

[REDACTED]

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**From:** Victoria Mayor and Council  
**Sent:** Monday, July 12, 2021 9:26 AM  
**To:** Public Hearings  
**Subject:** Fw: REZ00634 - Cook and Pendergast - Aragon Development

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**From:** [REDACTED]  
**Sent:** July 11, 2021 9:09 AM  
**To:** Ben Isitt (Councillor) <BIsitt@victoria.ca>; Charlayne Thornton-Joe (Councillor) <cthornton-joe@victoria.ca>; Geoff Young (Councillor) <gyoung@victoria.ca>; Jeremy Loveday (Councillor) <jloveday@victoria.ca>; Lisa Helps (Mayor) <LHelps@victoria.ca>; Marianne Alto (Councillor) <MAlto@victoria.ca>; Sarah Potts (Councillor) <spotts@victoria.ca>; Sharmarke Dubow (Councillor) <sdubow@victoria.ca>; Stephen Andrew (Councillor) <stephen.andrew@victoria.ca>  
**Subject:** REZ00634 - Cook and Pendergast - Aragon Development

Hello Mayor and Council,

Again, I am writing in support of this project for Cook Street Village. It meets many of the criteria for the area residents. The design of the building suits the neighbourhood and the plans for the ground floor area surrounding the building will improve the area.

While it does not propose to have low-cost rentals in the building, there are many other opportunities for that construction in other areas of the city.

I hope that this time around, council will approve this building to go forward for development.

Regards,  
Jane Mertz  
Fairfield

[REDACTED]

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**From:** d m [REDACTED]  
**Sent:** Tuesday, July 13, 2021 12:23 PM  
**To:** Public Hearings  
**Subject:** Amendment Bylaw (No. 1233) - No 20-081 and Variance Application No. 000527

**Categories:** Madison - In Progress

We live at the edge of Cook Street village and support the subject applications.  
This is the type of development that Fairfield needs, residential density and commercial development within the village core. The additional population in the village will provide good support for the local businesses and add to the vibrancy of the village.  
We strongly recommend that council approve this project.

Sincerely,  
Duncan and Janis McLaren  
32 Marlborough Street  
Victoria.

Sent from my iPad

[REDACTED]

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**From:** Luke Ramsay [REDACTED]  
**Sent:** Tuesday, July 13, 2021 4:36 PM  
**To:** Public Hearings  
**Subject:** FW: Support for Development at 328 Cook St.

**Categories:** Madison - In Progress

Hello,

Forwarding the below letter in support of 328 Cook Street. Please make sure this gets included in the correspondence for the project.

Best Regards,

Luke

ARAGON

**LUKE RAMSAY**

Development | Construction  
Aragon Properties Ltd.  
201 – 1628 West 1st Avenue  
Vancouver, BC, Canada V6J 1G1

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**From:** Jay Smith [REDACTED]  
**Sent:** July 8, 2021 2:48 PM  
**To:** Luke Ramsay [REDACTED]  
**Subject:** Fwd: Support for Development at 328 Cook St.

Please forward to mayor and council.

Cheers

Jay

Get [Outlook for iOS](#)

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**From:** therittenhouse [REDACTED]  
**Sent:** Thursday, July 8, 2021 10:42:08 AM  
**To:** Jay Smith [REDACTED]  
**Subject:** Support for Development at 328 Cook St.

July 8, 2021

Mayor and Council  
City of Victoria

1 Centennial Sq.  
Victoria, BC V8W 1P6

RE: Support of proposed Development at 328 Cook Street

Dear Mayor Helps & Councillors,

We are writing in support of the proposed mixed use development at 328 Cook St. In Victoria.

It is a good mix of living space sizes and commercial space.


It helps the adjoining community centre, by adding to the facilities,

At 4 stories it will blend to the heights of its neighbours.

We are pleased that the Cook St Village feel is being maintained, along with the beautiful trees.

Yours truly

Larry and Pauline Rittenhouse

  
225 Wildwood Ave.  
Victoria, V8S 3W2

Sent from my Galaxy



June 26, 2021

To the Mayor and Members of Victoria City Council:

It is my understanding that a request has been made to the City to use the additional space available within the building and behind the Cook Street Village Activity Centre. As this would be an ideal place for a wellness centre to serve the community, I offer this letter of support asking the Victoria City Council members to vote in favour of this request.

In view of the **urgent** need in Victoria of family doctors, the inclusion of a nurse practitioner to serve residents is even more crucial at this time. With an easily accessible location and the services of a variety of health professionals, a facility such as this would be a definite asset to the larger community.

Thank you for your positive consideration of this proposal.

Jean Kucy

Member of the Cook Street Village Activity Centre

and

Fairfield Resident at:

#205 – 1035 Southgate St.

June 29, 2021,

305-1433 Faircliff Lane

Waltham, B.C. V8S 3J6

To Whom It May Concern,

As a frequent user of Cook Street Village Activity Centre, as a senior who greatly enjoys the programs offered there, I write to urge you to allocate the currently unused space on the ground floor, Unit 2 in the building, to the Centre. Doing this will allow CSVAC to move all their Wellness Services to that space and so create more suitable areas for other activities such as exercise, sport, games, meetings, films, lectures, library and eating area.

The Centre can make really excellent use of the extra space and we have been hoping for this expansion for the last two years.

Please vote to allow CSVAC to expand into the vacant space. In granting the Centre this possibility, the staff will be able to offer a wider selection of activities and opportunities for us seniors in the district and what a joy that will be.

Yours sincerely,

A handwritten signature in cursive script that reads "Gudrun Leys". The signature is written in dark ink and is positioned above the printed name.

Gudrun Leys

Dear Mayor Helps,  
please help us people who can  
not find a doctor.

By granting the Cook Village  
Community Centre additional  
space, it can set up a place  
for a Nurse Practitioner.

They are desperately needed  
and it will not cost the city  
any money. Elke Vaas

Elke Vaas  
Victoria

From: Margaret Helmuth  
108 - 405 Quebec St. Victoria, B.C. V8V 4Z2

To: Ms. Caro; Turnbull, ED of CSVAC

Dear Mayor Helps,

As a citizen of Victoria and in the name of many of our citizens, I send this letter to you for your attention and help regarding medical services. We are all aware that there is a severe shortage of primary health care services in our city. This results in very many families, seniors and other and many ordinary residents in not only wasting valuable time, but more acutely, not being able to receive the care which they and their medical cases need. I am one of these citizens at age 82 and may soon not be able to walk and wait to walk-in clinics. That may well result in unnecessary and costly Emergency visits.

I have become aware that the Victoria Health Co-op (VHC) is eager to provide health and wellness services to vulnerable and VHC underserved individuals. The VHC has accessed salary funding for a fully licensed Nurse Practitioner and an RN or Medical or Medical Office Assistant. The Cook Street Village Activity Centre with its large senior population would be the ideal location for this small team.

I request that the City of Victoria make space available to the Cook Street Village Activity Centre which would provide two exam rooms for primary health care and wellness education services.

I look forward to hearing good news in the near future.

Yours sincerely

Margarete Helmuth

**Carol Turnbull**

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**From:** Amanda [REDACTED]  
**Sent:** Friday, February 7, 2020 9:11 AM  
**To:** [REDACTED]  
**Subject:** Re: Additional space for the Cook Street Village Activity Centre

To: Executive Director, CSVAC

There is an acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. We are forced to spend hours at walk-in clinics, which is very difficult for elderly Victorians. Waiting for hours in unhealthy and over-crowded hospital emergency rooms is not the answer either. This just drives up the cost of our medical services. Our Victoria Health Co-Op is eager to provide health and wellness services to vulnerable, under-served and marginalized individuals and groups. The VHC has accessed salary funding for a Nurse Practitioner (scope of practice 95% identical to that of a family physician) and a Registered Nurse or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team. I join many others in requesting that the City of Victoria make space available to the Cook Street Village Activity Centre that would provide two examination rooms for primary health care and wellness education services. I very much hope for a positive outcome to this request in the near future.

Yours sincerely,

Amanda Shang | Corporate Secretary  
| Victoria Health Co-operative

[REDACTED]

## Carol Turnbull

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**From:** Lyn Stewart [REDACTED]  
**Sent:** Thursday, February 6, 2020 6:59 AM  
**To:** Carol Turnbull  
**Subject:** Additional Space for the Cook Street Village Activity Centre

Carol Turnbull  
Executive Director, CSVAC

Dear Carol,

There is an acute shortage of primary health care services in our region resulting in thousands of seniors, residents, families, long-term residents and recently arrived retirees unable to access appropriate care. These individuals are forced to spend hours at walk-in clinics, which is very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op (VHC) is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups. The VHC has accessed salary funding for a fully licensed Nurse Practitioner (Scope of Practice is 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

As Treasurer, of the Creating Community Wellness Society (CCWS), we want to share with you the excellent news that the Victoria Health Co-op and Creating Community Wellness Society both achieved a major objective last year in moving the average age of our Board and Committee Heads from around 70 yrs to around 35-40yrs old. Welcoming new and young leaders is part of building a healthy and thriving society.

We request that the City of Victoria make space available to the Cook Street Village Activity Centre which would then provide two exam rooms for primary health care and wellness education services to the residents of Victoria and surrounding areas. We forward to hearing good news in the near future.

Sincerely,

*Lyn Stewart*  
*Treasurer, CCWS*

## Carol Turnbull

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**From:** Barbara McDonell [REDACTED]  
**Sent:** Sunday, February 2, 2020 11:14 AM  
**To:** [REDACTED]  
**Subject:** FW: victoria health services urgent need

Carol, FYI. Barbara

**From:** Barbara McDonell [REDACTED]  
**Sent:** Sunday, February 2, 2020 11:10 AM  
**To:** 'mayorandcouncil@victoria.ca' <mayorandcouncil@victoria.ca>  
**Subject:** victoria health services urgent need

With 70,000 people without primary care, Greater Victoria is seriously lacking health services.

I have been without a doctor for 1 ½ years, during which time I've suffered a broken wrist, a year-long bout of insomnia and Shingles. At 77 years of age (indeed any age) it's isn't fun to attend a walk-in clinic. Even though I go an hour early with a chair and book, I sit in the cold to wait. By the time the clinic opens there are 12-15 people lined up behind me – many coughing and sneezing. If I'm lucky, I might get into the clinic first and therefore avoid spending more hours in that unhealthy environment; however, even being 2<sup>nd</sup> in line has meant an additional hour waiting to be seen.

I see a different doctor on each visit. They don't know me at all. And they don't have time to even check my records from previous appointments. There are no family doctors available in Victoria so I'm therefore without ongoing support.

The Victoria Health Co-op has worked determinedly to fund-raise and is in a position to modify potential exam rooms to meet medical standards and to staff a Nurse Practitioner clinic, but needs space. The Cook Street Village Activity Centre (CSVAC) is eager to provide rooms, but needs access to the area adjoining its current location at 380 Cook St.

We urgently request that the City provide access to this space so that I, and the over 500 hundred now on the Victoria Health Co-op's 'I want an NP' list, can have reliable, consistent, continuing health care services."

Barbara McDonell  
3159-B Jackson St.  
Victoria, BC [REDACTED]

504-605 Douglas St  
Victoria, BC  
V8V 2P9

October 24, 2019

Lisa Helps  
Mayor of Victoria

Dear Mayor Helps,

I have been to a recent meeting of the Victoria Wellness Cooperation. They desperately need space to do their wonderful work. Please provide additional space at the Cook Street Activity Centre for the activities which would be of great benefit to the community.

Sincerely,

Norma Hill



October 18, 2019

Mayor Lisa Helps :

As a resident of Victoria in need of a primary care health practitioner to monitor + prescribe my thyroid, I urgently request your attention to the request by the <sup>Victoria Health</sup> COOP + Creating Community Wellness Center for 2 rooms at the Cook Street <sup>Village</sup> Activity Centre.

Sincerely,

Mary Ellis

1,118 Ladysmith St  
Victoria V8V 1J4

1883 Neil St

Victoria, BC

V8R 3C6

September 8, 2019

Mayor Lisa Helps,

City Hall

Victoria, BC

**Re: Need to Support Nurse Practitioner Service**

Dear Mayor Helps,

I moved to Victoria over four years ago and have not been able to find a primary care doctor. As the evidence shows that nurse practitioners can efficiently and capably handle most primary care health needs, I would be very pleased to access a nurse practitioner clinic instead – in fact, it would be my first choice for primary health care.

From presentations by the Victoria Health Co-Operative, I understand there is funding for a nurse practitioner service that would include clinics several days per week at the Cook St. Village Activity Centre. This would require some building alterations to incorporate the space for the clinic. Please support the necessary renovations that would allow the clinic to be established in this central location.

Thank you and best wishes,



Leigh-Ann Topfer.

## Carol Turnbull

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**From:** roanna haggith [REDACTED]  
**Sent:** Wednesday, November 27, 2019 2:41 PM  
**To:** mayor@victoria.ca  
**Cc:** [REDACTED]  
**Subject:** Victoria Health co-op

*Dear Mayor,*

*I urgently encourage you to lead Council in approving access by the Cook St Village Activity Centre to the additional space behind their existing location. This will enable them to provide urgently needed health and medical services in co-operation with the Victoria Health Co-op.*

I have lived in Victoria for 5 years now and have gone without proper health care over that time as a result of not being able to find a doctor in Victoria.

The co-op not only is in line with my personal values but also represents a way for me to access health care in Victoria.

Yours truly,

Roanna Haggith

**Carol Turnbull**

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**From:** E Anderson [REDACTED]  
**Sent:** Friday, November 29, 2019 10:04 AM  
**To:** [REDACTED]  
**Subject:** To Mayor Lisa Helps

*Dear Carol Turnbull,*

*Please forward the following message to Mayor Lisa Helps.*

*Thank you.*

*Dear Mayor Lisa Helps,*

*I urgently encourage you to lead Council in approving access by the Cook St Village Activity Centre to the additional space behind their existing location. This will enable them to provide urgently needed health and medical services in co-operation with the Victoria Health Co-op.*

*Thank you,*

*Ester Anderson & family*

**Carol Turnbull**

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**From:** Douglas Joynson [REDACTED]  
**Sent:** Monday, December 2, 2019 12:03 PM  
**To:** [REDACTED]  
**Subject:** Letter to Mayor Helps

Dear Mayor Lisa Helps,

My wife and I are seniors with out a family physician.

Please lead Council in approving access by the Cook St. Village Activity Centre, to the additional space behind their existing location.

This will enable them to provide urgently needed health and medical services in co-operation with the Victoria Health Co-op.

Your leadership and support along with Council is urgently needed, as lack of health care affects everyone.

Sincerely,

Douglas Joynson

Sent from Douglas via iPad

**R. Garth McBride, MD, FRCPC, MSc**  
**Doreen McBride, RN, PhD, MBA**

625 Avalon Road | Victoria, BC V8V 1N8 | Canada

Her Worship Lisa Helps  
1 Centennial Square  
Victoria BC V8B 1P6

30 November 2019

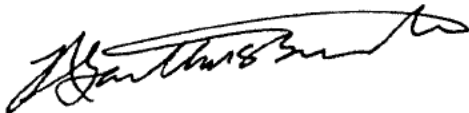
**Primary Health Care Facility Space at Cook Street Village Activity Centre**

Your Worship:

The Victoria Health Co-operative is working with the Cook Street Village Activity Centre to develop a much-needed primary health care facility at the centre. We want to encourage you and the Council to provide an essential element by granting approval for the Cook Street Village Activity Centre to access the additional available space behind their current location for these much-needed health and medical services.

As relatively recent returning residents to Victoria, we have encountered the serious lack of primary health care access here. We are currently having to use a local walk-in clinic to support our health care needs as seniors, which provides no continuity of care and the stability that is so crucial to quality healthcare outcomes. In view of this we have volunteered to be active in helping this initiative reach success.

Yours truly,



R. Garth McBride



Doreen McBride

**Carol Turnbull**

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**From:** David [REDACTED]  
**Sent:** Saturday, November 30, 2019 5:46 PM  
**To:** [REDACTED]  
**Subject:** Please forward to Lisa Helps

Dear Mayor:

Please make every effort you can to lead Council to a decision that will permit the Victoria Health Cooperative to have access to the additional space behind their existing location at the Cook Street Village Activity Centre. They are trying to reduce the number of people without access to a personal doctor/medical practitioner. Health care outcomes are significantly improved with the continuity of care that a personal medical practitioner can provide.

David Malcolm  
1225 Hampshire Road  
Victoria, BC V8S 4T1

Claire Cameron, MD  
139 Clarence Street,  
Victoria BC V6V 3T1

To Lisa Helps  
Mayor, City of Victoria  
Victoria, B.C.

Dear Mayor Helps.

Due to severe MD shortage in  
Victoria and especially for seniors. As a  
representative of several hundred seniors  
without a physician, I ask for assistance  
in obtaining the services of a nurse practitioner.  
Please encourage Cook Street Activity Centre  
to give space for a Nurse Practitioner.  
Thank you for your assistance.  
Yours truly, Claire Cameron MD



Oct 18/2019

To: LISA HELPS  
Mayor of Victoria, BC

Please assist the Cook Street  
Village Community Center to  
provide more space so the  
VICTORIA HEALTH COOPERATIVE  
can operate at that location

The coop needs more space  
and needs funding to  
make this

for consid

Gregorl  
120

Oct 18/19

Attention: Lisa Helps  
Mayor Hector

Please support a nurse  
practitioner space at Cook St  
Village for assistance with  
medical concerns.

Ruth Allen  


currently, do not have a  
doctor !!

Lisa Helps

Oct 18, 2011

Please give the Oak  
St. Activity Center space  
to provide for a Nurse  
Practitioner.

Thank you

Tanis Bebbitt  
Member of James Bay  
New Horizons

305 - 450 Seneca St.  
and do not have a  
doctor!

October 18, 2018

Lisa Keep,

Kindly give the  
Cook Street Activity Centre  
space to provide for  
a Nurse Practitioner.

Thank you,

Kathleen Vivier

(Member, James Bay  
New Horizon)

316-151 ST. Andrews ST  
Victoria, BC.  
V8V 2M9

Oct 18/2019

Rsig Helps

Please increase space for the  
co-operative for nurse practitioners  
at Cook st. Activity Centre.

Thank you

- Jay Pleunhagen

To Whom It May Concern

Additional space for the Cook Street Village Activity Centre to accommodate the Victoria Health Co-op's Nurse Practitioner.

We are so thankful to be having a nurse practitioner. It would be so central to have space in the community centre on Cook Street... I support this proposal

Mollie Jersperson  
1124 Dallas Rd  
Victoria

To Whom It May Concern

Additional space for the Cook Street Village Activity Centre to accommodate the Victoria Health Co-op's Nurse Practitioner.

Please. We need help to find a way to  
get health care -  
San Butcher's #405, 1115 Rockland Ave.  
Victoria, BC V8V 2K8.

To Whom It May Concern

Additional space for the Cook Street Village Activity Centre to accommodate the Victoria Health Co-op's Nurse Practitioner.

*Joan Trumble.*  
*108-225 Belleville*  
*Victoria V8V4T9*



To Whom It May Concern

Additional space for the Cook Street Village Activity Centre to accommodate the Victoria Health Co-op's  
Nurse Practitioner.

*Rena M. Reid - #318 - 1307 Hillside Ave Victoria V8T 0Z4*

To Whom It May Concern

Additional space for the Cook Street Village Activity Centre to accommodate the Victoria Health Co-op's Nurse Practitioner.

Glenda Pryce  
Glenda Pryce  
345 Vancouver St.  
Victoria, B.C.  
V8V 3T3

May 6/19

To Whom It May Concern

Additional space for the Cook Street Village Activity Centre to accommodate the Victoria Health Co-op's Nurse Practitioner.

Requesting support for additional space to accommodate a Nurse Practitioner at the Cook Street Village Activity Centre. This would assist in addressing some of the need for medical services for the community.

Thank you for your attention to this matter.

Sincerely,

John Jackson  
3998 Bel Air Pl  
Victoria, B.C. V8N 6B6.

Sept 28/2019

To Mayor Lisa Helps

Dear Lisa,

We appreciate your visits to the Cook Street Activity Centre.

I live near the Cook St. Village, and find the Drop In Medical Clinic unsatisfactory.

Please help us to obtain space for a Nurse Practitioner, as many people do not have a Medical Doctor.

Thank you for your consideration.

Sincerely,

Nadine Kenney

103-934 Collins St



To Whom It May Concern,

As a concerned citizen of Victoria,  
I am dismayed to hear about the delay  
in opening the Health Centre at Cook Street  
Village Activity Centre.

Considering the lack of health providers  
(doctors) in this city it is essential to be  
able to provide for the health needs  
of the local citizens.

Sincerely,


Ruth Schrier

To Whom it may Concern,

As a concerned citizen of Victoria, I am worried about the delay in the opening of the Wellness Centre at Cook Street Village Activity Centre.

With the lack of health care providers available for citizens within the City of Victoria, it is essential that the health needs are met.

Thank you,  
M. Verney *afgms*



Gail Brown  
102 – 1044 Balmoral Road  
Victoria, BC  
V8T 1A8

May 3, 2019

To Whom It May Concern:

Re: Cook Street Village Activity Centre

I moved from Edmonton to Victoria on June 1<sup>st</sup> 2018. Based on a friend's recommendation, the Centre's web site, a visit to the facility, encounters with staff, members and volunteers on duty at reception, I was impressed and became a member in August 2018. (In Edmonton I was and active member and volunteer with the Strathcona Place Society's seniors centre, June 2014 to May 2018. Prior to that I was an active participant and volunteer with the West End Community Centre in Vancouver, 1996 to 2014 and with WECAN – West End Citizens' Action Network)

Welcomed the opportunity to explore options available to me by signing up for a month or attending a program on a drop-in basis. I joined the progressive bridge group, the fiction book club and recently, the new non-fiction book club, and have taken advantage of services available to me. I have also just become engaged as a volunteer working with the Program Manager to introduce a new program to the Centre.

While there is so much to enjoy and appreciate about the Centre, there is one major issue that raises concern for me. That's the inadequacy of space to meet the extensive current needs and interests of members and guests and to introduce new initiatives.

The first one is the lack of access to the Lounge that has become booked for programs that prevents access to the room as a place to socialize informally, and access to the Centre's library.

