

Thank you, Janet Hacker  
319-151 St Andrews Street  
[REDACTED]



## Heather McIntyre

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**From:** Bob Schrey [REDACTED]  
**Sent:** March 14, 2020 2:13 PM  
**To:** Victoria Mayor and Council  
**Subject:** 328 Cook St Rezoning Application

*The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services.*

*The proposal for [328 Cook St](#) enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.*

*Note: I am without a GP for the first time in my life. Mine retired in December and there are no GP's taking on new patients.*

Bob Schrey  
19 Boyd St, Victoria, BC  
[REDACTED]  
[REDACTED]

## Heather McIntyre

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**From:** laura Kaufman <[REDACTED]>  
**Sent:** March 13, 2020 11:08 AM  
**To:** Victoria Mayor and Council  
**Subject:** 328 Rezoning Application

Hello I am a senior in Victoria who has , in the past 5 years, lost access to any consistent Medical Care here in Victoria . Although many clinics are available as drop ins , I have needed to arrive before 8:00 am only to stand in line in all kinds of inclement weather and still miss out on seeing a Dr that day or the next . Even seeing a Dr has been an issue as Each. Time I am able to see a caretaker they are new to my case and to me as their patient so there is little or no continuity of treatment . I have spent hours needlessly in the emergency room for a case of bronchitis And no follow up . Please allow the model of nurse /practitioner to help me in Cook St village .

Thank you for your support  
Laura Anne Kaufman  
964 Heywood ave apt 227  
[REDACTED]

Sent from my iPhone

March 13/20

To Whom it May Concern

As a Member of Cook Street  
Activities Center.

We need the extra space for our activities at the center. The extra space would give a lot more space for our programs at the center. And better arranging the programs. On some occasions there has been 2 programs in one room.

On some occasions we have had to eat our lunch by the washrooms. Or at a small area by Carol's office. The lounge is out of use, because of a program. It is a nice area to sit & have a coffee or lunch. One can sit & relax & visit. But due to lack of space we can't. The extra space would be so nice for us.

Hope you will give us  
the area.

So we can have better programs  
→ add some more

Thank You

Alan Simpson

March 12/20

## Heather McIntyre

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**From:** Maria [REDACTED]  
**Sent:** March 12, 2020 3:26 PM  
**To:** Victoria Mayor and Council  
**Subject:** 328 Cook St Rezoning Application

Dear Mayor and Council,

As a resident of Fairfield I support the rezoning application to provide space for a Nurse Practitioners office at the Cook St Activity Center.

I am one of thousands of Victoria residents without a primary health care practitioner. I have lived in Victoria for 5 years and have been unable to find a single family physician taking new patients. I have been a part of the Victoria Health co-op during that time and benefited from their expertise and generosity in making health services available. Please support their efforts to provide primary care.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

Sincerely,

Maria McKenty

## Heather McIntyre

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**From:** Karen Malcolm [REDACTED]  
**Sent:** March 11, 2020 7:03 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
**Subject:** 328 Cook Street Rezoning Application

Dear Mayor and Council members:

I am a senior, a James Bay resident, and a worried individual who has been unable to obtain a consistent health practitioner in Victoria despite every effort. I joined the Victoria Health Coop because I support their approach to health and wellness.

I am aware that they are actively working to obtain the services of a Nurse Practitioner. I am very hopeful that I will be able to form a consistent relationship with this individual.

In order for this to become a reality, premises need to be available. Therefore, I urge you to look favourably on the 328 Cook Street Rezoning Application to support establishing a Nurse Practitioner service.

Sincerely,

Karen Malcolm

## Heather McIntyre

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**From:** Robin E Hall [REDACTED]  
**Sent:** March 10, 2020 6:32 PM  
**To:** Victoria Mayor and Council  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St. Rezoning Application

To: Mayor Lisa Helps and Council

Dear Mayor Helps and Council:

I am writing in support of the bid that Cook St. Village Activity Center (CSVAC) has made for additional space in unit 2 (2-380 Cook St.). As a Director of the Board at CSVAC and member of a few committees, my reason for supporting CSVAC is that I chose it above other Centres for location and vibrancy. It keeps me alive and happy using my capabilities and skills to add modern ideas to the vibrancy upping the charm thus enticing more members to join this already buzzing Centre that's filled with good cheer and fun.

