



## CITY OF VICTORIA

# PROCLAMATION

### **“FOOD ALLERGY AWARENESS MONTH”**

- WHEREAS** *Food Allergy Awareness Month was established as a national month of encouraging food allergy awareness and supporting those who are impacted by food allergy and anaphylaxis; and*
- WHEREAS** *Food allergy affects over 3 million Canadians, including approximately 500,000 children; and*
- WHEREAS** *a food allergy is an immune system response to a food the body mistakenly believes is harmful. When a person with food allergy eats the food, his or her immune system releases massive amounts of chemicals, including histamine, that trigger a cascade of symptoms that can affect the respiratory system, the gastrointestinal tract, the skin, and/or the cardiovascular system; and*
- WHEREAS** *there is no cure for food allergy, strict avoidance is the only way to prevent an allergic reaction; and*
- WHEREAS** *anaphylaxis is a serious allergic reaction that comes on quickly and has the potential to become life-threatening; and*
- WHEREAS** *managing a food allergy on a daily basis involves constant vigilance and small amounts of an allergen can trigger an allergic reaction in some individuals; and*
- WHEREAS** *Food Allergy Canada is a national non-profit charity and Canada’s leading patient organization committed to educating, supporting, and advocating for the over 3 million Canadians living with food allergy.*

**NOW, THEREFORE** *I do hereby proclaim the month of May 2021 as “**FOOD ALLERGY AWARENESS MONTH**” on the HOMELANDS of the Lekwungen speaking **SONGHEES AND ESQUIMALT PEOPLE** in the **CITY OF VICTORIA, CAPITAL CITY** of the **PROVINCE** of **BRITISH COLUMBIA**.*

**IN WITNESS WHEREOF**, *I hereunto set my hand this 13<sup>th</sup> day of May, Two Thousand and Twenty-One.*

---

**LISA HELPS**  
**MAYOR**  
**CITY OF VICTORIA**  
**BRITISH COLUMBIA**

**Sponsored By:**  
**The City of Victoria’s**  
**Accessibility Advisory Committee**