I live in North Park and take two buses to get to the Centre, a 45 to 60 minutes ride. When I arrive early for a program in a room that is not available as it is occupied with another activity, there is no place to sit and wait. Fortunately I walk with a walker that has a seat but I still struggle to find a space to do that without hindering access to others in the hallway. And I am not the only one looking for a spot to sit and wait, including those in wheelchairs, scooters and other mobility devices.

The bridge group meets in one half of the auditorium. The space is divided with portable screens that allow the Tastebuds Café use one half to set up tables where folks can enjoy a light lunch or tea/coffee break. A major portion of the bridge group's space has become an open storage 'room' for tables, chairs, screens and miscellaneous 'stuff'. Clearly there is a need for space not just for programs and activities, but also for proper storage.

It's my understanding that there is space available within the CSVAC's complex. I trust my comments and observations merit the City's consideration that will result in an expansion of space available to the Centre - at the earliest.

Respectfully,



Gail Brown





To Whom It May Concern:

re- 'Cook St. Activity Centre' - Pickle Ball: - (2 sessions per week)

We are in dire need of more space for our Pickle Ball Court .  
Currently the Court is under-sized due to space constraints and we have to contend with adjacent support beams & wall projections.

Also, play is often interrupted by people entering for Lunch, Coffee, etc. at the rear of the Court.

Due to the numerous Activities being enjoyed at our Centre it is often difficult to find a place to sit for a cup of coffee & to chat.

Members are continually hoping for more space to be found to address the above and many other issues - to better serve the Community.

Yours Sincerely,      B. Logan - Volunteer Co-ordinator

April 29, 2019

Dear Carol,

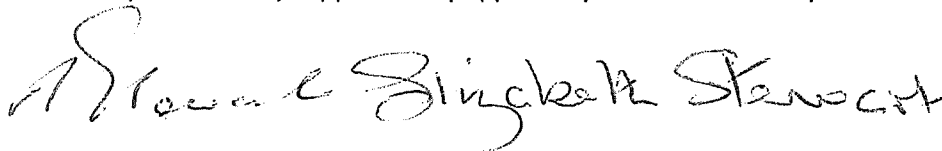
Re. the possible acquisition of 2,000 sq. ft. of vacant space behind the stage.

If public and private transportation should grow even more costly for seniors, with a tightening economy, increasing numbers would find the costs of doing so prohibitive. More would turn to local Activity Centres. CSVAC is ideally located to take advantage of such a trend but for one stumbling block – it lacks the space as only too evident from the various packed out activities.

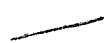
Unfortunately, some , such as Ping Pong has had to be restricted to allow Pickle Ball.

I was surprised to find that there are 2,000 empty sq. ft. hidden away behind the stage which could be put to other revenue producing applications as well as taking pressure off those struggling to cope and no doubt losing potential members in the process.

Please include my wife and my support in any approach you make to the City Council.

A handwritten signature in cursive script that reads "Allan and Elizabeth Stewart". The signature is written in dark ink and is positioned above the printed name.

Allan and Elizabeth Stewart.

A short, horizontal handwritten flourish or underline stroke.

3321 Woodburn Ave  
Victoria BC V8P5B8

Dear Tim,

I support that CSVAC acquire Unit 202  
of the Southgate Villa to expand their pro-  
gramming into that unit.

Thank you.

Yours truly,

Margaret Coyne

member of CSVAC

To Whom It May Concern

We are the Crokinole group that meet every week on Friday morning at the Cook Street Centre. We have between 12 and 16 persons who come out to play.

We are concerned because we feel that for the space at the centre has been overbooked, there is no area that is available for sitting while we wait for our program to start, we are left standing in the hallways as everywhere else is occupied. In other words the centre is "bursting at the seams".

We would very much like to see more space opened up for the centre to carry on their good work but also allow the former lounge to return to its purpose giving us back our library and a place to meet and greet friends and new members.

*Darryl Vye* *Edward* *Savie*  
*Janice Porter* *Harwood* *Lorna Lewis*  
*L. L. L.* *Del Hall*  
*Shirley Barry* *Ray Jackman* *Bill Moore*  
*Ramona Stella*

I am a senior who uses the facilities of CSVAC year round. More and more , as time goes on, I am experiencing disappointments due to lack of space.

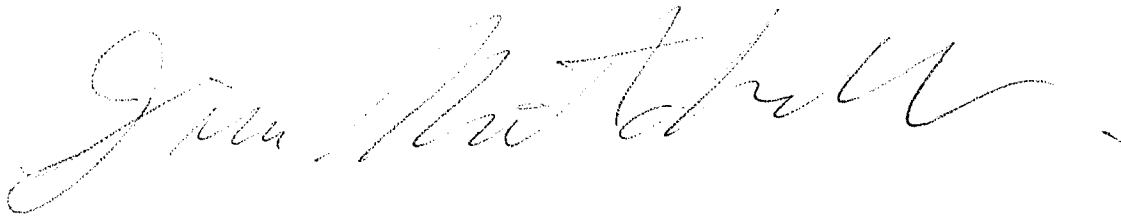
I participate in Crokinole and Shuffleboard activities on a weekly basis and I volunteer in the Income Tax preparation program during the months of March and April.

Increased space will contribute to improved privacy for our clients during tax preparation; while we take every precaution to ensure privacy, sheer space limitation results in several clients being served at the same time within a tiny space.

Many times (at least ten) during the past two years we have experienced cancelled or delayed activities due to sheer lack of space.

The present facilities, staff and programs are wonderful for us seniors at CSVAC; increased space will make things here even more pleasant

Jim mitchell

A handwritten signature in cursive script, reading "Jim Mitchell". The signature is written in dark ink and is positioned below the typed name "Jim mitchell".

[REDACTED]

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**From:** Victoria Health Co-Op [REDACTED]  
**Sent:** Wednesday, April 24, 2019 3:53 PM  
**To:** Carol Turnbull [REDACTED]  
**Subject:** Fwd: Additional Space For New Facility

Probably the BEST and shortest letter we've received. Thank you Mel.

v

**Yours co-operatively, Vanessa Hammond**

**Chair: Victoria Health Co-operative** [REDACTED]

**Please click and share the Donate button!** <http://VictoriaHealthCooperative.com/np-project>  
[www.facebook.com/victoriahealthcooperative/](http://www.facebook.com/victoriahealthcooperative/) [www.victoriahealthcooperative.com](http://www.victoriahealthcooperative.com)

Providing Wellness Treatments, Co-op Cafe series and Education, and Community Outreach. Establishing our Nurse Practitioner program. Supported by the Creating Community Wellness Society.

On Wed, 24 Apr 2019 at 13:45, Mel Smith <[mel-smith@shaw.ca](mailto:mel-smith@shaw.ca)> wrote:  
To Whom it May Concern.

An urgent request is made for improvement to our regional primary health services. What is lacking besides medical physicians is more locations easily accessible by our local citizens.

It is my understanding that the Cook Street Village Activity Centre is willing to provide a facility if additional space was made available by the City of Victoria.

I request that the City of Victoria give the Activity Centre the extra space required so this additional treatment locality can be achieved.

Yours sincerely,  
Mel Smith  
Cormorant Street,  
Victoria

Sent from my iPad

To Whom It May Concern

Re: Additional space for the Cook Street Village Activity Centre

There is an acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. We are forced to spend hours at walk-in-clinics, which is very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups. The VHC has accessed salary funding for a Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

We request that the City of Victoria make space available to the Cook Street Village Activity Centre which would then provide two exam rooms for primary health care and wellness education services. We look forward to hearing good news in the near future.

Yours co-operatively,

Karen Egger



Victoria Health Co-Op [REDACTED]

---

**Nurse Practitioner**

1 message

**Joyalle Bunyan-Maynard** [REDACTED]

21 April 2019 at 14:05

To: Victoria Health Co-Op [REDACTED]

To all those involved in trying to establish a Nurse Practitioner at the Cook St. Village Activity Centre,

I just heard of this initiative this morning and I think it is a wonderful option. A nurse practitioner could diagnose, treat and refer many patients who don't have any other easy access to a primary care practitioner. This service could keep many out of the emergency rooms. As someone who lost her family doc about 5 years ago, because of her own poor health, and am again at risk of losing my current family doc due to lack of doctors to keep his clinic operating, I am very aware of how precarious primary health care is right now. Anything that can be done to fill the overwhelming need for more primary care options would be a great asset.

Thank you for considering this option,  
Joyalle Bunyan-Maynard





# Centennial United Church

Gorge Road East at David Street, Victoria, BC  
Mailing Address: 612 David St., Victoria, BC, V8T 2E1  
Telephone/Fax: [REDACTED]

Minister: Rev. Alanna Menu

Organist/Director of Music: Dorothy Froese

21 April 2019

TO WHOM IT MAY CONCERN:

**RE: Request for space in the Cook Street Village Activity Centre  
for a Nurse Practitioner**

I am writing on behalf of Centennial United Church in support of a request from the Victoria Health Co-op and the Cook Street Village Activity Centre that two exam rooms be made available at the Centre for the use of a Nurse Practitioner to be used for primary health care and wellness education services.

Numerous media articles have noted the acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. In response to this need, the Victoria Health Co-op (VHC) has accessed salary funding for a Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) as well as for a Registered Nurse or Medical Office Assistant. The Co-op is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups and believes that the Cook Street Village Activity Centre would be the ideal anchor location for this small team.

Because we believe this initiative fits with our values and our mission, our Church is working to obtain approval for a grant to cover the cost of equipment and supplies from our National body. Therefore we respectfully ask that the City of Victoria consider making space available at the Cook Street Village Activity Centre for this much needed health team.

Sincerely,

A handwritten signature in blue ink, appearing to read "Alanna Menu".

Alanna Menu (Rev.)



*Therapeutic Meals*  
*Eat Well. Feel Better.*

c/o 380 Cook St  
Victoria BC V8V 3X7  
April 14, 2019

To Whom It May Concern

Re: Additional space for the Cook Street Village Activity Centre

I am writing this letter in support of The Victoria Health Co-op efforts to address the acute shortage of primary health care.

The Victoria Health Co-operative has accessed salary funding for a Nurse Practitioner and an RN or Medical Office Assistant. The Victoria Health Co-op provides wellness programming to address social determinants of health, such as education, workshops peer support groups and integrative health modalities.

An anchor location and space at the Cook Street Village Activity Centre would provide The Cook Street area with access to care for our vulnerable seniors, families and other vulnerable populations community, especially those who currently do not have access to a family physician.

I sincerely hope that the City of Victoria will make additional space available to the Cook Street Village Activity Centre to provide two exam rooms for providing much needed primary health care and supportive services. We look forward to hearing good news in the near future.

Warm regards,

Jenneke van Hemert, Registered Dietitian  
Founder of Therapeutic Meals  
<https://therapeuticmeals.com/>

414-1560 Hillside Avenue  
Victoria, BC  
V8T 5B8  
April 19, 2019

To Whom It May Concern

Re: Additional space for the Cook Street Village Activity Centre

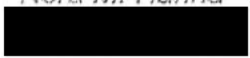
There is an acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. We are forced to spend hours at walk-in-clinics, which is very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups. The VHC has accessed salary funding for a Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

We request that the City of Victoria make space available to the Cook Street Village Activity Centre which would then provide two exam rooms for primary health care and wellness education services. We look forward to hearing good news in the near future.

Yours co-operatively,



Nora M. Hanna  


13 Apr 2019

To Whom it May Concern

This letter is in support of the Cook Street Village Activity Centre's request for additional space so that the Victoria Health Cooperative will be able to establish a primary health care centre at that location.

First, a bit about my background. I began my long career in health care as a teenager in Saskatchewan in the 1940s. While Tommy Douglas was struggling to establish socialized medicine, I was practicing pharmacy and wondering how it would all affect me. I saw it develop into a nation-wide program, and I was supportive of it. My work at various times took me to Manitoba, Ontario, Nova Scotia, and finally British Columbia. I served as head of the directorate of the Canadian Forces responsible for medical materiel, and I later worked for a pharmacy chain and then as business manager for a hospital. At one point I had the good fortune to study health administration at an American university and was appalled at the cost, inefficiencies, and inequities of their so-called system.

So what about us, now, in Cook Street Village? As I see it, the biggest shortcoming of our health care system is in primary care. For a variety of reasons the family doctor seems to be a thing of the past. New systems have to be developed, and fast. Probably the best arrangement we can hope for is a multi-disciplinary clinic headed by a nurse practitioner. The Health Co-op has funding for the salary for a Nurse Practitioner, but needs a location. NPs are qualified to examine, diagnose, treat and would therefore be able to order prescription refills, a service seriously lacking in our area.

Today, in Cook Street Village, if you need medical care, you get up early and hope to get seen at a walk-in clinic. When I see ninety year olds, (yes, I know who they are) standing in the rain outside the walk-in clinic, it breaks my heart. The American system looks good by comparison. Surely we can do better.

Russ Stewart

102-1063 Southgate Street,  
Victoria, BC.  
V8V 2Z1

April 19<sup>th</sup>, 2019

Carol Turnbull,  
Executive Director,  
Cook Street Village Activity Centre,  
Victoria, BC

Dear Carol,

I have been informed about an important decision that you and your Board have arrived at. It is your desire to start a Wellness Centre in which various health activities such as yoga, instruction in life styles and other proactive programmes would be available for the local population. There would also be a nurse practitioner in attendance twice a week.

In view of the need to increase the wellness of the population and the dearth of Family Physicians, support of this decision is paramount.

In order to achieve this goal, the Activity Centre requires more space. This would be available by acquiring the commercial space next to your Centre and at present owned by Aragon Construction.

I wholeheartedly support this concept.

Yours Sincerely,

Robert Graham Krause,  
Mb, CCFP, FCFP, FRCGP.  
Past President, College of Family Physicians of Canada



April 12, 2019

[REDACTED]

To Whom It May Concern:

In regards to: The Cook Street Village Activity Centre additional space

The Creating Community Wellness Society works to support wellness and health initiatives that focus on serving people who would otherwise lack access to these services in the greater Victoria region. We are working to raise funds and other resources to support the provision of a Primary Health team to people without such services in the Victoria area. Our particular focus is on ensuring that Nurse Practitioner and Medical Office Assistant or Registered Nurse being offered to the Cook Street Village Activity Centre by the Victoria Community Health Co-operative will have two exam rooms in which to provide diagnosis, treatment and advice for patients. We understand that discussions are underway for access to two such rooms and a washroom (necessary in such a setting) and wish to encourage you most heartily to make this facility available. We would undertake to have one room furnished and equipped during April and the second by early May if not sooner, permitting several hundred residents to access the Primary Health Care they need. Please support us in being able to serve those needing health care.

On behalf of the Creating Community Wellness Society, thank you.

Sincerely,

Dylan Bos,  
Interim Treasurer

City of Victoria

April 22, 2019

To Whom It May Concern

Re: Additional space for the Cook Street Village Activity Centre

As you know, there is a serious shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. These individuals are forced to spend hours at walk-in-clinics, which is very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op (VHC) is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups. The VHC has accessed salary funding for a fully licensed Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

We request that the City of Victoria make space available to the Cook Street Village Activity Centre which would then provide two exam rooms for primary health care and wellness education services. We look forward to hearing good news in the near future.

Yours truly,

Judith A Vestrup, MD, FRCSC, MSc, MA  
1008-225 Belleville St  
Victoria BC  
V8V 4T9



## Additional Space for the Cook Street Village Activity Centre

**Barbara Marshall**

21:41 (12  
minutes ago)

to me

Hello Vanessa,

I am forwarding this on to you because for some reason it will not send to the CSVAC Director. Could you please forward it on.

With thanks,  
Barbara

To: Executive Director, CSVAC

There is an acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. I know, for I am one of them.

We are forced to spend hours at walk-in clinics, which is very difficult for elderly Victorians like me. Waiting for hours in unhealthy and over-crowded hospital emergency rooms is not the answer either. This just drives up the cost of our medical services. When I was dropped from the medical facility in the James Bay Community Project, I called the Health Line to find out which doctors were accepting new patients, only to be told not one doctor in the greater Victoria area was accepting new patients. I am 78 years old and find this situation untenable.

Our Victoria Health Co-Op is eager to provide health and wellness services to vulnerable, under-served and marginalized individuals and groups. The VHC has accessed salary funding for a Nurse Practitioner (scope of practice 95% identical to that of a family physician) and a Registered Nurse or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

I join many others in requesting that the City of Victoria make space available to the Cook Street Village Activity Centre that would provide two examination rooms for primary health care and wellness education services.

I very much hope for a positive outcome to this request in the near future. It is a frightening situation to be without a primary care giver at my age.

Yours sincerely,

Barbara Marshall  
802 - 250 Douglas Street  
Victoria, BC V8V 2P4

Sent from my iPad



206-430 Chester Ave.  
Victoria  
21st March, 2019

To Whom it May Concern—

Cook St. Activity Centre is bursting  
at the seams!

This facility and its wonderful staff  
offer so much to enable seniors  
maintain their independence by means  
of programmes focussed on mental  
and physical well-being. So much  
more could be offered if only there  
was more space available. For instance  
at present classes flow over into the  
lounge/library which should be available  
for people who want to sit quietly or  
chat with friends, but often this is  
not possible due to it being booked for a  
class. I hope more space might  
become available soon!

Hopefully, Betty Hogan

April 19, 2019

To Whom it May Concern:

I support the request of the Cook Street Village Activity Centre (CSVAC) for the acquisition of unit 2 in order to expand the health and wellness services at the centre. I believe their request is important as the additional 2,500 square feet will enable CSVAC to have a functioning wellness centre. All current wellness services could be moved to this unit and the space would enable health related rentals.

As a Registered Acupuncturist and TCM Practitioner, currently providing community acupuncture once a week at the CSVAC, the acquisition of unit 2 would enable myself and other wellness practitioners to utilize dedicated space for our sole use, and would mean the potential to expand our practice and better utilize in-house cross-referrals whilst service the local community.

The expansion of the wellness centre facility will effectively expand the wellness service platform currently offered by the CSVAC to several days a week from the current "Wellness Wednesdays" and will increase the frequency and quality of service to members. This will increase membership and will allow both CSVAC members and the general public alike to access health and wellness services in Cook Street Village.

Please give this proposal your full attention and if I can answer anything further please let me know. I may be reached at [REDACTED]

Sincerely,

Agni Larsen, R.Ac., R.TCM.P.  
Registered Acupuncturist and Traditional Chinese Medicine Practitioner  
Twin Cedars Holistic Health  
3250 Bellevue Road, Victoria, BC  
[REDACTED]

414-1560 Hillside Avenue  
Victoria, BC  
V8T 5B8  
April 19, 2019

To Whom It May Concern

Re: Additional space for the Cook Street Village Activity Centre

There is an acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. We are forced to spend hours at walk-in-clinics, which is very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups. The VHC has accessed salary funding for a Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

We request that the City of Victoria make space available to the Cook Street Village Activity Centre which would then provide two exam rooms for primary health care and wellness education services. We look forward to hearing good news in the near future.

Yours co-operatively,



Nora M. Hanna



April 19, 2019

Re: Cook Street Village Activity Center Office Space

To whom it may concern,

I am writing this letter to show need for use of the office space that is currently available but not being utilized by the center.

I am a clinical massage therapist and have been providing this service to patrons of the center since March, 2018. Since this time, my business has grown as my service has been well received. Space is limited as there are many activities and other health service providers requiring space for their practices. As a result, the sharing of this limited space dictates that my service as well as others be short and rotated from one room to another as time and availability permit.

I currently have a four to six week waitlist as my business has expanded. Unfortunately, I can not provide service to all in my allotted times. Clients have expressed their concerns as many have chronic conditions and require on-going care. Most of the patrons here are seniors, on limited incomes, with no insurance coverage. With the added offices, not only could more receive the care they need and want, my pricing makes it affordable.

I believe Cook Street Village Activity Center is an important part of the community and believe that opening up the office space will not only promote more availability for current wellness providers and clients but also attract other health care providers currently not able to offer support due to lack of space and scheduling limitations.

Sincerely,

Keir Wyman CMT

[REDACTED]

---

**From:** Peggy Holmquist [REDACTED]  
**Sent:** Sunday, April 21, 2019 6:53 PM  
**To:** [REDACTED]  
**Subject:** CSVAC letter  
**Attachments:** Support CSVAC community.docx

Hi Carol,

I am attaching a letter Venessa sent to me to support you when you go to City Hall Tuesday morning about the Nurse Practitioner. If it does not work my sending it this way let me know and I will do a better job tomorrow morning. I am not the brightest bulb with a computer and I have been sitting here to long but would really like to support you.

Peggy Holmquist

To Whom It May Concern

Re: Additional space for the Cook Street Village Activity Centre

There is an acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. We are forced to spend hours at walk-in-clinics, which is very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups. The VHC has accessed salary funding for a Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

We request that the City of Victoria make space available to the Cook Street Village Activity Centre which would then provide two exam rooms for primary health care and wellness education services. We look forward to hearing good news in the near future.

Yours co-operatively,

[REDACTED]

---

**From:** Joyalle Bunyan-Maynard [REDACTED]  
**Sent:** Sunday, April 21, 2019 2:06 PM  
**To:** Victoria Health Co-Op; [REDACTED]  
**Subject:** Nurse Practitioner

To all those involved in trying to establish a Nurse Practitioner at the Cook St. Village Activity Centre,

I just heard of this initiative this morning and I think it is a wonderful option. A nurse practitioner could diagnose, treat and refer many patients who don't have any other easy access to a primary care practitioner. This service could keep many out of the emergency rooms. As someone who lost her family doc about 5 years ago, because of her own poor health, and am again at risk of losing my current family doc due to lack of doctors to keep his clinic operating, I am very aware of how precarious primary health care is right now. Anything that can be done to fill the overwhelming need for more primary care options would be a great asset.

Thank you for considering this option,  
Joyalle Bunyan-Maynard

To Whom It May Concern

Re: Additional space for the Cook Street Village Activity Centre

There is an acute shortage of primary health care services in our region resulting in thousands of seniors, families, long-term residents and recently arrived retirees unable to access appropriate care. We are forced to spend hours at walk-in-clinics, which is very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op is eager to provide health and wellness services to vulnerable, underserved and marginalized individuals and groups. The VHC has accessed salary funding for a Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. The Cook Street Village Activity Centre would be the ideal anchor location for this small team.

We request that the City of Victoria make space available to the Cook Street Village Activity Centre which would then provide two exam rooms for primary health care and wellness education services. We look forward to hearing good news in the near future.