This Centre is alive! I need this Centre and the good people in it, though I live in James Bay.

Because our Centre is burgeoning we've run out of space for activities and cafeteria, meanwhile membership continues to escalate.

CSVAC requires the additional space of Unit 2 because we are bursting at the seams and also need Unit 2 for the extra space to house the new Wellness Services which is destined to increase rapidly in situ being part of the Strategic Plan.

With respect,

Robin E. Hall, a CSVAC Board Director

## Heather McIntyre

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**From:** Walter and Margaret [REDACTED]  
**Sent:** March 10, 2020 8:54 AM  
**To:** Victoria Mayor and Council  
**Cc:** executivedir@csvac.ca  
**Subject:** 328 Cook St. Rezoning

**From:** Margaret Rice  
**Sent:** Monday, March 9, 2020 6:12 PM  
[REDACTED]  
[REDACTED]

**From:** Margaret Rice  
**Sent:** Monday, March 9, 2020 4:51 PM  
**To:** [REDACTED]  
[REDACTED]

Mayor and Council

The Cook Street Village Activity Centre is an important part of my social life. I go there four times a week to play cards, and find it helps fill the void left after my husband died more than a year ago.

And I am certainly not alone. The centre is a popular spot. Membership has nearly doubled in the past 6 years which is why it so desperately needs the space available in Unit 2 of 380 Cook Street.

Now is an ideal time for the city to invest in the well-being of our neighbourhood by buying Unit 2. The activity centre and Victoria Health Co-op are prepared to turn it into a much-needed wellness centre – and I gather Aragon is willing to offer a sizeable discount.

Having the extra unit would mean a lot to those of us who use the activity centre now. And it would ensure we have enough space for the many people who will likely join us in the future as development continues on Cook Street.

Margaret Rice



## Heather McIntyre

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**From:** Larry Scott <[REDACTED]>  
**Sent:** March 10, 2020 12:40 PM  
**To:** Victoria Mayor and Council  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St Rezoning Application

Dear City Council,

I write in support of the proposal from the Victoria Health Co-Op for an exam and treatment space at the Cook St. Activity Centre. There is one Drop-In facility in the Cook St. Village, but it books up for the day, very soon after opening. Given the number of seniors in this immediate community, we would benefit from a Nurse Practitioner plus various wellness treatments from other health professionals who would offer their services in the facility. Perhaps the intended inclusion of wellness education would help lessen the load on primary health services. Please support this project.

Regards,

Rev. Larry Scott (retired)  
214-1035 Pendergast St.  
Victoria, BC

## Heather McIntyre

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**From:** Carol O'FALLON [REDACTED]  
**Sent:** March 10, 2020 4:10 PM  
**To:** Victoria Mayor and Council  
**Cc:** [REDACTED]  
[REDACTED] Application

I am writing in support of the rezoning of Cook Street Activity Centre, 380 Cook St. to include the property Unit 2 adjacent to the Centre.

This rezoning would allow space for a potential wellness centre and as such the CSAC is an ideal location to serve the population in Fairfield and beyond.

The potential addition of a Nurse Practitioner would be welcomed and a much needed resource.

This Centre is a hive of activity with members and non-members engaging in a wide variety of activities providing physical, emotional, cultural, and social connection to support people with varying abilities and interests. The Centre also offers health related programs to assist people with basic health maintenance. Some spaces are cramped.

I attend exercise classes four times per week and consider this a major part of my "health insurance". I am able to walk to this centre rather than drive to other recreations centres or private facilities.

Additional space would allow the many programs to continue and other wellness programs to be provided. I urge you to seriously consider and approve the 328 rezoning application.

Thank you.

Carol  
[REDACTED]

## Heather McIntyre

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**From:** Tom Palfrey [REDACTED]  
**Sent:** March 9, 2020 5:58 PM  
**To:** Victoria Mayor and Council  
**Subject:** 328 Cook Street Rezoning

As I am without a family doctor and unable to find one I support the creation of a health unit at 328 Cook St as it is close to my home at 203 Government St and I am in need of health practitioners who would become familiar with my medical history...

Thank you  
Tom

Sent from my iPad