Yours co-operatively,





## Victoria Health Co-op

Chair: Vanessa Hammond

Treasurer: Dylan Bos

[www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca) Serving our Member-Owners and Community.

Creating Community



c/o 380 Cook St, Victoria BC V8V 3X7

April 22, 2019

To Whom It May Concern,

**Re: Additional space for the Cook Street Village Activity Centre**

There is an acute shortage of primary health care services in our region. Thousands of seniors, families, long-term residents and recently arrived retirees are unable to access appropriate care. They are forced to spend hours at walk-in-clinics - very difficult for the elderly or infirm, or to wait for hours in unhealthy and over-crowded hospital Emergency Rooms, driving up the cost of our Medical Services.

The Victoria Health Co-op is dedicated to providing person-focused, respectful, health promotion, wellness education and primary health care to vulnerable individuals and groups in the Capital Regional District, primarily in Victoria.

The Victoria Health Co-operative has accessed salary funding for a Nurse Practitioner (Scope of Practice 95% identical to that of a Family Physician) and an RN or Medical Office Assistant. Our aim is to place this small team in partner organizations. The Cook Street Village Activity Centre would be the ideal anchor location of two exam rooms, for us to provide services at least 2 days per week, and additional time at Our Place and plus bi-weekly wellness promotion sessions at Centennial United Church for the congregation and surrounding community.

The Cook Street Village Activity Centre would be the ideal anchor location. It is an area of high need with many underserved, unserved and vulnerable seniors and families and strong outreach into the community. We are working hard to acquire the furniture and equipment and other infrastructure needed for two medical exam and treatment rooms.

We request that the City of Victoria make additional space available to the Cook Street Village Activity Centre which would then provide two exam rooms to us to provide primary health care and wellness education services. We look forward to hearing good news in the near future.

Yours co-operatively,

Selina Pieczonka

Victoria Health Co-operative, Director

To support the Creating Community Wellness Society, CRV [REDACTED] "The Health Charity"  
please leave cheques c/o 380 Cook St, Victoria BC V8V 3X7

April 20, 2019

To Whom It May Concern:


Four years ago, when I retired to Victoria, I looked for places where I could form new local friendships, since friends and family are spread across Canada. When I checked out Cook Street Activity Centre, I was delighted with their welcoming atmosphere and their variety of programs. I immediately became a member and soon was happily involved as both a volunteer and participant.

I have volunteered as front desk reception since joining, and in the four years I have seen many changes as programs expand. For the past two months, volunteers have been assisting people in filing their income taxes. Adding this to our already busy, overcrowded facility has meant that there are days when members are eating their lunches in the hallways due to lack of available space. Long term members have said they find this very unacceptable, and I fear we may actually lose some members if the problem of lack of space isn't rectified soon.

Carol Turnbull, our Director, has been forging partnerships with two other agencies, in an effort to develop a beneficial 'wellness centre' for members and the public. Her vision for using the attached building space for this centre seems like a practical 'win/win' situation for all concerned.

The members of Cook Centre are hopeful more space will soon become available, so our thriving, happy 'go-to' place for friendship and fun, can continue to be a beacon for seniors in this city.

Yours sincerely,  
Shirley Handley  
307-1157 Fairfield Rd  
Victoria, BC V8V 3A9



[REDACTED]

---

**From:** Wayne Handley [REDACTED]  
**Sent:** Monday, April 22, 2019 4:21 PM  
**To:** Carol Turnbull  
**Subject:** Support for the additional space for the CSVAC April 22, 2019

April 22, 2019

To Whom It May Concern:

Four years ago, when I retired to Victoria, I looked for places where I could form new local friendships, since friends and family are spread across Canada. When I checked out Cook Street Activity Centre, I was delighted with their welcoming atmosphere and their variety of programs. I immediately became a member and soon was happily involved as both a volunteer and participant.

I have volunteered as a board member since joining, and in the four years I have seen many changes as programs expand. For the past two months, volunteers have been assisting people in filing their income taxes. Adding this to our already busy, overcrowded facility has meant that there are days when members are eating their lunches in the hallways due to lack of available space. Long term members have said they find this very unacceptable, and I fear we may actually lose some members if the problem of lack of space isn't rectified soon.

Carol Turnbull, our Director, has been forging partnerships with two other agencies, in an effort to develop a beneficial 'wellness centre' for members and the public. Her vision for using the attached building space for this centre seems like a practical 'win/win' situation for all concerned. The addition of the 'wellness centre' would be a benefit to the many people living near our centre, with lesser medical concerns, thus supplementing the lack of medical care in the area.

The members of Cook Centre are hopeful more space will soon become available, so our thriving, happy 'go-to' place for friendship and fun, can continue to be a beacon for seniors in this city.

Yours sincerely,  
Wayne Handley  
307-1157 Fairfield Rd  
Victoria, BC  
[REDACTED]

102-1063 Southgate Street,  
Victoria, BC.  
V8V 2Z1

April 19<sup>th</sup>, 2019

Carol Turnbull,  
Executive Director,  
Cook Street Village Activity Centre,  
Victoria, BC

Dear Carol,

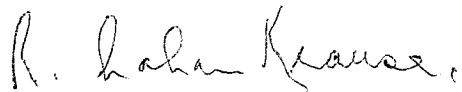
I have been informed about an important decision that you and your Board have arrived at. It is your desire to start a Wellness Centre in which various health activities such as yoga, instruction in life styles and other proactive programmes would be available for the local population. There would also be a nurse practitioner in attendance twice a week.

In view of the need to increase the wellness of the population and the dearth of Family Physicians, support of this decision is paramount.

In order to achieve this goal, the Activity Centre requires more space. This would be available by acquiring the commercial space next to your Centre and at present owned by Aragon Construction.

I wholeheartedly support this concept.

Yours Sincerely,

A handwritten signature in cursive script that reads "R. Graham Krause".

Robert Graham Krause,  
Mb, CCFP, FCFP, FRCGP.  
Past President, College of Family Physicians of Canada

## RE: Additional space for the Cook Street Village Activity Centre

To Whom It May Concern

There is a recognized need to provide additional primary health care services in our capital city and region in light of an acute primary health care services shortage. More than 30,000 residents of Greater Victoria are currently without a family doctor, while some walk-in clinics are closing as they are unable to recruit physicians.

I have been informed that the **Cook Street Village Activity Centre Society (New Horizons)** Charitable Registration Number: 107371445RR001 is requesting that the City of Victoria provide additional space to accommodate the **Victoria Health Co-Op (Creating Community Wellness Society, Charitable Registration Number: [REDACTED])** for the purpose of providing primary health care and wellness education services.

What concerns me is the fact that a health services social enterprise, the Victoria Health Co-Op, is requesting that the City lease at taxpayers' expense additional space at the CSVAC location, in order to provide **space at no cost** to this community health organization.

### Facts:

- The City of Victoria provides a \$55,000 annual operating grant to the CSVAC.
- The City also assumes undisclosed long-term lease costs for this senior centre under an agreement with the Strata owner of this mixed used complex at 1-380 Cook Street.
- The 2017 CSVAC financial statement (Source: CRA website: <https://apps.cra-arc.gc.ca/ebci/haip/srch/t3010form23sched6-eng.action?b=107371445RR0001&fpe=2017-12-31>), reports \$45,387 in gross income from facility rental fees (15% of its annual revenue).
  - a. CSVAC facility rental policy: I understand that no other community group or business is granted use of space in this centre at no cost.
  - b. Providing free space to one community group, while demanding others pay, not only discriminates unfairly among community groups but also introduces inequitable access to services and community space provided at taxpayers' expense.
- Founded in 2008, the Victoria Health Co-Op, in 2010 took over the operation of a primary health centre (at the James Bay Community Project) until it closed in 2017. To resolve the clinic's long-term operating loss, the co-op sold the health centre practice to a private medical group. (See *News from Victoria Health Co-Op*, Sep. 2016, James Bay Beacon.) I understand that the health co-op's remaining outstanding debt has not yet been acquitted.
- The Victoria Health Co-Op is part of a ten-member BC health co-op consortium (led by the Cool Aid Society Community Health Center) that discussed a one-time funding request with candidates running in the May 2017 provincial election. Subsequently, the consortium secured an undisclosed sum, of which \$212,000 was allocated to the Victoria Health Co-Op. I understand that these funds are currently held by the Victoria Health Co-op to finance the provision of nurse practitioner and wellness services in Victoria.

- The Victoria Health Co-Op has not prepared a business plan demonstrating the viability and sustainable operation of their proposed Victoria-based health care project: a part-time nurse practitioner and wellness based service (with no physicians).
  - a. Approximately 40 percent of a primary health care clinic's operating expenses are allocated to non-medical related costs. These include office overhead, rent, supplies and equipment leases, insurance, electronic health records technology and technical support, as well medical office assistant salaries. Note: the average nurse practitioner's annual salary is \$90,000 plus. How does the Victoria Health Co-Op expect to operate a sustainable alternative health care service model in the absence of securing an adequate long-term health care funding stream from sources such as the province or federal government, employers, unions, or private foundations? Note: Since wellness services are not covered by MSP and are paid out-of-pocket, this is not a feasible service option for most pensioners and modest-income people.
  - b. In the absence of concrete information such as a feasibility study or business plan, the Victoria Health Co-Op's lobbying efforts are little more than a "wish list" based on an ill-defined private-public partnership between the City, a social enterprise co-op, and a non-profit charitable status senior's society. If such a partnership does exist, why haven't the proponents and parties involved in this project proposal revealed all the risks and rewards for their organizations and stakeholders: patients, social enterprise board members and employees, non-profit charitable status board members, employees, and volunteers not to mention City of Victoria taxpayers?

## Conclusion:

- In the absence of a business plan for a nurse practitioner/wellness education service and, in light of the Victoria Health Co-Op's record of operating losses from a previous social enterprise health care endeavor, there is no sound foundation upon which the CSVAC Board or City Council can approve such a request for support, that may ultimately become another burden to be carried by taxpayers.
  - a. NOTE 1: According to the *City of Victoria's 2017 Housing Report*, pp.7-8, [https://www.victoria.ca/assets/Departments/Planning~Development/Community~Planning/Housing~Strategy/2017\\_Housing\\_Report\\_Final.pdf](https://www.victoria.ca/assets/Departments/Planning~Development/Community~Planning/Housing~Strategy/2017_Housing_Report_Final.pdf) the City, through its Housing Reserve Fund has historically supported only one co-operative venture. It was in 2007, a \$50,000 contribution to the Roofs & Roots Housing Co-operative to support low-income families. Although this co-op is no longer active, apparently last spring its remaining funds were transferred to a newly incorporated non-profit society, the Victoria Tenants Action Group, to finance their priority task - third party sponsorship of the Municipal Election Renters Mobilization Campaign.
  - b. NOTE 2: According to the *2017 City of Victoria's Annual Financial Report*, p. 73, and the *City's 2008 Annual Financial Report*, p. 58, the annual municipal net debt per capita was \$579 in 2007, \$608 in 2013, and rose to \$854 in 2017.

## Recommendations:

As a City of Victoria taxpayer, former patient of the Victoria Health Co-Op clinic in James Bay, a “vulnerable senior” (without a GP due to his retirement last year), and now a walk-in clinic patient identified as a potential member of the Victoria Health Co-op’s proposed nurse practitioner project, I make the following recommendations.

1. ***THAT the Board of the Cook Street Village Activity Society not approve the allocation of space and free rent to one favored community group over other organizations.***  
Furthermore, in light of inadequate business information regarding the viability of the Victoria Health Co-Op and its proposed new health service including operational risks, *the CSVAC Board should decline to approve a request to the City to allocate additional space in order to accommodate the Victoria Health Co-operative.*
2. ***THAT the City of Victoria should decline the request by the Cook Street Village Activity Centre Board, and/or the Victoria Health Co-Op Board and members, to acquire additional leased space at the Cook Street Village Activity Centre, 1-380 Cook Street in order to accommodate at no cost the Victoria Health Cooperative Society.***
  - a. First, this recommendation is based on setting a precedent regarding the use of community centre facilities. It creates preferential access to public spaces for a business without charging for the use of this space, while other community groups are obliged to pay rental fees for use of community facilities, financed in part by City of Victoria taxpayers.
  - b. Second, this recommendation is based on the absence of any City of Victoria policy pertaining in general to public-private partnerships, and in particular, to the use of public facilities for business purposes.
  - c. Third, this recommendation is based on the failure of the proponents and partners to disclose the financial history, project proposal details, as well as the potential risk and liability issues associated with this proposed health care facility use agreement.

I sincerely hope that the Cook Street Village Activity Centre Board and City of Victoria Council will consider the implications and potential consequences that may result from approving such a request, particularly in the absence of full disclosure and a risk assessment involving all the parties to any proposed agreements.

In closing, I believe that heeding the “precautionary principle” in this matter would be both prudent and appropriate. It is based on the notion that the introduction of any new product or process whose ultimate effects are disputed or unknown should be resisted. Those who act in the public interest must exercise not only a fiduciary obligation, but also demonstrate a duty of care to ensure they uphold the principle of equity and fairness in their decision-making process.

Victoria Adams

#431-200 Dallas Road, Victoria, BC V8V 1A4

Submitted: 21 April 2019

Apr 18

To Whom it may concern !!

Extra space is needed - due to  
constant overcrowding in the  
Activity Centre at present.

G Campbell



April 18/19

To Whom It May Concern:

I volunteer at the center one morning per week and find that there is a definite lack of space many times.

Devin Tanner

April 18, 2019

Letter of Concern

Re: Cook Street Village Activity Centre

The lack of space to adequately serve the members of the Centre and community has created disruption to programming along with overcrowding.

We have been offering new and additional activities that have fortunately attracted more members of the community. This is an increase to our regular programming resulting in more bodies with less space to accommodate them.

The concerns are:

Gridlock at reception with processing payments for activities, cafeteria vouchers.

Concerns with getting to activities in time.

Causes difficulty for those using mobility devices to manoeuvre, also a safety issue.

No space available to use the cafe due to area being used for programs. People eating in the halls or looking for a place to drink their coffee. Not only an inconvenience, also a deterrent to returning and, potential safety hazard.

Complaints about the noise level in the halls that are disruptive to the relaxation of clients receiving Wellness Services. Having a separate area to house these services necessary for their continued success.

Not enough space to run activities concurrently. In particular, Chair Yoga, that caters to those using mobility devices is in a room that is not large enough to comfortably accommodate attendees. Unable to stretch your arms without bumping into someone.

Consideration to purchasing additional space for the Centre to effectively deliver services with room to expand is essential.

Kate Day  
Board of Directors  
Cook Street Village Activity Centre

17 Apr 2019

To Whom It May Concern

In Support of Expansion Plans for the Cook Street Village Activity Centre

We have been members of the CSVAC for more than twenty-five years. Lucy volunteered in the kitchen for seventeen years. Russ was on the Board of Directors for four years, and later served two more years as a replacement for a departed member. We continue to volunteer where we can and to enjoy the exercise classes, discussion groups, and the many entertainments offered. It's a place where older people with limited incomes can feel at home and be part of an extended family. It truly enriches our final years.

Under the guidance of our devoted staff and board, the CSVAC has thrived. Go in any day and it's a hive of activity, but to some extent the CSVAC is a victim of its own success. It's bursting at the seams. One deficiency that we particularly miss is, there's no place now to sit and have a cuppa and a quiet chat. Every inch of space is filled. If a badly needed primary care facility is established at the CSVAC, it will be very difficult to provide space for it.

Some years ago when our membership was much lower we were offered the chance to expand into the "back forty" behind the stage, the so-called unit 2. At the time we simply couldn't afford to maintain the additional space. Now we can, and we need it desperately.

For your consideration,



G. Russell Stewart



Lucy E. Stewart

[REDACTED]

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**From:** Wanda Corbeil [REDACTED] >  
**Sent:** Wednesday, April 17, 2019 2:47 PM  
**To:** [REDACTED]  
**Subject:** Unit 2 - 380 Cook St.

April 17, 2019

To Whom It May Concern:

As a volunteer receptionist at the Cook Street Village Activity Centre, I can attest to the urgent need for extra space at the Centre. This morning, 87 people passed through the reception area, which now is practically the norm. As membership increases, so do their needs. They are constantly juggling for space and unable to offer new programming.

This Centre is a great asset to the community enabling people to come together to enjoy a huge selection of activities, become acquainted with their neighbours and a place to come to avoid loneliness. The Centre reminds me of the now defunct TV show "Cheers", where everybody knows your name.

Please seriously consider expanding the Centre's space.

Sincerely,  
Wanda Corbeil  
Volunteer Receptionist CSVAC

**Tom Thompson**

102 - 1000 Park Blvd ~ Victoria ~ British Columbia ~ Canada ~ V8V 2T4



17 April 2019

To Whom It May Concern:

I understand that Cooke Street Village Activity Centre is talking with the city of Victoria in order to obtain more space for its various activities. I am anxious to add my name to the list of users in the hope that the city will support your request. I have been a member for more than five years and can vouch for the need to expand the space. My major activity has been Fun and Fitness where membership has held for about twenty-five participants two days a week. This is an astonishing attendance for members whose ages probably run the gamut of fifty to nineties. What a service to enhance the lives of an aging community.

As part of this activity we need the space of a large room. The equipment is stored under the stage and in an adjoining room. I've become aware over the years of the crowding for storing and the awkward issue of trying to walk through narrow spaces in order to get our weights and other equipment. In fact some of the limited space presents a hazard for those of us with mobility problems.

I trust you will understand the need for space for a very successful organisation whose programs enhance the lives of many of your voting public. Please give their request your utmost support.

Lornagail Proudfoot, RN  
105-1477 Yates St  
Victoria, BC  
V8S 4R3

April 17, 2019

To Whom It May Concern:

Cook Street Village Activity Centre is in the heart of Fairfield. The non-profit offer opportunities to socialize, for nourishment, courses to inspire, explore creativity, to support others in need. Socialization positively influences our health and well being, improving quality of life for the individual and for the community.

My own involvement with CSVAC for these last 4 years is as a health care provider for nursing foot care. I would be pleased to increase hours of care if the opportunity arises with expansion.

Sincerely,

A handwritten signature in black ink, appearing to read "Lornagail Proudfoot". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Lornagail Proudfoot RN  
BCCNP 044923

April 17<sup>th</sup>, 2011

To whom it may concern:

I am writing this letter in support of Oak Street Village Activity Centre's endeavours to obtain Unit 2.

The Centre is in urgent need of more space to offer more activities to the ~~low~~ public. One day every week was booked including the Cafe I had to eat my lunch in the hall. It is always a fight to accommodate everyone that wants to use the Centre.

I am an example of what value the Centre is to our Community. I have grown so much since becoming a member here. I am now doing things that I thought impossible for me to do three years ago. I've not only expanded my wings, I've made ~~get~~ good friends here.

The Centre is a vital part of Victoria for both older and younger people. It would be greatly missed if it weren't a part of the City.

Lorna Lewis

[REDACTED]

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**From:** Eleanor award [REDACTED]  
**Sent:** Tuesday, April 16, 2019 7:54 PM  
**To:** Board  
**Cc:** Audrey Sowerby  
**Subject:** Fwd: SpaceX

Carol,  
Audrey's letter re unit 2.  
Looks really good to me. You may have to correct number of volunteers.  
Thanks, Audrey.  
Eleanor

Sent from my iPlace

Begin forwarded message:

**From:** AUDREY SOWERBY [REDACTED]  
**Date:** April 16, 2019 at 5:07:25 PM PDT  
**To:** Eleanor Ward [REDACTED]  
**Subject:** Space

Cook Street Victoria Activity Centre, is a well run, friendly centre, used and operated each week, with over 400<sup>1500</sup> volunteers, staff and seniors from all walks of life, seeking friendship, through the many social activities offered.

We have programmes covering sports, handicrafts, art, health, political issues and in general cover every aspect of daily living.

On many occasions we are fortunate to include speakers from outside our organization, and their expertise always welcome.

Many enthusiastic can be seen when we celebrate various festivals, both Canadian, First Nation, and our special ethnic organizations.

As you can see all are welcome.

We try to accommodate all groups with their request for space on a specific date and time, but this is not always possible.

However some of this could be elevated by using space behind the stage, and to this end ask if it would be possible for ths to be occupied by CSVAC.

We look forward to a positive response

Sincerely

Don't know what you think, but glad of your comments. I don't seem to have Carols email address



13 Apr 2019

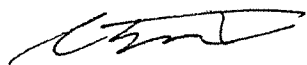
To Whom it May Concern

This letter is in support of the Cook Street Village Activity Centre's request for additional space so that the Victoria Health Cooperative will be able to establish a primary health care centre at that location.

First, a bit about my background. I began my long career in health care as a teenager in Saskatchewan in the 1940s. While Tommy Douglas was struggling to establish socialized medicine, I was practicing pharmacy and wondering how it would all affect me. I saw it develop into a nation-wide program, and I was supportive of it. My work at various times took me to Manitoba, Ontario, Nova Scotia, and finally British Columbia. I served as head of the directorate of the Canadian Forces responsible for medical materiel, and I later worked for a pharmacy chain and then as business manager for a hospital. At one point I had the good fortune to study health administration at an American university and was appalled at the cost, inefficiencies, and inequities of their so-called system.

So what about us, now, in Cook Street Village? As I see it, the biggest shortcoming of our health care system is in primary care. For a variety of reasons the family doctor seems to be a thing of the past. New systems have to be developed, and fast. Probably the best arrangement we can hope for is a multi-disciplinary clinic headed by a nurse practitioner. The Health Co-op has funding for the salary for a Nurse Practitioner, but needs a location. NPs are qualified to examine, diagnose, treat and would therefore be able to order prescription refills, a service seriously lacking in our area.

Today, in Cook Street Village, if you need medical care, you get up early and hope to get seen at a walk-in clinic. When I see ninety year olds, (yes, I know who they are) standing in the rain outside the walk-in clinic, it breaks my heart. The American system looks good by comparison. Surely we can do better.

A handwritten signature in black ink, appearing to read 'Russ Stewart', with a stylized, cursive script.

Russ Stewart

[REDACTED]

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**From:** Alice Whitehead [REDACTED]  
**Sent:** Sunday, April 14, 2019 6:32 PM  
**To:** [REDACTED] Victoria Health Co-Op  
**Subject:** additional space for the Cook St. Village Activity Centre

To whom it may concern,

I am writing as a member of the Victoria Health Co-op and as a citizen of Victoria who will soon be without a family doctor -- in fact the whole clinic at which my doctor practices will be closing as well.

We are in a crisis of primary health care here in Victoria, and the Victoria Health Co-op, among others, is creatively trying to address it, in our case by securing a grant to hire a nurse practitioner who will be able to provide primary care for 500 patients.

The Cook St. Activity Centre is ideally located for the nurse practitioner to be based. I understand that the City of Victoria is considering allowing it to acquire additional space which would allow the nurse practitioner to have access to 2 exam rooms every day.

I hope that you will support this request .

Yours sincerely,  
Alice Whitehead

[REDACTED]

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**From:** Victoria Health Co-Op [REDACTED]  
**Sent:** Sunday, April 14, 2019 5:41 PM  
**To:** Jenneke van Hemert; Carol Turnbull  
**Subject:** Re: Letter of support

Jenneke, thanks for this. An excellent use of a Sunday!  
v

**Yours co-operatively, Vanessa Hammond**

**Chair: Victoria Health Co-operative** [REDACTED]

**Please click and share the Donate button!** <http://VictoriaHealthCooperative.com/np-project>  
[www.facebook.com/victoriahealthcooperative/](http://www.facebook.com/victoriahealthcooperative/) [www.victoriahealthcooperative.com](http://www.victoriahealthcooperative.com)

Providing Wellness Treatments, Co-op Cafe series and Education, and Community Outreach. Establishing our Nurse Practitioner program. Supported by the Creating Community Wellness Society.

On Sun, 14 Apr 2019 at 16:48, Jenneke van Hemert [REDACTED] wrote:

Dear Carol Turnbull,

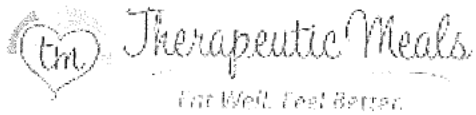
Cc: Vanessa Hammond

Please find attached letter in support of The Victoria Health Co-op efforts to address the acute shortage of primary health care.

I sincerely hope that the City of Victoria will make additional space available to the Cook Street Village Activity Centre to provide two exam rooms for providing much needed primary health care and supportive services. We look forward to hearing good news in the near future.

Warm regards,

Jenneke van Hemert, Registered Dietitian



*This email is intended only for the use of the individual or organization to whom it is addressed. It may contain information that is privileged or confidential. Any distribution, disclosure, copying, or other use by anyone else is strictly prohibited. If you have received this in error, please telephone or e-mail the sender immediately and delete the message.*

[REDACTED]

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**From:** gary cohen [REDACTED]  
**Sent:** Sunday, April 14, 2019 10:13 AM  
**To:** [REDACTED]  
**Cc:** Victoria Health Co-operative  
**Subject:** Support for clinic space at Cook St Village Activity Centre

Dear Carol Turnbull,

I am writing to you to express our strong support for Cook Street Village Activity Centre's plan to provide clinic space.

This would help alleviate a chronic shortage of quality primary care in the city. My partner and I have not had a primary health provider for many years. I have a number of chronic health conditions that I do not feel are managed well by going to walk-in clinics where there is no or little follow-up care, and the care is provided is woefully inadequate. We feel that there needs to be more medical services in the high density Cook St and James Bay neighbourhoods, and that this additional space would help considerably.

Thank you.

Gary Cohen and Amber Woods

[REDACTED]

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**From:** Barbara McDonell [REDACTED]  
**Sent:** Saturday, April 13, 2019 2:39 PM  
**To:** [REDACTED]  
**Subject:** letter to city requesting approval of Cook Village extension

To Whom It May Concern

I am a senior, aged 76 years, who has lived in Victoria my whole life. Last September my doctor closed her practice at James Bay Clinic without notice because of her own serious medical diagnosis. To my shock, the clinic said the remaining doctors had full slates and could not take me as a patient. Over the ensuing seven and a half months, I have searched in vain for a new doctor.

Although I'd been very healthy until last fall, since November 2018 I've been afflicted with insomnia. Despite doing everything "right", the condition has worsened, forcing me to a walk-in clinic three times with three different doctors who don't know me at all and facing long waits surrounded by coughing/sneezing other people. No relief has been found. Without sleep, I find it difficult to function; everything seems more than I can cope with.

Because the sleeplessness has continued for so long I would like a full physical exam to at least assure me that something else isn't going on. The walk-in clinics tell me that isn't an exam they do (understandably time-wise) and I need to go to a regular doctor. So round and round we go...

Now I'm wait-listed for the Nurse Practitioner that the Victoria Health Co-op will be making available once space, furniture and equipment are available. The Cook Street Village Activity Centre has requested that the City of Victoria approve an addition to their quarters. This would enable them to provide a permanent 24/7 anchor location for this N.P. to supply primary health care and wellness education.

The ever-increasing lack of health care availability, especially for seniors, has become desperate. Please approve the provision of extra space for the Cook Street Village Activity Centre so that they can provide the Victoria Health Co-op with the space needed to accommodate the much-needed service Nurse Practitioner in this easily accessible location.

Sincerely, Barbara McDonell - 3159-B Jackson Street, Victoria, BC V8X 1E2



# Creating Community Wellness Society

the wellness charity

April 12, 2019  
[REDACTED]

To Whom It May Concern:

In regards to: The Cook Street Village Activity Centre additional space

The Creating Community Wellness Society works to support wellness and health initiatives that focus on serving people who would otherwise lack access to these services in the greater Victoria region. We are working to raise funds and other resources to support the provision of a Primary Health team to people without such services in the Victoria area. Our particular focus is on ensuring that Nurse Practitioner and Medical Office Assistant or Registered Nurse being offered to the Cook Street Village Activity Centre by the Victoria Community Health Co-operative will have two exam rooms in which to provide diagnosis, treatment and advice for patients. We understand that discussions are underway for access to two such rooms and a washroom (necessary in such a setting) and wish to encourage you most heartily to make this facility available. We would undertake to have one room furnished and equipped during April and the second by early May if not sooner, permitting several hundred residents to access the Primary Health Care they need. Please support us in being able to serve those needing health care.

On behalf of the Creating Community Wellness Society, thank you.

Sincerely,

Dylan Bos,  
Interim Treasurer

[REDACTED]

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**From:** Russ Stewart [REDACTED]  
**Sent:** Friday, April 12, 2019 2:04 PM  
**To:** [REDACTED]  
**Cc:** Hammond, Vanessa  
**Subject:** Victoria Health Cooperative

This letter is in support of the Victoria Health Cooperative's efforts to establish a primary health care centre at the Cook Street Village Activity Centre.

First, a bit about my background. I began my long career in health care as a teenager in Saskatchewan in the 1940s. While Tommy Douglas was struggling to establish socialized medicine, I was practicing pharmacy and wondering how it would all affect me. I saw it develop into a nation-wide program, and I was supportive of it. My work at various times took me to Manitoba, Ontario, Nova Scotia, and finally British Columbia. I served as head of the directorate of the Canadian Forces responsible for medical materiel, and I later worked for a pharmacy chain and then as business manager for a hospital. At one point I had the good fortune to study health administration at an American university and was appalled at the cost, inefficiencies, and inequities of their so-called system.

So what about us, now, in Cook Street Village? As I see it, the biggest shortcoming of our health care system is in primary care. For a variety of reasons the family doctor seems to be a thing of the past. New systems have to be developed, and fast. Probably the best arrangement we can hope for is a multi-disciplinary clinic headed by a nurse practitioner and supervised by a physician. It would be absolutely necessary for someone in the clinic to be authorized to order prescription refills. Many physician appointments are made for nothing more than that.

Today, in Cook Street Village, if you need medical care, you get up early and hope to get seen at a walk-in clinic. When I see ninety year olds, (yes, I know who they are) standing in the rain outside the walk-in clinic, it breaks my heart. The American system looks good by comparison. Surely we can do better.

Russ Stewart



[REDACTED]

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**From:** Joan Halvorsen [REDACTED]  
**Sent:** Friday, April 12, 2019 12:58 PM  
**To:** Carol Turnball  
**Subject:** Additional Space Needed for CSVAC

Dear Carol Turnball  
Executive Director CSVAC

It would be extremely helpful to have additional space for the Cook Street Village Activity Centre. It is a wonderful community facility and is often very crowded.

As a member, I attend classes on a regular basis, take part in many special events and also volunteer. In addition the Centre serves as a much needed space to rent at a reasonable rate for a non-profit which I belong to that meets there.

Additional space would greatly help to ease the congestion and enhance the usability.

Thank you.

Joan Halvorsen  
305-964 Heywood Ave  
Victoria BC V8V 2Y5

Sent from my iPhone

April 12, 2019

To Whom It May Concern

RE: Unit 2

i very much support the Centre to have Unit 2 to accommodate our participants and our programming.

Members/ participants are complaining to me that our lounge and our library are not available to them as more and more often there is a program using the space. Our lounge is very comfortable with the easy chairs, the fireplace, the TV. People would like to wait in there and socialize with others if they are early for their activity. After the activity they would like to have a coffee there and socialize some more. Our library is well used as well. People not only take out books but also donate their own books. Many people just browse the library before and after their activities. They cannot get to it if there is a program using the space.

More and more often people are having their snacks or lunch in the hallway as all the rooms are full. Many people arrive early for their activity because they travel by HandyDart or they want to get a parking space at, or near, the Centre. Also, people going home by HandyDart are having to wait in the hall if the lounge is in use.

We are terribly short of storage space, as well. As we develop more activities, we need to provide the equipment and supplies to support the activities. We have been adding cupboards to accommodate these items but we are running out of space to build more cupboards.

Your support of this request for Unit 2 is much appreciated.

Eleanor Ward  
President

April 11, 2019

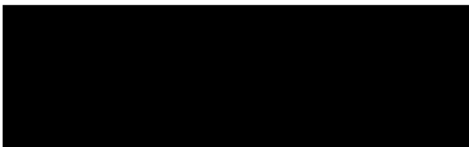
To whom it may concern,

I have been involved at The Cook Street Village Activity Centre for four year now and it is a wonderful place with so much going on, a diverse selection of programs is offered, and great people run the centre and do an amazing job. Cook Street Village Activity Centre is a community of wonderful and engaged people who are a lot of fun to know and are also a great part of the Cook Street Village community generally.

I have heard there is more space available that the centre may be able to use, and I think it's would be very useful to the wellness and other programs that are offered, more room generally and a quieter area would be very beneficial to meditation and other programs.

Sincerely,


Anne Fortin



Thurs Apr 11.

To Carol.

I'm a student in tai chi —  
love the class, love the  
instructor. But it would be  
great to have a space that  
we didn't share with a lot  
of stored chairs plus tables  
set for lunch. And not to be  
rushed out of the room  
before we have a chance to  
say good bye to each other.  
Maybe & the Cook & Activity  
Centre just needs more space!  
Bath Young



[REDACTED]

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**From:** Lisa Helps (Mayor) <LHelps@victoria.ca>  
**Sent:** Tuesday, March 26, 2019 9:19 AM  
**To:** [REDACTED]  
**Cc:** Peter Rantucci; Andrea Hudson  
**Subject:** Re: Additional Space for CSVAC

Peter, please meet Carol from the Cook Street Village Activity Centre. They are interested in the City purchasing (or leasing) the extra space in the back of the building where New Horizons is. The space is currently slated as part of a development next door where Macs and Pic a Flic are for a childcare space. But the strata council has voted repeatedly that they don't want a childcare space. Peter, Andrea, can you take it from here to explore a bit further with Carol? She mentions below that she has been in touch with Ross (or has been directed to him.) Thanks.

Carol, the purchase or lease of this space would need to be balanced by Council with competing priorities and requests for more space by other centres as well as neighbourhoods without centres at all!

Staff will be in touch.

Take care,

Lisa

--  
Lisa Helps, City of Victoria Mayor  
Lekwungen Territory  
[REDACTED]

[www.lisahelpsvictoria.ca](http://www.lisahelpsvictoria.ca)

"Grown-up politics means accepting the tensions and complexities of our lives together without pretending there are easy solutions, universal rules ... That means relearning the habits of complexity against the siren calls of a soundbite, quick-fix culture." - Jonathan Sacks

**From:** [REDACTED]  
**Date:** Tuesday, March 26, 2019 at 8:30 AM  
**To:** "Lisa Helps (Mayor)" <LHelps@victoria.ca>  
**Subject:** RE: Additional Space for CSVAC

Good Morning,

I know you have a busy day with three mini-Mayors for the Day. I am sure it will be a lot of fun. I can't wait to see the pictures.

It would be great to learn what you and Council will need to approve this request for additional space. What evidence, letters of support, etc. will give you what you need to justify the purchase. We will also need to work with someone from real estate (I understand it may be someone named Ross). What documentation do you need so you can be confident that we will be using the space well and to its fullest capacity? I have recently seen the space and it needs some work. It will need new flooring and new paint. How can we make this happen as part of the real estate purchase?

Carol

Carol Turnbull BSW, RSW  
Executive Director



Cook Street Village Activity Centre  
380 Cook St  
Victoria BC V8V 3X7  
[www.cookstreetvillageactivitycentre.com](http://www.cookstreetvillageactivitycentre.com)

**From:** Lisa Helps (Mayor) [mailto:LHelps@victoria.ca]  
**Sent:** Monday, March 25, 2019 4:55 PM  
**To:** Carol Turnbull [REDACTED]  
**Subject:** Re: Additional Space for CSVAC

I see this old email! Sorry for not replying. What steps do we need to take?

--  
Lisa Helps, City of Victoria Mayor  
Lekwungen Territory  
[REDACTED]

[www.lisahelpsvictoria.ca](http://www.lisahelpsvictoria.ca)

"Grown-up politics means accepting the tensions and complexities of our lives together without pretending there are easy solutions, universal rules ... That means relearning the habits of complexity against the siren calls of a soundbite, quick-fix culture." - Jonathan Sacks

**From:** Carol Turnbull [REDACTED]  
**Sent:** Tuesday, November 6, 2018 11:00 AM  
**To:** Lisa Helps (Mayor)  
**Subject:** Additional Space for CSVAC

Good Morning

Congratulations on your re-election as Mayor. I was very pleased to be at your swearing in ceremony last week. It appears that you are part of a dynamic team that is posed to do great things for Victoria over the next four years. I will be working with some of my colleagues over the next couple of months to find some time to have you and all of the Councilors to come for a visit early in the New Year.

We would like to obtain Unit 2 in our building (380 Cook St). We no longer have enough space to house our programming and services. Our membership has been steadily growing and our programming becoming more diverse to meet the needs and interests of those 55 and better. Unit 2 has no parking, other than what is in the community, as we have all of the parking lot spaces dedicated to our unit. It is my understanding that Aragon Properties is the current owner of Unit 2. Although they have owned the vacant space for quite some time they really haven't occupied the space. I would like to suggest that they sell the property to us for a dollar and receive the tax write off for giving us the space. I would like to work with Aragon Properties to ensure that they have office space in Unit 2 while they are working on the development next door. We would be happy to give them some office space at no rent during this time. I only ask

that the City of Victoria cover the same items as is currently being done in Unit 1 such as strata fees, hydro, heat, etc. I was wondering how we can start to move forward to acquire this additional space.

Yours Truly

Carol

Carol Turnbull BSW, RSW  
Executive Director



Cook Street Village Activity Centre  
380 Cook St  
Victoria, BC, V8T 2B5

*Come for the fun. Stay for the friends.*

## Carol Turnbull

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**From:** W. Gregg Turner <solutioninnovators@shaw.ca>  
**Sent:** Wednesday, April 8, 2020 8:16 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; Victoria Health Co-operative  
**Subject:** 328 Cook St Rezoning Application

*Hello and good wishes.*

*I have been involved with the Victoria Health Co-op for many years and was part of the initial ground floor beginning.*

*The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in the local area who do not currently have Primary Health Services and adequate wellness services. Globally, we are experiencing an unprecedented health care crisis and we are experiencing the effect of the COVID-19 crisis in our local community. Our health care professionals are working tirelessly and the demand for Primary Health Care continues to increase. Now, more than ever, we need support from our local governments to access Primary Health Care and to support and expand services to meet the health care needs of our communities.*

*The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.*

*I believe this is something that will assist and contribute to our community in a significant way.*

*With Kind, Healthy and Supportive wishes,*  
Gregg  
--

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Solution Innovators - W. Gregg Turner PhD, CHT, CNLP

Trainer, Rapid Results Therapist/Counsellor, Consultant, Author,

250-380-0702 toll free 1-877-654-2371

[SolutionInnovators@shaw.ca](mailto:SolutionInnovators@shaw.ca)



## Carol Turnbull

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**From:** Katherine Maas <katherine@kjmaas.com>  
**Sent:** Tuesday, April 7, 2020 6:52 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application

I am one of the thousands of people in Victoria who has lacked access to a primary health service. It took me six full years after moving here to finally find a family doctor, and I have many, many friends who have not been so lucky and are still looking.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in the local area who do not currently have Primary Health Services and adequate wellness services. Globally, we are experiencing an unprecedented health care crisis and we are experiencing the effect of the COVID-19 crisis in our local community. Our health care professionals are working tirelessly and the demand for Primary Health Care continues to increase. Now, more than ever, we need support from our local governments to access Primary Health Care and to support and expand services to meet the health care needs of our communities.

The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

Now, more than ever, we need support from our local governments to access Primary Health Care and to support and expand services to meet the health care needs of our communities.

Can we count on your support?

Katherine Maas

--

Katherine Maas  
phone: (250) 532-2361

Poverty isn't a lack of character. Poverty is a lack of cash. — Rutger Bregman

## Carol Turnbull

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**From:** Marion Pape <marionpape@shaw.ca>  
**Sent:** Tuesday, April 7, 2020 6:25 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; vichealthcoop@gmail.com; Marion Pape  
**Subject:** "328 Cook St Rezoning Application"

I have had direct experience as a patient of a nurse practitioner and am pleased to say that they offer a very high quality service to clients. As a former member of the James Bay Health Clinic, I experienced great difficulty finding an alternative health service after my doctor retired.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in the local area who do not currently have Primary Health Services and adequate wellness services. Globally, we are experiencing an unprecedented health care crisis and we are experiencing the effect of the COVID-19 crisis in our local community. Our health care professionals are working tirelessly and the demand for Primary Health Care continues to increase. Now, more than ever, we need support from our local governments to access Primary Health Care and to support and expand services to meet the health care needs of our communities.

The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

This is a progressive alternative to maximize health care services to people in Victoria and I urge you to unanimously approve this rezoning application.

Thank you for all the very important initiatives you are taking.

With Gratitude.

Marion Pape G1 395 Tyee Rd. (Vic West)

Executivedir@csvac.ca

## Carol Turnbull

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**From:** Llynne Phillips <llynnewaterfall@gmail.com>  
**Sent:** Monday, March 16, 2020 9:34 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application

Dear Members of Victoria City Council,

The Victoria Health Co-op needs spaces for exam and treatment rooms. Their plan is to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. IF they secure facilities at 328 Cook St. the Victoria Health Co-op will be able to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. This will greatly improve the ability and scope of the VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre. The result will be a healthier population and less stress on our already heavily stressed medical systems. And that was before CoVid-19!

I am a resident of James Bay and use the services available at Cook Street Village.  
I hope that Victoria City Council votes in favour of improvement for our health facilities.

Sincerely,  
Lynne Phillips  
V8V 4X7

\*\*\*\*\*

Goodbye to all that.

## Carol Turnbull

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**From:** Janet Hacker <janethacker1@icloud.com>  
**Sent:** Saturday, March 14, 2020 11:25 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** vichealthcoop@gmail.com; executivedir@csvac.ca  
**Subject:** 328 Cook Street Rezoning Application

Please support the Rezoning for this much needed Nurse Practitioner's clinic.  
My partner and I are among the many who no longer have a family doctor or primary health care.

Thank you, Janet Hacker  
319-151 St Andrews Street  
250-361-7308

## Carol Turnbull

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**From:** Susan Skidmore <saskidmore1949@gmail.com>  
**Sent:** Saturday, March 14, 2020 2:13 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; islandpilgrim@gmail.com  
**Subject:** 328 Cook St Rezoning Application".

You have read this sentence before. And now, even distracted by our current pandemic, the need still exists, poignantly. " *Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services.* "

I am one of those people desperately needing services. I moved to Victoria from the Kootenays where I had a very good Dr. to the shock of our Island medical personnel shortage. I am 70. Mine, like so many others is a situation of several related medical conditions which should be treated with the big picture in mind. BUT that is not how walk in clinics work here. They divide the patient up into 'bits' and treat each as a stand alone situation. This does not work. I need a practitioner like I had before who sees the whole person, and all that goes with it. I am not feeble, but vibrant and active and want to stay that way and work hard to do my part.

Please do your part and do all you can do to smooth the way for zoning, and permits etc etc for the quick set up the the clinic people have worked so hard to put in place.

Yours Sue Skidmore who can't deal with waiting 3 hours to see a doctor after arriving at the clinic before 8:00 in the morning.

## Carol Turnbull

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**From:** Bob Schrey <schrey2@yahoo.com>  
**Sent:** Saturday, March 14, 2020 2:16 PM  
**To:** Executivedir@csvac.ca  
**Subject:** Fwd: 328 Cook St Rezoning Application

**From:** Bob Schrey <schrey2@yahoo.com>  
**Date:** March 14, 2020 at 2:13:07 PM PDT  
**To:** [mayorandcouncil@victoria.ca](mailto:mayorandcouncil@victoria.ca)  
**Subject:** 328 Cook St Rezoning Application

*The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services.*

*The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.*

*Note: I am without a GP for the first time in my life. Mine retired in December and there are no GP's taking on new patients.*

Bob Schrey  
19 Boyd St, Victoria, BC  
Txt/Cell: 778 677-1558  
[Schrey2@yahoo.com](mailto:schrey2@yahoo.com)

**Carol Turnbull**

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**From:** Matt Quinn <quinbe9@gmail.com>  
**Sent:** Saturday, March 14, 2020 4:00 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; vichealthcoop@gmail.com  
**Subject:** 328 Cook St Rezoning Application

Good Evening,

We have been trying to get a GP for 6 months now and the walk in clinics are overloaded and ineffective.

***Please approve rezoning and allow the Victoria Health Co-op which needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. VHC practitioners and patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.***

***Thank you***

**Matt Quinn  
3615 Urban Rise  
Langford BC  
V9C0N8**

## Carol Turnbull

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**From:** Sidne Marat <therottenskid@gmail.com>  
**Sent:** Saturday, March 14, 2020 10:38 PM  
**To:** vichealthcoop@gmail.com; Executivedir@csvac.ca  
**Subject:** re: 328 Cook St Rezoning Application

Just sending a note saying that I have sent an email to the mayor and council. I forgot to CC you on the original email.

Thanks,  
Sidne



## Carol Turnbull

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**From:** anne <annevrette@protonmail.com>  
**Sent:** Sunday, March 15, 2020 9:08 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol  
**Subject:** Re: 328 Cook St. Rezoning Application

Dear Mayor Lisa Helps and Victoria Council,

I am writing about the Cook Street Village Activity Centre and the need for the additional space in unit 2 (2-380 Cook St.). I have been going there for some years now and I lead one of the wellness activities. It is a vibrant wonderful community of people with so many activities to enjoy, opportunities to learn, have fun, and get to know people. The staff, board and volunteers are amazing in how they welcome people do their jobs.

The Centre is quite busy, there is always lots going on and people enjoy gathering in the lounge. With the demand for space, the lounge is often taken up by activities including wellness activities and this is not ideal. This means people often can't relax or gather there when they want to, I've heard people say this many times. The lounge is sometimes a bit of a noisy atmosphere for some wellness activities like meditation because of its proximity to the entrance. The wellness activities would do better in the space at the back of the building where it is quieter as well as leaving the lounge for people to socialize or relax.

It would be really great to have the additional space for the centre, to allow for all the activities people want to do and for the lounge to be used as a lounge.

Thank you,

Anne Fortin

## Carol Turnbull

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**From:** Carol O'FALLON <Carol.OFallon@outlook.com>  
**Sent:** Tuesday, March 10, 2020 4:10 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca; Carol O'FALLON  
**Subject:** re: 328 Cook St. Activity Centre Rezoning Application

I am writing in support of the rezoning of Cook Street Activity Centre, 380 Cook St. to include the property Unit 2 adjacent to the Centre.

This rezoning would allow space for a potential wellness centre and as such the CSAC is an ideal location to serve the population in Fairfield and beyond.

The potential addition of a Nurse Practitioner would be welcomed and a much needed resource.

This Centre is a hive of activity with members and non-members engaging in a wide variety of activities providing physical, emotional, cultural, and social connection to support people with varying abilities and interests. The Centre also offers health related programs to assist people with basic health maintenance. Some spaces are cramped.

I attend exercise classes four times per week and consider this a major part of my "health insurance". I am able to walk to this centre rather than drive to other recreations centres or private facilities.

Additional space would allow the many programs to continue and other wellness programs to be provided. I urge you to seriously consider and approve the 328 rezoning application.

Thank you.

Carol

[Carol.OFallon@outlook.com](mailto:Carol.OFallon@outlook.com)

## Carol Turnbull

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**From:** Robin E Hall <robin.e.hall@gmail.com>  
**Sent:** Tuesday, March 10, 2020 6:32 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St. Rezoning Application

To: Mayor Lisa Helps and Council

Dear Mayor Helps and Council:

I am writing in support of the bid that Cook St. Village Activity Center (CSVAC) has made for additional space in unit 2 (2-380 Cook St.). As a Director of the Board at CSVAC and member of a few committees, my reason for supporting CSVAC is that I chose it above other Centres for location and vibrancy. It keeps me alive and happy using my capabilities and skills to add modern ideas to the vibrancy upping the charm thus enticing more members to join this already buzzing Centre that's filled with good cheer and fun.

This Centre is alive! I need this Centre and the good people in it, though I live in James Bay.

Because our Centre is burgeoning we've run out of space for activities and cafeteria, meanwhile membership continues to escalate.

CSVAC requires the additional space of Unit 2 because we are bursting at the seams and also need Unit 2 for the extra space to house the new Wellness Services which is destined to increase rapidly in situ being part of the Strategic Plan.

With respect,

Robin E. Hall, a CSVAC Board Director

## Carol Turnbull

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**From:** Ani <catladyneets@telus.net>  
**Sent:** Thursday, March 12, 2020 5:24 PM  
**To:** mayor&council@victoria.ca  
**Cc:** ExecutiveDir@csvac.ca  
**Subject:** Unit 2-380 Cook St

### Mayor Helps and Council

I have heard that the proposed development of 328 Cook St will becoming forward soon for consideration by council. My husband and I live in the condo which also is home to unit 2 380 Cook. ( owned by Aragon ).We are seniors, members of Cook St Activity Center and have no problem with the proposed development. The opportunity or circumstance for the city to purchase Unit 2 380 Cook may never be as favorable as now and we hope the council will give the purchase of this property due consideration. The addition of this ideal space for the Center would mean that new programs and activities would be able to go forward, helping to keep seniors healthy and active.

Sent from my iPad  
Anita McCaw  
101- 1063 Southgate St.  
Victoria V8V 2Z1

## Carol Turnbull

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**From:** Maria <mkmckenty@lycos.com>  
**Sent:** Thursday, March 12, 2020 3:26 PM  
**To:** mayorandcouncil@victoria.ca  
**Subject:** 328 Cook St Rezoning Application

Dear Mayor and Council,

As a resident of Fairfield I support the rezoning application to provide space for a Nurse Practitioners office at the Cook St Activity Center.

I am one of thousands of Victoria residents without a primary health care practitioner. I have lived in Victoria for 5 years and have been unable to find a single family physician taking new patients. I have been a part of the Victoria Health co-op during that time and benefited from their expertise and generosity in making health services available. Please support their efforts to provide primary care.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

Sincerely,

Maria McKenty

## Carol Turnbull

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**From:** Karen Malcolm <kmalcolm@shaw.ca>  
**Sent:** Wednesday, March 11, 2020 7:03 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook Street Rezoning Application

Dear Mayor and Council members:

I am a senior, a James Bay resident, and a worried individual who has been unable to obtain a consistent health practitioner in Victoria despite every effort. I joined the Victoria Health Coop because I support their approach to health and wellness.

I am aware that they are actively working to obtain the services of a Nurse Practitioner. I am very hopeful that I will be able to form a consistent relationship with this individual.

In order for this to become a reality, premises need to be available. Therefore, I urge you to look favourably on the 328 Cook Street Rezoning Application to support establishing a Nurse Practitioner service.

Sincerely,

Karen Malcolm

[kmalcolm@shaw.ca](mailto:kmalcolm@shaw.ca)

March 13/20

To Whom it May Concern

As a Member of Cook Street  
Activities Center.

We need the extra space for  
our activities at the center. The  
extra space would give a lot  
more space for our programs at  
the center. And better arranging  
the programs. On some occasions  
there has been 2 programs in  
one room.

On some occasions we have had  
to eat our lunch by the  
washrooms. Or at a small  
area by Carol's office. The lounge  
is out of use, because of a  
program. It is a nice area to  
sit & have a coffee or lunch. One  
can sit & relax & visit. But due to  
lack of space we can't. The  
extra space would be so nice

## Carol Turnbull

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**From:** Larry Scott <kitimatlarry@gmail.com>  
**Sent:** Tuesday, March 10, 2020 12:40 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St Rezoning Application

Dear City Council,

I write in support of the proposal from the Victoria Health Co-Op for an exam and treatment space at the Cook St. Activity Centre. There is one Drop-In facility in the Cook St. Village, but it books up for the day, very soon after opening. Given the number of seniors in this immediate community, we would benefit from a Nurse Practitioner plus various wellness treatments from other health professionals who would offer their services in the facility. Perhaps the intended inclusion of wellness education would help lessen the load on primary health services. Please support this project.

Regards,

Rev. Larry Scott (retired)  
214-1035 Pendergast St.  
Victoria, BC



## Carol Turnbull

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**From:** Walter and Margaret <waltanne@telus.net>  
**Sent:** Tuesday, March 10, 2020 8:54 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca  
**Subject:** 328 Cook St. Rezoning

**From:** Margaret Rice  
**Sent:** Monday, March 9, 2020 6:12 PM  
**To:** mayorandcouncil@victoria.ca  
**Subject:** Fw: 328 Cook Street Rezoning

**From:** Margaret Rice  
**Sent:** Monday, March 9, 2020 4:51 PM  
**To:** mayorandcouncil@victoria.ca  
**Subject:** Re: 328 Cook Street Rezoning

Mayor and Council

The Cook Street Village Activity Centre is an important part of my social life. I go there four times a week to play cards, and find it helps fill the void left after my husband died more than a year ago.

And I am certainly not alone. The centre is a popular spot. Membership has nearly doubled in the past 6 years which is why it so desperately needs the space available in Unit 2 of 380 Cook Street.

Now is an ideal time for the city to invest in the well-being of our neighbourhood by buying Unit 2. The activity centre and Victoria Health Co-op are prepared to turn it into a much-needed wellness centre – and I gather Aragon is willing to offer a sizeable discount.

Having the extra unit would mean a lot to those of us who use the activity centre now. And it would ensure we have enough space for the many people who will likely join us in the future as development continues on Cook Street.

Margaret Rice

**Carol Turnbull**

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**From:** Tom Palfrey <tpalfrey45@hotmail.com>  
**Sent:** Monday, March 9, 2020 6:04 PM  
**To:** Executivedir@csvac.ca; vichealthcoop@gmail.com  
**Subject:** Re: 328 Cook St Rezoning Application

This is to inform you that I have sent an email to mayor and council supporting the Rezoning application.

Cheers

Tom

Sent from my iPad

## Carol Turnbull

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**From:** Robin E Hall <robin.e.hall@gmail.com>  
**Sent:** Friday, March 6, 2020 4:32 PM  
**To:** Carol Turnbull  
**Subject:** my unit 2 letter for your approval or change - change if needed - it's a cheeky letter!

to Mayor Lisa Helps and Council

Dear Mayor Helps and Council

I am writing in support of the bid Cook St. Village Activity Center (CSVAC) has made for additional space in unit 2 (2-380 Cook St.). As a Director of the Board at CSVAC and member of a few committees, my reason for supporting CSVAC is that I chose it above other Centres for location and vibrancy. It keeps me alive and happy using my capabilities and skills to add modern ideas to the vibrancy upping the charm thus enticing more members to join this already buzzing Centre that's filled with good cheer and fun.

This Centre is alive! I need this Centre and to good people in it even though I live in James Bay.

It is because our Centre is burgeoning that we've run out of space for activities, meanwhile membership continues to escalate.

CSVAC requires additional space of Unit 2 because we are bursting at the seams and also need Unit 2 for the extra space to house the new Wellness Services which is destined to increase rapidly in situ being also part of the Strategic Plan.

With respect,

Robin E. Hall, a CSVAC Board Director

## Carol Turnbull

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**From:** Fern Martin <fernmartin70@gmail.com>  
**Sent:** Saturday, March 7, 2020 11:09 AM  
**To:** ExecutiveDir@csvac.ca; mayorandcouncil@victoria.ca  
**Subject:** 328 Cook St. Rezoning Application

Dear Mayor Helps and Council members,

I am a regular at the Cook Street Village Activity Centre - in the Stretch and Strength program. I also take advantage of several of the other offerings.

I am very impressed with the administration of the Centre and the many activities that are available. But it's getting crowded and having an additional room, Unit 2, will make a big difference for the community.

To show my admiration for Ann Marie who is the exercise guru for Stretch and Strength - I wrote a song to the tune of Hello Dolly.

Ann Marie makes a special effort to explain which muscles are being exercised.

Hello - muscles

Well hello - muscles

It's so nice - that you all help us move along.

We love our Ad-ductors

and our Hip - flexors

Our Achilles Tendons Quadriceps are - oh so strong.

Our Abs protect - our middles

Kegels stop - our piddles

We've got Biceps, Thorax and Tra-pe-zi-us

So - work your Pector-alis

While you bend your Gast-tro-cnem-i-us

Then our Gluts will help us get back home.

We've got more - muscles

There are more - muscles

We've got muscles from our head down to our toes

There are the Hip-flexors

and the Arm-Flexors

Also Hamstrings and some Deltoids which all - help us pose

The Triceps bend - our elbows

Face ones blow - our noses

There's the Ten-sor Fasc-ia Lat-ae iloit-ibal Band

So - work your Sar-torius

While you bend your Rectus Femoris

Then our Gluts will help us move

Gluts that really have the groove

Gluts that work to help us get back home.

Yours truly,

Fern Martin

## Carol Turnbull

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**From:** Shirley Handley <joybringer47@gmail.com>  
**Sent:** Saturday, March 7, 2020 12:39 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** Re: 328 Cook St. Rezoning Application

Honourable Mayor Helps and City Councillors,

Cook Street Activity Centre is a happening place. For the past five years I have been a volunteer with them, serving as receptionist. I can confirm that many times we literally have no space and members are forced into corridors to enjoy a cup of tea and visit. The Centre offers many interesting events, speakers, classes and lots of fun experiences for those wishing to be involved. A broad range of people attend, many coming from Oak Bay, James Bay and Cedar Cross area to attend our activities. I enjoy regular games of Mahjong and Euchre, while my husband plays Bridge there regularly.

Since moving from Saskatchewan, 5 years ago, the Centre has been a hub at which we have met many friendly people and made new friendships. Isolation is a major contributing factor to mental illness and offering a neighbourhood resource for seniors is beneficial to their well being and therefore to the community at large. There is a shortage of medical services and the Centre offers some helpful aides for better health. Having the extra space would mean that these services could be combined and expanded, through a partnership with Victoria Health Cooperative. This would mean the addition of access to a Practical Nurse, which would be a great boon for those without a family doctor.

The City of Victoria would benefit through streamlining services, avoiding unnecessary duplication and making a central base for seniors to both connect and to access health care when needed. This is a good investment for present and future generations.

Thank you for considering this in your decision on Thursday, March 19.

Shirley Handley  
307-1157 Fairfield Road  
Victoria BC V8V 3A9

## Carol Turnbull

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**From:** Wayne Handley <notdeadyet@shaw.ca>  
**Sent:** Saturday, March 7, 2020 12:47 PM  
**To:** Mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** RE; 328 Cook St. Rezoning Application

<b>Shirley Handley &lt;joybringer47@gmail.com&gt;</b>	
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to mayorandcouncil, Carol
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Honourable Mayor Helps and City Councillors,

Cook Street Activity Centre is an important and crucial meeting place. For the past five years I have been a volunteer with them, serving as Treasurer on the CSVAC Board of Directors. I can confirm that many times we literally have no space and members are forced into corridors to enjoy a cup of tea and visit. The Centre offers many interesting events, speakers, classes and lots of fun experiences for those wishing to be involved. A broad range of people attend, many coming from Oak Bay, James Bay and Cedar Cross area to attend our activities. I enjoy regular games of Mahjong and Euchre, and Bridge there regularly.

Since moving from Saskatchewan, 5 years ago, the Centre has been a hub at which we have met many friendly people and made new friendships. Isolation is a major contributing factor to mental illness and offering a neighbourhood resource for seniors is beneficial to their well being and therefore to the community at large. There is a shortage of medical services and the Centre offers some helpful aides for better health. Having the extra space would mean that these services could be combined and expanded, through a partnership with Victoria Health Cooperative. This would mean the addition of access to a Practical Nurse, which would be a great boon for those without a family doctor.

Our members are in need of better and available medical care that can be provided on site by a Registered Practical Nurse, freeing up valuable Doctor time.

The City of Victoria would benefit through streamlining services, avoiding unnecessary duplication and making a central base for seniors to both connect and to access health care when needed. This is a good investment for present and future generations.

Thank you for considering this in your decision on Thursday, March 19.

Wayne Handley 250 891 8947  
307 1157 Fairfield Road, Victoria, BC  
Cook St Village Activity Centre.

## Carol Turnbull

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**From:** Ram Kumar Punia <puniark@hotmail.com>  
**Sent:** Saturday, March 7, 2020 1:30 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Cook Street Village Activity Centre  
**Subject:** 328. Cook St. Rezoning Application

Mayor and Council:

I am writing in support of in support of the Cook Street Village (CSVAC) bid to acquire the vacant space at 2-38 Cook St.

I am a both a volunteer and program participant at CSVAC and am often frustrated at the lack of space for the required programs. I often see participants waiting in hallways for one class to begin and another to start or hear them grumbling about having to share the space with another activity.

My volunteer time and other activities at CSVAC give a me a place to serve my community and a chance to make friends. It gets me out of the house and keeps me healthy and gives companionship to my days.

Wellness services in at a moderate costs and in a convenient space is welcomed by many of the Seniors who visit the centre. CSVAC could offer more services if the space was available.

The Cook Street area has only one medical clinic where often the appointments are filled by early morning. The possibility of having a Nurse Practitioner on sight would be a benefit to the wider community and to the seniors at the centre.

Please vote to support CSVAC in their bid for acquiring 2-380 Cook St.

Ram Kumar  
Volunteer, CSVAC  
925-577-9743

Sent from my iPhone

## Carol Turnbull

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**From:** drdrbrrws@gmail.com  
**Sent:** Thursday, March 5, 2020 1:55 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St. rezoning Application

Dear Madam Mayor and Council,  
I support the above application.

I did some research on the importance of Community.

The following is from healthoholics.com, just one of many websites that support the many values already provided by the CSVAC. I believe the additional space will just enhance those values.

"Without communities, we would live very isolated lives with minimal to no contact outside of our immediate social circle. Getting outside of our close-knit group, and meeting new people is an essential part of cultivating a self-fulfilled life!

It allows us to support one another, interact, share experiences and our modern life struggles. Having this open bond with others is what builds valuable relationships, and gives us a deeper sense of belonging.

Communities are also rich in resources. Your strengths may be someone else's weaknesses and vice versa. With the diversity of skills, common goals can be achieved that much faster!

...

It's especially important for members of a community to participate in decisions that impact their well-being so that they can walk away feeling empowered about fulfilling their full potential. This can happen when there are an abundance of health professionals that genuinely care about the wellbeing of others, and seeing a community thrive!"

With kind regards,

Deirdre Burrows,

778-350-1003

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***"Be kind whenever possible - it is always possible". The Dalai Lama.***  
Kindness is free - share it with a smile - also free.

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## Carol Turnbull

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**From:** Patricia McGuire <patmcgu@telus.net>  
**Sent:** Wednesday, March 4, 2020 7:12 PM  
**To:** Victoria Mayor and Council  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

At the present time I am without a doctor OR a nurse practitioner....after having accessed medical services for 35 years at the Michigan Street location where the Vic Health Co-op used to operate.

We need more nurse practitioners to free up precious time for doctors to deal with more complex issues. So any opportunity to secure another nurse practitioner and a LOCATION for such services is desperately needed in Victoria.

To this end, please support the re-zoning of 328 Cook Street.

Pat McGuire  
Victoria, BC

## Carol Turnbull

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**From:** Eleanor Ward <eleanor@groovey.com>  
**Sent:** Wednesday, March 4, 2020 7:25 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Exec  
**Subject:** Re: 328 Cook St. Rezoning Application

To Mayor and Council.

I am writing in support of this rezoning application.

I have been a member of the Cook Street Village Activity Centre for the last nine years. The Centre has offered me a variety of activities that interest me: bridge, meditation, book club, foot care nurse, chair exercises to name a few. I have made many friends and enjoy the many opportunities for social activities. Five years ago, I joined the Board of Directors as I wanted to give back to the Centre that gave me so much. My family doesn't live here and the Centre has become family to me. I hear so many similar comments from other participants.

As an individual and as a Board member I see the need for more space to deliver our programs. I see the need to develop activities that are of interest to baby boomers and younger. I'm just a couple of years older than the baby boomers and can see that they have a broad range of interest in activities. The Centre is delivering these programs. We are delivering several wellness services such as massage, foot care, meditation, acupuncture, hair cuts and we are almost ready to begin a nurse practitioner service. As well, we are slowly increasing our evening and weekend programming in order to have programs for younger seniors who may still be working.

All of these mean that we are very crowded for space. We need Unit 2 - 380 Cook St. This space offers us the opportunity to move our wellness programs away from the other activities and into a more suitable space for them. This will free up space for our regular and any new programming.

Thank you for all your support to our Centre.

Eleanor Ward  
President  
Cook Street Village Activity Centre

## Carol Turnbull

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**From:** Lynn Husted <lynnhusted@gmail.com>  
**Sent:** Wednesday, March 4, 2020 8:00 PM  
**To:** mayorandcouncil@victoria.ca  
**Subject:** 328 Cook St Rezoning Application

Dear Mayor and Council,

We hope you will support the rezoning of 328 Cook Street to allow the Victoria Health Co-op to create exam and treatment room space in the Cook St Village Activity Centre.

We joined the Health Co-op several years ago to access the wellness treatments provided by donation once a month. We are very impressed with the quality of the professionals involved in the co-op and wellness clinics.

Several years ago, my husband's long-time family doctor retired and we were not able to find another doctor. This was very scary situation as he has many health issues which require ongoing monitoring. I know thousands of Victorians are in the same situation. Walk-in clinics are not the answer. We were very lucky in that we were able to find a nurse practitioner at the Health Point Care Centre who had time for my husband. The nurse practitioner has been absolutely wonderful, my husband's health has improved and I feel so relieved!

So many people would benefit from the services of the Co-op nurse practitioner and the continuation of the Co-op education and wellness treatments. Please support the rezoning so that this wonderful organization can continue to provide its much needed services.

Sincerely,

Lynn Husted  
Terrance Berscheid  
Saanich BC

## Carol Turnbull

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**From:** MARIANNE BARTRAM <marianneanddavid@shaw.ca>  
**Sent:** Thursday, March 5, 2020 11:57 AM  
**To:** executivedir@csvac.ca  
**Subject:** Fwd: 328 Cook St. Rezoning Application

Sent from my iPad Marianne Bartram

Begin forwarded message:

**From:** MARIANNE BARTRAM <marianneanddavid@shaw.ca>  
**Date:** March 5, 2020 at 11:30:54 AM PST  
**To:** [mayorandcouncil@victoria.ca](mailto:mayorandcouncil@victoria.ca)  
**Cc:** Carol Meyer <[decembercarol11@gmail.com](mailto:decembercarol11@gmail.com)>  
**Subject:** 328 Cook St. Rezoning Application

Mayor and Council

I am writing in support of Cook Street Village Activity Centre (CSVAC) obtaining the additional space in Unit 2 at 380 Cook St.

I am one of the volunteer receptionists at the centre and know firsthand that space is a challenge at CSVAC.

Over the years I have witnessed a change in the age group and activity levels of the members/attendees. Although we will always have programs/activities that our longtime and older members have grown to love, we seem to be attracting more “younger” seniors and our programs/activities have started to evolve to reflect the change. The younger seniors have different interest and also tend to be more active participants who want programs that challenge their intellectual and physical abilities. They also want more wellness programs.

It is becoming increasingly difficult to fit everything we offer in our programs into the space provided. Often several activities/meetings have to wait to get into the room assigned for them and/or the space provided has to be shared with another activity.

The various practitioners in our wellness program are booked full and could be seeing more clients if there was not a time limit on the space presently available.

Our neighbourhood is growing fast, numerous condo buildings are being built in the area. Seniors are downsizing, giving up cars and will probably be moving into most of those condos.

There is only one walk in clinic available in the Cook Street/Fairfield area and having to wait in line, outside, in all types of weather conditions, for the clinic to open so one can book an appt (there is no allowance to do this over the phone) only to be told the appointments are fully booked is dehumanizing. Offices for a Nurse Practitioner at 2-380 Cook St. would greatly relief

this situation.

Victoria prizes itself to be a forward moving community and states it is interested in bringing more and better services to seniors. Allotting the additional space at 2-380 Cook St. to CSVAC to enable program and service extensions for seniors is a firm commitment to what otherwise would only be wishes and empty promises.

Please vote to accept the CSVAC bid for the additional space at 2-380 Cook St.

Sincerely

Marianne Bartram  
405-505 Cook St  
250-589-0484

## Carol Turnbull

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**From:** Sharon Strong <sharon.strong2@gmail.com>  
**Sent:** Thursday, March 5, 2020 10:24 AM  
**To:** executivedir@csvac.ca  
**Subject:** Letter for Mayor and Council re: additional space in Unit 2 (2-380 Cook St)

Dear Mayor and Council Members,

I am a community volunteer at the Cook Street Village Activity Centre and live in the community. I would like to ask that you would consider very seriously this application for additional space at our Centre.

Presently we have many daily well-used programs for the people in our community and they rely heavily on the Centre for not only community and social support but even more so on the wellness programs we offer.

I see the Centre as being a hub for connecting to and supporting all participants in our community and feel it would diminish their lives to continue without these services.

At the moment we are challenged to offer enough needed programming for people and at times must turn down applications for support of these programs as we lack the space to accommodate them.

Please consider this application for additional space as not only an essential service but also a necessity in support of healthy social services in our community.

Thankyou for taking the time to consider this application.

Sincerely,

Sharon Strong,

Volunteer, Cook Street Village Activity Centre

109-1149 Rockland Avenue, Victoria, BC V8V 4T5

## Carol Turnbull

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**From:** Bev's Gmail <banddruhl@gmail.com>  
**Sent:** Thursday, March 5, 2020 9:51 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook Street Rezoning Application

Good morning to Victoria Mayor and Council,

I am Vice-President on the Board at Cook Street Village Activity Centre. I have been coming to the Centre since 2006 and love the warm welcome I always get, the opportunity to volunteer and the super friends I have made. I also know first hand how desperately we need Unit 2 at #2 - 380 Cook Street.

We have Wellness Services as part of our Strategic Plan and are working to expand the services we are already offering and the major setback is that we don't have enough room for them and the activities we already offer at the Centre. There is a constant struggle to fit everyone in to the existing structure and people often find themselves having coffee or lunch in the office, hall or even outside.

In the Cook Street area there is a huge need for us to expand what we are offering, especially with Wellness Services, as the area continues to grow. The Senior's Task Force recommends that senior's centres need more funding and that health care needs are a high priority. For the seniors in our area this has become a very real concern and I think that CSVAC can become a vital part of the solution.

I totally support this bid for additional space for Cook Street Village Activity Centre.

Sincerely,

Bev Ruhl

## Carol Turnbull

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**From:** Helen Caldwell <caldwe\_h@hotmail.com>  
**Sent:** Wednesday, March 4, 2020 1:25 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca  
**Subject:** Rezoning application 328 cook Street - additional space

I am writing this to you as I feel very strongly about how important Cook Street Village Activity Centre is to me and how the additional space would benefit so many.

I moved to Victoria 3 years ago and I am renting an apartment on Southgate Street. I had lived in Ontario for 30 years and left behind my neighbours and friends I had made in that time. I also left my doctor behind that I had been seeing for over 25 years.

I came alone so had to force myself to get out in the community and meet new friends. Almost the first thing I did was check out CSVAC as it was so close for me to walk to.

In the last 3 years I have been going to regular exercise classes, yoga, craft group. By doing this, I have met so many people.

The centre also offers wellness options like massage therapy which I also use regularly. They also offer options to go to other services like acupuncture, reflexology, meditation, tai chi, art classes. I could go on, but hopefully you get the point that CSVAC is very important to a lot of lonely people in this neighbourhood.

Every room in the centre gets used. I go there often just to pick up a book to read or a jigsaw puzzle and there are always people around and activities going on.

The main drawback to living here in Victoria is that I have no doctor. There is a medical clinic close by where you need to line up outside for over an hour before they open in order to get an appointment for that day. Some days the clinic is only open for a few hours and the appointments fill very quickly. So far, I have remained reasonably healthy, mainly needing prescriptions refilled, but I am now 69 years old and am worried about my future if I still need to line up every time I need some medical help. I am not alone in this. Very few people I talk to actually have a doctor in this area unless they have lived here for a long time.

When I first heard about nurse practitioners and went to the meeting at the Centre, I became hopeful that the centre would be able to get the extra space they need, and therefore would be able to offer more wellness choices, including the services of a nurse practitioner.

Please, please put yourself in the situation so many people are in, where they wait until their condition gets to the serious stage and eventually go to emergency at the hospital, when maybe that could have been avoided.

Thank you.

Helen Caldwell

Sent from my iPad



**Carol Turnbull**

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**From:** marjie welchframe <wildroez@uniserve.com>  
**Sent:** Wednesday, March 4, 2020 3:30 PM  
**To:** mayorandcouncil@victoria.ca  
**Subject:** Re: 328 Cook St. Activity Centre Rezoning Application

This is a letter of support to rezone Cook St. Village Activity Centre, 380 Cook St., to include Unit 2 adjacent to the present property.

If rezoned, the space will be well-used by Centre members. The present concept is to make use of Unit 2 as an area for Wellness: for exercise classes, for massage and footcare clients, perhaps a Nurse Practitioner, for yoga.

All spaces in Cook St. Village Activity Centre are regularly engaged in popular member activities. In the three years in which I have been a CSVAC member staff have added presentations, classes, and events to the Centre calendar which have enriched members' lives. In order for staff to continue to do this, extra space would be of enormous benefit.

I love being a member of CSVAC and live a healthier physical and emotional life because of the programs offered.

Please seriously consider the 328 Rezoning Application for the Cook St. Village Activity Centre. Thanks. Marjie Welchframe :)

## Carol Turnbull

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**From:** Bruce Chambers <words1@telus.net>  
**Sent:** Wednesday, March 4, 2020 3:57 PM  
**To:** Executivedir@csvac.ca; kevin.campbell065@gmail.com  
**Subject:** Fwd: 328 Cook St Rezoning Application

I sent this email to the city but forgot to copy you.

Thanks.

Bruce

Begin forwarded message:

**From:** "Ben Isitt (Councillor)" <BIsitt@victoria.ca>  
**Subject:** RE: 328 Cook St Rezoning Application  
**Date:** March 2, 2020 at 10:52:51 AM PST  
**To:** Bruce Chambers <words1@telus.net>

Thank you for providing this input, Bruce.

Ben

Ben Isitt  
Victoria City Councillor and CRD Director  
Email. [bisitt@victoria.ca](mailto:bisitt@victoria.ca)  
Tel. 250.882.9302

**From:** Victoria Mayor and Council <[mayorandcouncil@victoria.ca](mailto:mayorandcouncil@victoria.ca)>  
**Sent:** March 2, 2020 10:35 AM  
**To:** Bruce Chambers <words1@telus.net>  
**Subject:** RE: 328 Cook St Rezoning Application

Dear Bruce,

Thank you for your email regarding a proposed development application at 328 Cook Street, it has been shared with Mayor and Council.

Your email has also been filed with the correspondence for this address, and will be shared with Mayor and Council again during the opportunity for public comment. Additionally, information on the application is posted to the City's [Development Tracker](#).

Thank you for sharing your thoughts with Mayor, Council and the City of Victoria.

Sincerely,

Heather McIntyre  
Correspondence Coordinator  
Mayor / City Manager's Office  
City of Victoria  
1 Centennial Square, Victoria BC V8W 1P6



**From:** Bruce Chambers <[words1@telus.net](mailto:words1@telus.net)>  
**Sent:** February 28, 2020 7:49 PM  
**To:** Victoria Mayor and Council <[mayorandcouncil@victoria.ca](mailto:mayorandcouncil@victoria.ca)>  
**Subject:** 328 Cook St Rezoning Application

Hi,

I've had the same wonderful doctor for 16 years but she's retiring at the end of June. This leaves me like 70,000 other people in Greater Victoria without a family doctor. What I need most is continuity of care. Someone who knows and treats my conditions and can refer me to specialists when necessary. I understand that Nurse Practitioners are increasingly filling this role. Therefore, I support the Victoria Health Co-op's plans for exam and treatment space for Nurse Practitioners. This is an essential service and I'd like the city to give its full support.

Thank you.

Bruce Chambers  
#103, 280 Douglas Street  
Victoria BC V8V 2P2  
(250) 360-0367

**Carol Turnbull**

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**From:** Jed Goldberg <sandjgoldberg@gmail.com>  
**Sent:** Wednesday, March 4, 2020 1:11 PM  
**To:** executivedir@csvac.ca  
**Subject:** Fwd: Cook St. Village Activity Centre

FYI

cheers

Jed

----- Forwarded message -----

**From:** **Jed Goldberg** <sandjgoldberg@gmail.com>  
**Date:** Wed, Mar 4, 2020 at 10:12 AM  
**Subject:** Cook St. Village Activity Centre  
**To:** <mayorandcouncil@victoria.ca>  
**Cc:** <carol@csvac.ca>

Dear Mayor Helps and Council

I am a resident of Fairfield and a frequent user of the Cook St. Activity Centre.

The Cook St. Village Activity Centre is a major hub in our neighbourhood that is extremely well used and vital to the health of the community. So many varied activities and programs are offered there that would not be accessible to most without the Centre. Since I am in the Centre multiple times a week I have noticed that it is cramped and needs more space. The activity I participate in twice a week needs to move from room to room without a permanent home because of the lack of space.

It is my understanding that there is available space located on the west side of the Centre that has been vacant for some time.

I would strongly suggest that Council move to have this vacant space given to the Centre for the benefit of the entire Fairfield community and beyond.

Sincerely

Jed and Shayla Goldberg  
Richardson St.  
Victoria

## Carol Turnbull

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**From:** Jamie <jdlx0808@gmail.com>  
**Sent:** Wednesday, March 4, 2020 1:13 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; Vanessa Hammond  
**Subject:** 328 Cook St Rezoning Application

Mayor Helps and Council:

I am writing in support of this application to permit the Cook Street Village Activity Centre to create examination rooms for a proposed community health centre operated by the Victoria Health Co-op. My wife and I are members of the Co-op and very much support this initiative and require access to primary health care on a personal basis.

Since moving to Victoria 10 years ago we have lived at the same address in James Bay. It took us a year to get a primary health care provider which we did through the James Bay Community Project medical clinic when it was operated by the Health Co-op from 2011. We went through 2 general practitioners in the co-op, one of whom retired and the other left practice. In 2018 the Co-op was forced to sell the clinic to a private operator because of the increasing costs of operations. The private operator, Whiteye Clinic closed the site in 2019 after losing a number of general practitioners, including a third general practitioner who we were seeing for about a year. Since that time we have not had a primary health care provider and have been forced to use "walk-in" clinics when we need medical care.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

We are hopeful that once the co-op has space at 328 Cook Street we will once again be able to have reliable primary health care for our family.

Please feel free to contact me if you have any questions.

I appreciate your taking the time to consider our message.

James Deitch and Yuan Xiang  
[jdlx0808@gmail.com](mailto:jdlx0808@gmail.com)

## Carol Turnbull

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**From:** Joni Hockert <joni.hockert@gmail.com>  
**Sent:** Wednesday, March 4, 2020 10:27 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** Unit 2 380 Cook Street

I write to you with both a sense of desperation and a sense of hope. My desperation comes from being recently diagnosed with bladder cancer and not having a GP. As you may or may not be aware, cancer treatment involves multiple appointments, including appointments with a GP. Since I don't have a GP I am forced to stand in line at my local clinic, frequently for more than an hour, to get an appointment for later in that day. If you are familiar with the side effects of chemo, you will understand that I am weak, nauseous, and in pain most of the time. Standing outside, especially in the cold and rain, is not helpful. Nor is standing in line with people who are sick and contagious as my immune system is quite compromised. This is a truly dreadful situation to be in.

My sense of hope comes from the Cook St. Village Activity Centre and its efforts to expand in order to house a wellness centre. This centre would include a Nurse Practitioner who would be able to fulfill many of the needs of those of us without a GP. This would be a truly wonderful thing for our community.

In addition to being a member of CSVAC, I am a volunteer and a member of the Board of Directors. I can truthfully say that much of my emotional support and sense of wellbeing during this health struggle comes from the CSVAC community. There is no group of people more suited to developing a wellness centre. They currently have a number of wellness programs in place which are so popular, they have wait lists weeks in advance. The expansion of these services can only add to the health and wellbeing of even more community members.

I cannot stress enough how much of a difference in people's lives the expansion of CSVAC into Unit 2 would make. We are desperate for additional health services and hopeful you will make this happen.

Thank you for your kind and reasoned consideration.

Joan Hockert, MA(Ger), MSW  
Member Board of Directors  
Cook St. Village Activity Centre

## Carol Turnbull

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**From:** Yvonne Parti <yvonne.parti@gmail.com>  
**Sent:** Tuesday, March 3, 2020 12:15 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St. rezoning application

Dear Mayor and Council

You have an application before you to rezone 328 Cook St. to allow for the expansion of Cook St. Village Activity Centre (CSVAC). CSVAC is a community hub - a place to get information, to socialize, to learn and enjoy oneself, even to pick up fresh fruits and veggies once a week: its staff and many volunteers create a welcoming, inclusive environment.

I participate in activities at CSVAC several times a week, and appreciate the wide range of interests and abilities that are catered to in their programming. There is so much going on at CSVAC that space is at a premium, and with every nook and cranny in use, it is often hard to find a quiet corner to sit with a friend over coffee! You could say, it is bursting at the seams.

Thank you for considering our rezoning application.

Yvonne Parti  
Pakington St., Victoria



**Carol Turnbull**

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**From:** LAUREN MARTIN <laurenmartin@shaw.ca>  
**Sent:** Tuesday, March 3, 2020 2:13 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook Street Rezoning Application

Dear Mayor and Council:

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in the area who do not currently have primary health services and adequate wellness services. The proposal for 328 Cook Street will enable the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. The Co-op's practitioners, patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the well being of community residents. I wholeheartedly support this endeavour.

Thank you.

Lauren Martin  
Victoria Health Co-op Member

## Carol Turnbull

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**From:** KAREN ULDALL-EKMAN <kue@shaw.ca>  
**Sent:** Tuesday, March 3, 2020 2:45 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; vichealthcoop  
**Subject:** Victoria Health Co-op

Dear mayor & Council

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents. It is becoming increasingly difficult to access in-person health care these days. Please support this initiative!

Thank you,

Karen Uldall-Ekman  
2892 Dysart Road  
Victoria, BC

## Carol Turnbull

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**From:** Jovelyn Dabu <myonee100919@gmail.com>  
**Sent:** Tuesday, March 3, 2020 6:35 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca  
**Subject:** 328 Cook Street Rezoning

Mayor Helps, and City Council

The community would greatly benefit with more space for healthy activities. We hope to have room for Nurse Practitioner in the near future.

Many people do not have a family doctor and have to line up between 6:30 and 8:00 at the Drop in Clinic to get an appointment for that day (in the cold and rain).

CSVAC is important to me for the following reasons.

- A. Exercise
- B. Singing together
- C. Friendship with other members
- D. Movie and popcorn Saturday afternoon

Thank you for your consideration.

Nadine Kenney  
934 Collinson Street

## Carol Turnbull

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**From:** Lee Fuge <leefuge@pacificcoast.net>  
**Sent:** Wednesday, March 4, 2020 7:29 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; Vanessa Hammond; vichealthcoop@gmail.com  
**Subject:** 328 Cook St Rezoning Application

Hello Mayor and Council,

I live in Fairfield and am a member of both the Victoria Health Co-op and the Cook Street Activity Centre. I live close to the Centre and attend exercise classes there which help me deal with Parkinson's symptoms. I also receive treatments from the practitioners offering their services to Victoria Health Co-op members. Access to a community based health centre would contribute to the wellbeing of many people in our neighbourhood.

I strongly support this rezoning proposal.

Lee Fuge  
#306, 1145 Hilda Street, V8V 2Z5  
Phone 250-385-7974

**Carol Turnbull**

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**From:** Louise n'ha Ruby <lnharuby@gmail.com>  
**Sent:** Wednesday, March 4, 2020 8:26 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; Victoria Health Co-Op  
**Subject:** 328 Cook St. Rezoning Application

Unfortunately my computer has been in the shop and I may have missed the Council deadline. However, I would like to express my hope that the Rezoning Application has been approved.

I am one of the many citizens of Victoria who do not have a doctor here. My doctor is in Duncan and I do not own a car so when I need to see her I have to arrange overnight accommodation in order to take the bus and attend. I have a complex medical history and walk-in clinics for emergency situations are not the best.

I am excited and encouraged by the work being done by the Victoria Health Co-op to create and staff a Wellness Centre in the Cook Street Village.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access medical and health space at the Cook St Village Activity Centre. We will be able to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

Thanks for your consideration,

Louise n'ha Ruby

## Carol Turnbull

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**From:** Jean Kucy <jakucy@yahoo.ca>  
**Sent:** Tuesday, March 3, 2020 10:04 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** Re: 328 Cook St. Rezoning Application

To Victoria City Mayor and Council:

It is my understanding that a request has been made to the Victoria City Council to use Unit 2 available within the building and behind the Cook Street Village Activity Centre. As this would be an ideal place for a wellness centre to serve the community, I offer this letter of support asking the Victoria City Council members to vote in favour of the request.

In view of the urgent need in Victoria of family doctors, the inclusion of a nurse practitioner to serve residents is even more crucial at this time. A number of my neighbours and members of the Centre have mentioned that they are without a family doctor. With an easily accessible location and the services of a variety of health professionals, a facility such as this would be a definite asset and beneficial to the larger community.

With the additional space in Unit 2, it would be a great chance to expand the wellness services and relieve some of the pressure of juggling current space within the Centre to accommodate both these services and the other programs and activities that members enjoy. In this way, more programs and courses could be offered and would further enhance the Centre's value in the community.

On a personal level, I have been a member of the Centre for many years. It provides me with the opportunity to meet members of this community in a social and friendly atmosphere. In addition, I am pleased to be able to volunteer my services in the Centre contributing to make Victoria a welcoming place for Seniors and members of the public. Even "snow birds" visiting our Centre share a variety of experiences with us and enjoy the ambiance.

I look forward to your support of this Rezoning Application as I see it as a Win-Win situation.

Yours sincerely,

Jean Kucy

Suite 205, 1035 Southgate St.

Victoria, BC V8V 2Z1

**Carol Turnbull**

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**From:** Ashley Wheaton <ashley.wheaton@gmail.com>  
**Sent:** Tuesday, March 3, 2020 11:06 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; Vanessa Hammond  
**Subject:** 328 Cook St Rezoning Application

Dear Mayor and Council,

I am writing to support the proposal to enable the Victoria Health Co-op to access space for Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments at 328 Cook St.

As you are aware, our city is experiencing a crisis in access to primary health services. Approving this rezoning application would go a long way towards serving some of the many residents of Greater Victoria that lack access to much needed health services.

My family of five and many other families who hope to benefit from Nurse Practitioner services that would be provided at the Cook Street Village Activity Centre thank you for your support in approving this proposal.

Sincerely,  
Ashley Wheaton

## Carol Turnbull

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**From:** George Balanyi <georgebalanyi@gmail.com>  
**Sent:** Tuesday, March 3, 2020 8:47 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** info@cookstreetvillageactivitycentre.com  
**Subject:** 328 Cook St. Rezoning Application

I am supporting CSVAC in the need of additional space which will be a great Benefit for the community.  
CSVAC is important for me. Excellent activities! Great people!

Sincerely,  
George Balanyi (member)



## Carol Turnbull

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**From:** Mary Jane Collins <silkcocoon.healing@hotmail.com>  
**Sent:** Monday, March 2, 2020 7:44 PM  
**To:** mayorandcouncil@VICTORIA.CA  
**Cc:** executivedir@csvac.ca; kevin.campbell065@gmail.com; Vanessa Hammond  
**Subject:** 328 Cook St Rezoning Application

Hello Mayor and Council,

In the last ten years I have had four Family Physicians, each of whom have had a change in their lives that meant leaving their practice. Each time this happened, I experienced a pause between doctors as I looked for someone taking new patients. I am very fortunate to have found someone each time. I am now in that pause place and very hopeful of seeing a Nurse Practitioner with the Victoria Health Co-op.

*The approval of the proposal for 328 Cook Street would enable the Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments.*

For me, and I believe for most of us, these services are essential to maintaining the best health possible. I value continuity of care, and as I age I hope this continuity will be in place for me.

I am excited at the prospect of space for an expanded community of health care practitioners, current and Co-op, at the Cook Street Village Activity Centre. I hope you are too.

I value the work we do together towards supporting the health and well-being of the residents of our community.

Thank you for your consideration.  
warm regards,

Mary Jane Collins  
#306- 1145 Hilda Street  
Victoria V8V 2Z5

## Carol Turnbull

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**From:** David <DavidMalcolm@shaw.ca>  
**Sent:** Monday, March 2, 2020 6:46 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; kevin.campbell065@gmail.com  
**Subject:** 328 Cook St Rezoning Application

### 328 Cook St Rezoning Application

I am one of the thousands of people in Greater Victoria who lack a primary care physician. After 30+ years of stable support from one doctor, when he retired ~3 years ago I found myself joining the ranks of those without a family doctor. My doctor had worked out of 547 Michigan Street so I became familiar with and joined the Victoria Health Coop.

I am aware of the VHC's proposal to establish a team of Nurse Practitioners and I would gladly join such a practice. But they need a space to offer this service.

By this letter I am asking you to look favourably on the 328 Cook Street Rezoning Application to support establishing a Nurse Practitioner service. It will help fill a pressing community need.

Sincerely,

David Malcolm

davidmalcolm@shaw.ca

## Carol Turnbull

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**From:** Cathy Bannink <cathy.shanti@gmail.com>  
**Sent:** Monday, March 2, 2020 5:15 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application

*Mayor and Council Members,*

*I'm writing to lend my support to the proposal for the dedication of space at the Cook Street Village Activity Centre for the Victoria Health Co-op to provide Nurse Practitioner Services. The Health Co-op has been providing education and services to the community for many years. When we lost medical practitioners at the James Bay Community Project it left even more people in the community without primary health services. Walk In Clinics in this city are overwhelmed, making it very difficult for many people in the community to see a doctor.*

*When I first joined the Victoria Health Co-op and began using the medical clinic we had a Nurse Practitioner who provided a wonderful service. We need a Nurse Practitioner now to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The space at Cook Street would also allow the important health and wellness education and wellness treatments of the health co-op to continue for the wellbeing of community residents.*

*Please allow the exam rooms at the Cook Street Village Activity Centre to be built. This is a very important project to move forward with as quickly as we can.*

*Thank you for your attention to this matter.*

*Sincerely, Cathy Bannink  
410 Government Street, Victoria, BC*

## Carol Turnbull

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**From:** Joan Mason <jhmason@telus.net>  
**Sent:** Monday, March 2, 2020 4:45 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook Street Rezoning Application

Mayor, Council and City of Victoria staff

I am writing in support of the rezoning application for 328 Cook Street. I and my husband have been residents of Victoria for 35 years and 78 years, respectively. We have been extremely fortunate to have a family physician for over 30 years. Last year, following the retirement of our doctor, we were lucky to find another family physician. However, most of our friends and family here in Victoria are searching for a physician without success, following the retirement of their doctors. Many of them are older adults, with some ongoing health concerns that require management.

As this is an issue throughout the Province and one that is unlikely to change in the foreseeable future, I see a need for new models of primary health care. I believe that the Victoria Health Coop can fill this need. The Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. The Cook Street Village location is ideal for such a clinic and would provide an important service to those living in the Cook Street Village and Fairfield areas.

I urge you to approve the rezoning application to allow Aragon Properties to build this mixed residential and commercial development and provide a home for the Victoria Health Coop.

Yours sincerely  
Joan Mason and Larry Elford  
777 Pemberton Road  
Victoria, BC V8S3R3

## Carol Turnbull

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**From:** Victoria Mayor and Council <mayorandcouncil@victoria.ca>  
**Sent:** Monday, March 2, 2020 3:27 PM  
**To:** Carol Turnbull  
**Subject:** Automatic reply: 328 Cook St Rezoning

Thank you for your email, we appreciate hearing from you. Your comments will be forwarded to Mayor and Council for their information. Your email will also be referred to staff for review, who will provide a detailed response where required.

**Please note:** If you are emailing to provide your input on a development item going to a Committee of the Whole or Council meeting, your email will be published on a public agenda for Council's consideration. If you are providing input on an item going to a Public Hearing, your email will be sent directly to [publichearings@victoria.ca](mailto:publichearings@victoria.ca) to be published on a public agenda for Council's consideration.

Information regarding any development application is available on the City's [Development Tracker](#). Public Hearing dates are posted on the [Public Notices](#) page of the City of Victoria website.

*If your email relates to a development item that has been the subject of a Public Hearing that has already closed, Council is unable to receive further input and your message will not be shared.*

Thank you for taking the time to write, we hope you will continue to stay engaged on City matters in the future.

## Carol Turnbull

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**From:** Carolyn Hammond <chammond@uvic.ca>  
**Sent:** Monday, March 2, 2020 12:06 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application

Dear City Council,

I encourage you to grant the rezoning application to establish a Nurse Practitioner-run health clinic at the Cook Street Village Activity Centre.

I am a senior citizen who recently lost my primary care physician due a closure of the practice.

Kind regards,  
Carolyn Hammond  
Victoria Resident

## Carol Turnbull

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**From:** Moira Nasim <mnasim@shaw.ca>  
**Sent:** Monday, March 2, 2020 10:16 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application".

Hi Folks;

My husband & I have been Victoria residents for 20 years now; we did have a primary doctor until recently, but she has now left her family practice. Prior to that we had 3 other family doctors - all of whom have left FP or moved on to other specialties. In the past several months we have tried in vain to find a new doctor. We do hope the proposed venture at Cook St. Activitiy Centre can become a reality very soon.

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

Please consider supporting this new endeavour.

With kind regards,  
Moira and Cyril Nasim  
244 Moss Street

## Carol Turnbull

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**From:** Marg MacQuarrie <outlook\_C59556111E9E1D33@outlook.com> on behalf of Marg MacQuarrie <mull@telus.net>  
**Sent:** Friday, February 28, 2020 4:39 PM  
**To:** mayorandcouncil@victoria.ca  
**Subject:** 328 Cook St Rezoning Application

Dear Council, my Doctor recently retired, leaving no one to carry on her work. She has been my Doctor for 25 years, but now I will join the 700,000 other British Columbians who are without a Doctor. The odds of finding another one are abysmally low, and so I would encourage you to please approve the rezoning of the Cook Street Activity Centre.

The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. They hope to serve some of the 70,000 people in our area who do not currently have primary health services and adequate wellness services.

Thank you for your consideration,  
Margaret MacQuarrie  
1537 Morrison Street  
Victoria, BC.



## Carol Turnbull

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**From:** Kori Doty <koridoty@gmail.com>  
**Sent:** Friday, February 28, 2020 7:10 PM  
**To:** mayorandcouncil@victoria.ca; executivedir@csvac.ca  
**Subject:** 328 Cook & Primary Health Access

To Mayor Helps and Victoria City Council,

I am contacting in support of the rezoning approvals required for the Victoria Health Co-op to provide Nurse Practitioner services out of the space at 328 Cook St.

I grew up in the region and have returned to Victoria to raise my child. We both have medical conditions that would really benefit from having the level of care a Nurse Practitioner could provide. We were under the care of a Nurse Practitioner in our previous residence in the Slocan Valley, where even from a rural place, we received a high level of comprehensive care from a compassionate and knowledgeable care provider. At current, without a primary care provider, aspects of my child's and my health are held by me as a parent, and in silos of specialist clinics, walk-ins and emergency rooms.

I also work with queer and trans youth in local programs. Conversations among these youth, many of whom have unmet health care needs, often return to the lack of options for accessing comprehensive care.

Approving the rezoning required to support VHCC and Cook St Village Activity Centre is a step council can take to improve access to comprehensive health care for its residents, improving the health of our city.

In Solidarity,

Kori Doty  
(they/them)

Parent

Director Trans Tipping Point Youth Arts Mentorship

Coordinator Victoria Pride Society - Youth Leadership Council

*The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.*

--

Kori Doty

[koridoty.com](http://koridoty.com)

Inciting Revolution through Imagination and Education

c)250-551-6595

*Grateful to be living and working on Unceded Territory of the Lekwungen Speaking Songhees, Esquimalt and WSÁNEĆ peoples.*

## Carol Turnbull

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**From:** Rapaport <franrap@shaw.ca>  
**Sent:** Friday, February 28, 2020 7:10 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull  
**Subject:** 328 Cook St. Rezoning Application

As a senior approaching 80, CSVAC provides me with a unique opportunity to participate both as a member and as a volunteer. As a member, to share in activities including exercise classes, games and educational opportunities, and, as a volunteer, to interact with members of the community in a leadership role, responsible for a number of decisions and functions.

Due to the growth of our membership and of our programs and activities, CSVAC has outgrown its current walls and requires an expansion of its facilities in order to continue meeting the current level of needs of our seniors' community. To help fulfill these needs, the addition of Unit 2 would provide crucial space which we are already relying on.

Thank you for your consideration.

Frances Rapaport  
Director

## Carol Turnbull

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**From:** Laura Bernard <ellbeejason@gmail.com>  
**Sent:** Saturday, February 29, 2020 3:15 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; kevin.campbell065@gmail.com  
**Subject:** 328 Cook St Rezoning Application

*Hello,*

*The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.*

*After having my family doctor close her practice October 2019 I can testify to what a hardship it is to not have a dedicated family doctor or nurse practitioner to make appointments with for prescription renewals.*

*Thank you,  
Laura Bernard  
Text only: 250-686-9305*

## Carol Turnbull

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**From:** Allen Evans <nellasnave@shaw.ca>  
**Sent:** Saturday, February 29, 2020 4:07 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca; programmer@csvac.ca  
**Subject:** Re: 328 Cook St. Rezoning Application for Unit 2 additional space:

To: Victoria Mayor & Council.

I would appreciate your support and approval of this rezoning application on Thursday, March 19th. for the needed expansion of our Cook Street Village Activity Centre. I am a very happy new member of this centre and I want to continue with my attendance as it is friendly with good activities and supportive of us seniors.

The need for additional space becomes very obvious with our increasing active memberships and the lack of room for the needed activities offered. I gather with this space the centre will be able to accommodate their planned new services for the community and increase the individual activities for their members.

Thank you for this opportunity and your continued support for the Cook St. community.

Yours truly,

Allen Evans.

My address:

#202-420 Linden Ave.  
Victoria, B.C. V8V 4G3  
Phone: 250-294-5784

## Carol Turnbull

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**From:** abhumphries.ca@gmail.com  
**Sent:** Saturday, February 29, 2020 9:24 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; 'Victoria Health Co-Op'  
**Subject:** 328 Cook St Rezoning Application

Dear Mayor Helps,

We emailed you in July, 2019 stating that as seniors living in Victoria without a Family Doctor or primary healthcare provider, we fully support the efforts of Victoria Health Co-op to offer Nurse Practitioner services at the Cook Street Village Activity Centre.

The Victoria Health Co-op needs exam and treatment room space to serve some of the tens of thousands of people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. The Nurse Practitioners, patients and those practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

We hope that we can depend on your support for the rezoning application to allow the exam rooms for the Nurse Practitioner services at Cook St.

Thank you,

Alan and Barbara Humphries  
Superior Street, Victoria V8V 1V1

## Carol Turnbull

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**From:** Lyn Stewart <lyn.stewart.invic@gmail.com>  
**Sent:** Sunday, March 1, 2020 8:49 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull; Victoria Health Co-Op  
**Subject:** 328 Cook St Rezoning Application

Dear Mayor Helps,

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services.

The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments on a monthly and continual basis, so that all residents of Victoria have the ability to access to health care if needed. And particularly for residents of Victoria who have no family doctor.

Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents for a long term solution.

Regards,

*Lyn Stewart*

## Carol Turnbull

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**From:** Joy.Hillier <joy.hillier@gmail.com>  
**Sent:** Sunday, March 1, 2020 9:32 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** "328 Cook St Rezoning Application"

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who like me do not currently have Primary Health Services and adequate wellness services.

The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

Kindly,

Marina J Hillier



**Carol Turnbull**

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**From:** Cathie <catherineb@shaw.ca>  
**Sent:** Sunday, March 1, 2020 2:07 PM  
**To:** Executivedir@csvac.ca  
**Subject:** Re: Zoning application letter to Mayor and Council

Copy of email sent:

*Mayor and Council:*

I urge you to approve this zoning change – to assist the Health Co-op, who has worked tirelessly to bring this much needed service to our community.

*The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.*

Thank you, Cathie Ballard

## Carol Turnbull

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**From:** Medwyn McConachy <mcconachy.medwyn@gmail.com>  
**Sent:** Sunday, March 1, 2020 7:32 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** executivedir@csvac.ca  
**Subject:** 328 Cook Street - Rezoning Application

Dear Mayor and Council,

I am a member of the Victoria Health Co-op and very interested in the work they are doing to provide Nurse Practitioner and Wellness services to residents in my community.

I moved to Victoria in September 2017 and was surprised to find that not only could I not find a family doctor, but I was among thousands in this community who are in the same situation. The Victoria Health Co-op is a great example of citizens stepping up to help themselves in a situation where existing systems and structures are falling short.

The Victoria Health Co-op has partnered with Cook Street Village Activity Centre to create a space where Nurse Practitioners and other wellness service providers can offer medical treatments and support to the community. This rezoning application will facilitate the creation of a centre which is much needed.

I am writing to urge Council's approval of the rezoning application

thank you for reading my letter

sincerely

Medwyn

Medwyn McConachy  
[www.medwynmcconachy.com](http://www.medwynmcconachy.com)  
[www.medwynmeandering.wordpress.com](http://www.medwynmeandering.wordpress.com)

I acknowledge with gratitude and respect the Lekwungen speaking peoples on whose traditional territory I reside and the Songhees, Esquimalt and WSÁNEĆ whose historical relationships with this land continue to this day. I am thankful each day to live on this beautiful land, nourished by the ocean, the trees and touched by the traditions and ceremonies once banned by settler occupiers. I commit to actively supporting the indigenous peoples of the country called Canada as they stand strong protecting their hereditary rights.

*'...age does not necessarily mean getting old. At least, not in the ordinary sense. I feel many things more intensely than ever before, and for me life grows more fascinating.'* written at age 93 by Pablo Casals, cellist, (December 29, 1876–October 22, 1973)

## Carol Turnbull

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**From:** Margarete Helmuth <msahelmuth@gmail.com>  
**Sent:** Sunday, March 1, 2020 10:08 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application

Since we have moved to Victoria, we find that it is very difficult to get primary health care. This is our reason to fully supporting the Victoria Health Coop in their effort to find space for an exam and treatment room space to serve some of the 70 000 people to apparently do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook Street would enable the Victoria Health Co-op to access space to provide Nurse Practitioner Services, a Medical Office assistant, a health and wellness education and wellness treatments. The practitioners, the patients as well as those practitioners currently working at the Cook Street Village Activity Centre would be able to work together for the well-being of the community residents. We hope our petition will not go unnoticed and you will be able to fulfill the community's urgent and serious needs.

Sincerely yours, Margarete Helmuth

## Carol Turnbull

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**From:** Margarete Helmuth <msahelmuth@gmail.com>  
**Sent:** Sunday, March 1, 2020 10:26 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; wellnesscharity@gmail.com  
**Subject:** 328 Cook Street Rezoning Application

### To Whom It May Concern:

Since we have moved to Victoria, we have noticed that there exists a serious and grave need for Primary Health and adequate Wellness Services.

This is our reason that we fully support the Victoria Health Co-op needs for exam and treatment space to serve some of the apparently 70 000 people in our area who do not currently have Primary Health Services. The proposal for 328 Cook Street would enable to Victoria Health Co-op to access space to provide Nurse Practitioner services, a medical office assistant, health and wellness education and wellness treatments. Those practitioners and patients, currently working or being treated at the Cook Street Village Activity Centre would be able to work together for the well-being of the Community residents. We hope that our petition for this additional space will not go unnoticed and that the City will be able to fulfill the urgent and grave needs of our community.

Sincerely Yours,  
Margarete Helmuth

## Carol Turnbull

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**From:** Hope Walsh <hopewalsh@shaw.ca>  
**Sent:** Monday, March 2, 2020 7:55 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca  
**Subject:** 328 Cook St Rezoning Application

*The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the well being of community residents.*

*Please support this initiative.*

## Carol Turnbull

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**From:** Beth Campbell Duke <Beth@campbellduke.com>  
**Sent:** Friday, February 28, 2020 6:59 AM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Executivedir@csvac.ca; Vanessa Hammond  
**Subject:** 328 Cook St Rezoning Application

Dear Mayor Helps and Councillors,

I hope you are receiving many emails regarding the Victoria Health Co-op initiative to support a Nurse Practitioner at the Cook Street Activity Village.

As you are no doubt aware, our healthcare system is in significant distress and one of the key issues in health is access to stable primary care. I know you are probably aware of the significant line-ups at the Cook Street walk-in clinic as people without attachment to ongoing primary care are forced to line up early in the morning to even hope to get a spot at the clinic. I have a friend who lines up before work to secure a spot for her daughter who is too ill to be up and moving at that time of day. Her daughter desperately needs primary care.

The proposed exam and treatment room space will serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. Between May and November of last year that was the situation my husband was in. He is almost 4 years post lung transplant and was discharged from Vancouver last May after a motor vehicle accident **without a primary physician** (he lost it while hospitalized which is another story altogether). We spent months trying to find him medical care for his issues: chronic pain, ileostomy care, rehabilitation services and we are still working on dealing with the unnecessary impact of his being without sustainable primary care. This has critical and unnecessary downstream physical, mental and financial impacts on patients and their families, especially family caregivers who are now doing 80% of out-of-hospital care.

While healthcare is a provincial responsibility, this is one area where the City of Victoria can step up and demonstrate leadership. Know that this zoning change will help make a significant difference to residents in this city far beyond what you may even realize.

Please feel free to contact me if you have any questions,  
Beth

Beth Campbell Duke, B.Sc., B.Ed.

CampbellDuke Consulting for Patients and Families | 250-650-1527

**Carol Turnbull**

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**From:** Phyllis Webster <nudgeccm@yahoo.ca>  
**Sent:** Thursday, February 27, 2020 3:50 PM  
**To:** Victoria Mayor and Council  
**Cc:** Executivedir@csvac.ca; Vanessa Hammond  
**Subject:** RE: 328 Cook Street Rezoning Application

Those of us who are relatively new or are new residents of Victoria know how hard it is to find primary health care services. My husband and I have been fortunate but it is horrifying to think that 70,000 people in our area do not have a doctor or nurse practitioner to help them look after their health.

I am writing in support of the Victoria Health Co-op in their application to access space at 328 Cook Street. The Health Co-op will be able to provide Nurse Practitioner services, a medical office assistant, health and wellness treatments.

What a remarkable addition to the community it would be to have the practitioners working together for the well being of our citizens. I urge you to accept this rezoning application for the Victoria Health Co-op.

Phyllis Webster  
#10-977 Convent Place  
Victoria, BC V8V 2Y9

250 381 7140

## Carol Turnbull

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**From:** kevin.campbell065@gmail.com  
**Sent:** Thursday, February 27, 2020 1:54 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Vanessa Hammond; Carol Turnbull  
**Subject:** 328 Cook St Rezoning Application

The Victoria Health Co-op needs exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services. The proposal for 328 Cook St enables the Victoria Health Co-op to access medical and health space at the Cook St Village Activity Centre. We will be able to provide Nurse Practitioner services, a Medical Office Assistant, health and wellness education, and wellness treatments. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be able to work together for the wellbeing of community residents.

Kevin Campbell

204, 1020 View Street, Victoria BC V8V 4Y4  
(250)381-3856

Sent from Mail for Windows 10



## Carol Turnbull

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**From:** gary cohen <garycohen54@yahoo.com>  
**Sent:** Thursday, February 27, 2020 12:37 PM  
**To:** mayorandcouncil@victoria.ca  
**Cc:** Carol Turnbull; wellnesscharity@gmail.com  
**Subject:** space needed at 328 Cook for health care for health care services

Hi

I am writing to indicate my support for having space at 328 Cook allocated to treatment and other health care services. For many years I, my partner, and many others have not been able to access the services of a primary care physician. At best, we have had to use walk-in clinics, which do not provide anything resembling follow up care, or holistic care.

I believe that allocating this space for these services e.g. nurse practitioner, medical office assistant, wellness practitioners, is vital in terms of addressing this urgent need.

Sincerely

Gary Cohen

## Carol Turnbull

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**From:** lg proudfoot <lgp@islandnet.com>  
**Sent:** Thursday, February 27, 2020 7:59 AM  
**To:** mayorandcouncil@victoria.ca  
**Subject:** 328 Cook St. Rezoning Application

Dear Mayor Helps and Council,

Regarding Rezoning of 328 Cook Street

I wish to voice my support for rezoning. As an RN I have provided nursing foot care at the CSVAC for five years. Assessment, education and advocacy are a part of care focusing on care and prevention. Foot care specifically supports mobility.

Currently there is a room available one day a week and there is an extensive waiting list. More space would extend this service.

My medical assessment includes the whole person and frequently includes referrals to other professionals. Additional space for wellness will be well utilized when the community can be seen by a Nurse Practitioner and other health providers.

Clients voice their appreciation for the Centre, a centre of, and in, the community for meeting their psycho social needs, for exercise, education, happiness and well being.

If you have any questions please feel free to contact me.

Sincerely and with appreciation for the quality of life we enjoy in Victoria

Lorna Gail Proudfoot, RN  
Foot Care Nurse  
Canadian Association for Foot Care Nurses, BC Advisor

June 04, 2021

Hello,

I am writing to express my support for the Unit 2 additional space for the Cook Street Village Activity Centre. The additional space is needed! It will allow more space for activities in the current space and a more appropriate space for the wellness activities. The centre in normal times is such a vibrant busy place and very engaged with the community. The staff and volunteer are amazing and do such a great job making the Cook Street Centre the place it is. The centre is full of fun and interesting people and so many different activities, events and socializing.

The current space is not really adequate for all that the centre does. The added unit would allow a better space for wellness services to happen and not be in the middle of all the action which can be lively. I facilitate meditation and it would be great to have the group in a quieter area. Currently we practice in the lounge and if we move to the new space then we can leave the lounge free for socializing as it should be. With unit 2 incorporated into the centre there will be enough space so people won't have to eat or have activities in the hallways and such, which would be wonderful.

Thank you,

Anne Fortin

## Carol Turnbull

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**From:** Joni Hockert <joni.hockert@gmail.com>  
**Sent:** Friday, May 7, 2021 1:29 PM  
**To:** Carol Turnbull  
**Subject:** Letter

**Flag Status:** Flagged

Hi Carol-

Not sure who to address this to so if you would please insert that part and send it I would deeply appreciate it. Also, please make any changes you think would help!

This letter is to speak in favour of the Cook St Village Activity Centre obtaining Unit 2 of 380 Cook St in order to expand programming as well as to expand their wellness services.

My husband and I have been without a GP since moving here nearly six years ago. Although going to the local clinic was okay for the most part, I was diagnosed with bladder cancer last year and had a massive heart attack in the process of treatment. Suddenly, my day to day health needs changed. I needed to have quick access to someone who knew me and my health situation. Although I am medically stable now, I would have appreciated having at least a nurse practitioner following me. It would be such a gift to our community for CSVAC to be able to expand their already fabulous wellness program to include many of us without GPs. I know several people who have had GPs that have retired leaving them without that crucial connection. This has been exacerbated by the COVID crisis. Our community is in dire need of additional health care options and this project is the right prescription.

Joan Hockert MA(Ger), MSW  
Member of the Board of Directors  
Cook Street Village Activity Centre

May 27, 2021

Dear sir or madam,

I would like to support the Cook Street Senior Activity Centre request for additional space to provide more wellness and other activities.

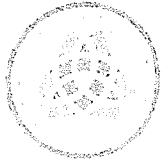
I moved from Alberta several years ago and was shocked by the general lack of health care support. The inability of so many people, especially seniors to access a primary care doctor, I feel leaves them particularly vulnerable to serious health issues. Access to wellness support especially in the community I see as critical in allowing more seniors to live well outside of hospitals or other institutions.

The impact of COVID has also emphasized the need for social and emotional support as well. Myself and many others I have met are far from family and do appreciate the many opportunities for contact, activities and support that the centre provides.

I urge you to support this request so that the wonderful work that the centre does can reach even more. The people and the staff are there we just need the space.

Sincerely, Nina Brown

(329-464 Heywood Ave, Victoria)



PACIFIC RIM  
COLLEGE

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Feb 24, 2021

**Attention: Grant Funder**

**RE: Letter of Support for the Victoria Health Co-operative's Community Garden project at the Cook St Village Activity Centre**

Pacific Rim College is an award-winning institution specializing in Holistic Medicine and Sustainable Living. Located on Vancouver Island in beautiful Victoria, British Columbia, the college was founded to provide world-class education, modern research opportunities and premier clinical services in sustainable land stewardship and a variety of medical modalities. Program areas include Permaculture Design, Acupuncture and Oriental Medicine, Western Herbal Medicine, Holistic Nutrition, Doula Training and Integrative Health.

Students at the college work alongside program instructors in various capacities in the community to support the college mandates. Both the Diploma of Phytotherapy (Herbal Medicine) and Diploma of Permaculture Design and Resilient Ecosystems (PDRE) students are well suited to provide knowledge and physical hands-on collaboration for the proposed garden area at the Cook St Village Activity Centre. The PDRE students would be able to help with planning the space by working with the various stakeholders to determine the needs of the facility and linking that with the site specifics (amount of sun, drainage, irrigation, etc). Drawings and materials lists could be created and provided to the community for garden creation. The students in the Phytotherapy program would be able to provide their expertise in the selection of various medicinal plants based on a needs-assessment of the local community combined with the growing conditions on the site. Workshops could be provided to educate the community in the growing of these medicinal plants along with the proper ways to harvest and turn them into useful medicines.

Collaborative projects within the community are an important part of the learning at the college and we would look forward to working together to create a vibrant and therapeutic garden space at the Cook St Village Activity Centre.

Please do not hesitate to contact me should you require any further information.

Sincerely,

  
James Christian  
Director

## Carol Turnbull

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**From:** Vanessa Hammond <islandpilgrim@gmail.com>  
**Sent:** Wednesday, May 12, 2021 12:50 PM  
**To:** Carol Turnbull  
**Subject:** Fwd: Space in new Aragon building for Cook Street Health Co-op)\*

Dear City Council,

I am very much in support of the proposal by Aragon Properties for new housing in Cook Street Village, and for the Victoria Health Co-op to be granted space. There is a great need for additional health care and to have it so available in our area is wonderful. Our home has 5 rental suites besides our own so we are very much aware of health needs and availability of care.

In appreciation,

Mollie M . Jespersen  
1124 dallas rd V8V 1B1  
Sent from my iPad

*Vanessa Hammond  
Island Pilgrim Victoria, BC, Canada V9A 0G3  
1 250 415 9272*

----- Forwarded message -----

**From:** Mollie Jespersen <[molliemj@hotmail.com](mailto:molliemj@hotmail.com)>  
**Date:** Wed, 12 May 2021 at 12:38  
**Subject:** Space in new Aragon building for Cook Street Health Co-op)\*  
**To:** Vanessa Hammond <[islandpilgrim@gmail.com](mailto:islandpilgrim@gmail.com)>

Dear City Council,

I am very much in support of the proposal by Victoria Health Co-op to be granted space in the new Aragon Properties in Cook Street Village. I know there is a great need for additional health care and to have it so available in our area is wonderful. Our home has 5 rental suites besides our own so we are very much aware of health needs and availability of care.

In appreciation,

Mollie M . Jespersen  
Sent from my iPad

4237 Carey Rd

Victoria BC

V8Z4H1

May 11, 2021

To the Committee of the Whole

City of Victoria

Dear Committee Members,

The Victoria Community Health Co-op delivers well-needed preventive health programs in the city of Victoria. Recently they hired 2 Registered Nurses to add to their team of wellness practitioners. The Registered Nursing services are covered under MSP, a significant and long-awaited change to the scope of practice in Nursing. As the program grows, they are in dire need of more permanent, dedicated space. They are currently operating out of the Cook St Village Activity Centre.

Access to two rooms in the ground floor of the adjacent building to the Activity Centre would be a significant addition to space needed. Aragon Property Development has proposed this building and supports access to two clinic rooms.

I encourage the Committee to approve this development, especially in this time of reduced access to nursing and medical services.

Yours sincerely,

Emily MacDonald,

Retired RN, MN



----- Forwarded message -----

From: Joseph Gilgunn <joe@gilgunn.ca>

Date: Tue, 11 May 2021 at 12:12

Subject: I plagiarized Larry's letter

To: Vanessa Hammond <islandpilgrim@gmail.com>

May 11, 2021  
The city of Victoria,

Dear Councillors,

As a specialist in the area of employee and retired health benefits, I see the increasing need for medical services to be delivered in a timely and convenient way within the community. I agree with Larry Smith who wrote the letter below

I am writing to express my support for the development application at the Cook Street Activity Centre. The diverse medical care provided by the Victoria Health Co-operative in combination with the opportunities to engage with a community helps many to foster strong health and wellness practices. The expanded space at Cook St. Activity Centre would help to broaden operations and to provide invaluable health and wellness services to the immediate community and beyond.

Especially for senior residents who no longer drive, the immediate convenience of health practitioners at the Activity Centre makes it much more likely that fellow seniors will attend and access community health programs. While we have one walk-in clinic at the south end of the Village, the focus is on immediate medical treatment, and there is not space or staffing for broader community health. Given the circumstances of the COVID-19 situation, many are struggling with health and wellness. Having greater access to space would help relieve pressure tremendously in treating and providing for the local health community.

As a resident of Victoria, I see the need for greater access to the services which the Co-operative provides. One of the services provided allows any person with a BC health care card to meet with a Registered Nurse. Many smaller issues could be dealt with immediately, and the patient would benefit from the advice and support offered by such a health professional

I hope that City Council will approve the development proposal, and by approving this proposal, support the health and wellness of seniors and others in this area of the city.

Yours truly,

*Joseph Gilgunn*

Joseph Gilgunn, CEBS. Fellow ISCEBS

1355 Lang Street

Victoria, B.C. Canada

V8T 2S4

Tel: 250-384-9743 ext 2

Toll Free: 1-800-586-3711 ext 2

On Mon, 10 May 2021 at 11:43, Marion Yas <[amarionyas@gmail.com](mailto:amarionyas@gmail.com)> wrote:

To the Committee of the Whole

City of Victoria

May 10, 2021

Dear Committee Members,

I am writing to express my support for the development application at the Cook Street Village community. The high-quality medical care provided by the Victoria Health Co-operative in combination with the opportunities to engage with a community helps many to foster strong health and wellness practices. This much needed space will help to expand operations and to provide invaluable health and wellness services to many who are in need.

Given the circumstances of the COVID-19 situation, many are struggling with health and wellness, both mentally and physically. With limited access to health services, many have unmet health and wellness needs. As such, the importance of the Co-operative should not be understated; providing health and wellness treatments is crucially important to members of the Victoria community. Having greater access to space would help tremendously in treating and providing for the local health community.

As a supporter of this organization, I see the need for greater access to the services which the Co-operative provides. One of the services provided allows any person with a BC health care card to meet with a Registered Nurse. This service is incredibly useful in allowing members of the public to access needed medical advice and services. The increase in space from the redevelopment would allow the Co-operative to serve all those who seek to use this program.

I sincerely hope that City Council will approve the development proposal, and by approving this proposal, support the health and wellness of the patients and of the community.

Sincerely,

A. Marion Yas

602-670 Dallas Road

Supporter of the Victoria Health Co-operative



## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)

250.415.9272 [www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca)

Registered Nurse program [vichealthcoopRN@gmail.com](mailto:vichealthcoopRN@gmail.com)

To Victoria City Council

2021 05 21

Dear Council Members,

As one of the newly hired Registered Nurses at the Victoria Community Health Co-operative, I am very excited to be offering our unique nursing wellness services to the members of the Greater Victoria Community. However, with my wide variety of nursing clinic/hospital background am aware we could be offering so much more to clients if we had a proper clinic and office space. We are highly appreciative of the space made available by the Cook St Village Activity Centre but due to the shared space and lack of facilities like a clinic sink and designated exam space, we have been limited in providing our full scope of nursing services.

Since beginning at the center one month ago we have envisioned moving into a proper clinic to offer our services to increase the well-being of the community. To fully utilize these services for the health and wellness of the community, we urgently need permanent, dedicated space. Access to rooms in the ground floor of the adjacent building, as proposed in the Aragon Properties development would be ideal. Especially during these times of a pandemic it is essential to have access to clean, designated clinic and office spaces.

Aragon Properties has listened carefully to the needs of the community. In addition to much needed housing, the development would enable us to provide our full range of nursing services significantly, contributing to the well-being of the community. These services are within the scope of the BC MSP, thus at no cost to any user in possession of a BC Care Card.

We encourage the Committee to approve this development and, through it, to support the health and wellness of this community.

Yours sincerely,

Nicole Callow, RN BScN 250 857-1752

Community Health Nurse, Victoria Community Health Co-operative

[vichealthcoopRN@gmail.com](mailto:vichealthcoopRN@gmail.com) [callown86@gmail.com](mailto:callown86@gmail.com)

The Creating Community Wellness Society, CRA 833835457 R0001, supports the health and wellness activities of the Vic Health Co-op and others with similar aims. To donate, and receive a charitable donation receipt please click on <http://VictoriaHealthCooperative.com> or mail a cheque to 380 Cook St, Victoria, V8V 3X7. Thank you!

Justin Aylward  
29 Marlborough St  
Victoria BC V8V4A6

May18, 2021

To the Committee of the Whole  
City of Victoria

Dear Committee members,

My wife, Michele, has just explained the value of having a Victoria Community Health Care Co-op in Cook Street Village and I am so excited. I support it whole heartedly. In fact, I support it so much that I have just donated to their donation page on-line.

Cook Street Village is a busy and lively area of Victoria . Our community consists of people of different ages at different stages of life. We are lucky to have parks, beaches, bike lanes and shopping facilities so near by for all to use and to enjoy. To have access to a Community Health Co-op would be amazing. Many of the people living in the area do not have a family doctor. The Community Health Co-op would complement the over subscribed Medical Clinic which is already in the village. It would allow people to see a health care practitioner when doctors are in such short supply.

I really think that this would go hand-in-hand with the philosophy of bike lanes. If we have a Community Health co-op within walking or biking distance, then we don't even need to get in our car if we have a health issue. By having a Community Health Care Co-op in the neighbourhood, people's physical and mental wellness will thrive.

I sincerely hope that City Council will approve the development proposal; the Community Health Care template just makes so much sense.

Sincerely,

Justin Aylward

Michele Aylward  
29 Marlborough St  
Victoria BC V8V4A6

May18, 2021

To the Committee of the Whole  
City of Victoria

Dear Committee members,

I have just found out about the Victoria Community Health Care Co-op in Cook Street Village and I am so excited. I support it whole heartedly.

Cook Street Village is a vibrant area of Victoria with a diverse demographic. We are lucky to have seniors, young people and families all living here and enjoying the area. To have access to a Community Health Co-op would be amazing. Many of the people living in the area do not have a family doctor. The Community Health Co-op would complement the over subscribed Medical Clinic which is already in the village. It would allow people to see a health care practitioner when doctors are in such short supply.

Many people sometimes ignore their health as they feel their issues are not important enough to take up a doctor's precious time. By having a Community Health Care Co-op in the neighbourhood, people's physical and mental wellness will thrive.

I sincerely hope that City Council will approve the development proposal, which will result in supporting the health and wellness of the community as a whole.

Sincerely,

Michele Aylward

## Carol Turnbull

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**From:** Vanessa Hammond <islandpilgrim@gmail.com>  
**Sent:** Tuesday, May 18, 2021 7:26 AM  
**To:** Carol Turnbull  
**Subject:** Fwd: Space in new Aragon building for Cook Street Health Co-op)\*

Subject: Fwd: Space in new Aragon **development** for Cook Street Health Co-op)  
To: Carol Turnbull <[executivedir@csvac.ca](mailto:executivedir@csvac.ca)>

Dear City Council,

I am very much in support of the proposal by Aragon Properties for new housing in Cook Street Village, and for the Victoria Health Co-op to be granted space. There is a great need for additional health care and to have it so available in our area is wonderful. Our home has 5 rental suites besides our own so we are very much aware of health needs and availability of care.

In appreciation,

Mollie M . Jespersen  
1124 dallas rd V8V 1B1  
Sent from my iPad

## Carol Turnbull

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**From:** Kathleen Moffatt <kgmoffatt@telus.net>  
**Sent:** Sunday, May 16, 2021 7:06 PM  
**To:** Lisa Helps  
**Cc:** Carol  
**Subject:** Cook Street Activity Centre

My mother and I arrived in July 2004.

The Centre was a wonderful place for her to make friends and relax.

However, as time has passed I've noticed that there is a significant lack of space.

Good work is done in scheduling events (reflexology, massage, income tax, coffee, strata meetings, computer training, language, guitar, cards, pool, crafts, decorating for events, luncheons) however as I've said there is a significant lack of space.

There is the craft room, used for language instruction and meetings; the games room, for pool, cards (both cribbage and bridge), mahjong, and at one time darts.

The Founder's Room is used for computers, meetings, wellness (reflexology, hearing aids etc.), preparations for decorating.

The Lounge is there for large meetings, topical discussions, puzzles, TV, movies (with popcorn and drinks), meeting friends prior to luncheons.

The Large room is there for various exercise classes, dancing, cards, large community meetings, meals.

Everyone is juggling their events so that they have a chance to participate in something and not impinge on the privacy of others.

With the addition of the rooms presently owned by Aragon members would be able to meet wellness providers, tax preparers and anyone else in some privacy. Privacy is important to we seniors and so is the opportunity to meet quickly with those whose advice we are seeking.

I believe that the need for this space would be immediately obvious to anyone who would visit the Centre over several days. Especially at a time like this when we must keep our distance.

Since my arrival in Victoria I have lived in a condo above the Centre. I've served on the Strata Council for approximately 11 years and during that time I've had dealings with the directors and staff and have always found them to be very professional and very concerned with the well-being and

the delivery of all possible service to the members and those others who come into the facility.

Kathleen Moffatt

206-430 Chester Avenue,  
Victoria, B.C.

May 14th. 2021

To:

The Mayor & Councillors of Victoria

After deep disappointment at Council's <sup>earlier</sup> rejection of the Aragon Cook Street development plan, that would have been of huge benefit to senior people, I am writing in hope that you will re-consider your decision, with the Activity Centre in mind.

It will provide much-needed space for wellness services to be expanded and activities that enhance the quality of life for us older members of the community to have greater scope.

We all need a second chance,  
please give this proposal one!

With Respect,

Betty Logan.



## Carol Turnbull

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**From:** Licia Trouton <ltroutonpersonal@gmail.com>  
**Sent:** Friday, May 14, 2021 11:19 AM  
**To:** executivedir@csvac.ca  
**Cc:** Robert Maureen Trouton  
**Subject:** from Robert and Maureen Trouton (seniors) - Letter 2 from us via our Solo Family Caretaker, daughter

Dear Mayor Lisa Helps and Council  
[mayorandcouncil@victoria.ca](mailto:mayorandcouncil@victoria.ca)

c/o  
CSVAC

Carol Turnbull BSW, RSW

Executive Director

Cook Street Village Activity Centre

380 Cook St

Victoria BC V8V 3X7

[www.cookstreetvillageactivitycentre.com](http://www.cookstreetvillageactivitycentre.com)

We are members and immediate neighbours of the CSVAC and use the wellness centre and practitioners frequently.

We believe there is greater need for space and privacy for practitioners and we wish to support the centre in their need to expand and offer services for people like us as we age-in-place (and in independent / assisted living, nearby).

The services at CSVAC are professional and enhance our physical and mental well-being.

Thank you.

From

Mr and Mrs Robert and Maureen Trouton  
**MintonHouse.ca**  
#101 - 1070 Southgate Street  
Victoria BC V8V 2Z2

303 - 1025 Fairfield Road  
Victoria, B.C.  
V8V 3A6  
May 14, 2021

City of Victoria  
1 Centennial Square  
Victoria, BC  
V8W 1P6

To whom it may concern

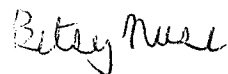
The Cook Street Village Activity Centre (CVAC) offers vital support services to me and my neighbours: the wellness, fitness and food services it has been able to continue offering have been especially appreciated since the arrival of covid-19.

Reasonable health directives have made it more difficult for the centre to offer programs in its limited space.

There is an adjacent building (#2) to the one currently in operation, which also belongs to the City of Victoria, but so far CVAC has not been able to use it.

I write to respectfully request that the city give permission to CVAC to open additional rooms in this unused space so that more programs can be offered in our neighbourhood at this time.

most sincerely

A handwritten signature in cursive script that reads "Betsy Nuse".

Betsy Nuse

## Carol Turnbull

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**From:** Lycia Trouton <ltroutonpersonal@gmail.com>  
**Sent:** Friday, May 14, 2021 9:17 AM  
**To:** executivedir@csvac.ca; Robert Maureen Trouton  
**Subject:** From Lycia (aged 54) Maureen and Robert Trouton (both aged 87)

Dear Mayor Lisa Helps and Council  
[mayorandcouncil@victoria.ca](mailto:mayorandcouncil@victoria.ca)

c/o  
CSVAC

Carol Turnbull BSW, RSW

Executive Director

Cook Street Village Activity Centre

380 Cook St

Victoria BC V8V 3X7

[www.cookstreetvillageactivitycentre.com](http://www.cookstreetvillageactivitycentre.com)

We are members and neighbours of the CSVAC and use the wellness centre and practitioners frequently. We believe there is greater need for space and privacy for practitioners and we wish to support the centre in their need to expand and offer services for people like us as we age-in-place (and in independent or assisted living nearby).

The services at CSVAC are professional and enhance our physical and mental well-being.

As a creative and cultural sector worker, I believe that para-medical is essential to one's quality of life and for reasonable priced services for seniors and retirees in the area.

Thank you.

Dr Lycia Trouton  
#101 - 1035 Southgate Street  
Victoria BC V8V 2Z1

### **Dr. Lycia Trouton**

Associate Research Fellow - [CSRSVictoria](http://www.csrsvictoria.ca) University of Victoria  
D: 250.812.6804  
<https://womensartofcanada.ca/artist-portfolios/trouton-lycia/>  
[www.lyciatrouton.com](http://www.lyciatrouton.com)  
Contemporary Art Historian  
LinkedIn

May 10, 2021

To Whom It May Concern,

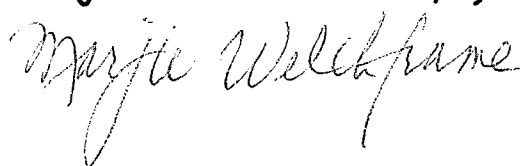
The Cook St. Village Activity Centre is a vibrant and well-used community location for a wide variety of excellent programs. The Centre is an important part of peoples' lives for activities, services and socialization.

I am presently using one of the Wellness Services, massage, on a weekly basis. The room in which the therapist works is without windows, heat or air circulation. It works for now, but only as a temporary location. Having Unit 2 would allow Wellness Services to have rooms which offer a healing client space, for equipment storage, and which provide light and heat. It would give these services a permanent location, indicating that these types of therapies are important in peoples' lives.

Placing the Wellness Services in Unit 2 would also permit the CSVAC staff to have additional space for programming.

Please strongly consider this request for access to Unit 2 at the CSVAC. With appreciation.

Marjie Welchframe, :) CSVAC member

A handwritten signature in cursive script that reads "Marjie Welchframe".

403 1040 Rockland

Victoria V8V 3H5

Dear Mayor and Council,

It would be really good to have a new development on the Southgate, Cook, Pendergast corner. In addition to adding much needed housing and clearing out some unsightly buildings it would give a permanent home for the Victoria Health Co-op. Its established wellness services and new Community Nursing services are desperately needed. Please do everything possible to move this project along quickly.

Trudy Berg

Monday May 10  
Victoria B.C.

Re: Victoria Community Health + 328 Cook St Development  
Proposal.

I'm writing to express my support for the VC Health Co-op  
and their need to secure additional space for  
operations and programming in Cook Street Village

As a senior citizen in Victoria I, as have many other  
seniors, have been left with no personal physician.  
presumably through shortages of available providers  
The Health Co-op and their Community Nurses  
Program would help me find help at last with  
some of my struggles to keep healthy in a very awkward  
time. Please don't tarry. Some of us find a week is  
a long time to wait for things.

Thank you for your kind attention.

J. Hutchins

214 -1035 Pendergast St.

Victoria, BC

May 11, 2021

City of Victoria,

Dear Councillors,

I am writing to express my support for the development application at the Cook Street Activity Centre. The diverse medical care provided by the Victoria Health Co-operative in combination with the opportunities to engage with a community helps many to foster strong health and wellness practices. The expanded space at Cook St. Activity Centre would help to broaden operations and to provide invaluable health and wellness services to the immediate community and beyond.

Especially for senior residents who no longer drive, the immediate convenience of health practitioners at the Activity Centre makes it much more likely that fellow seniors will attend and access community health programs. While we have one walk-in clinic at the south end of the Village, the focus is on immediate medical treatment, and there is not the space or the staffing for broader community health. Given the circumstances of the COVID-19 situation, many are struggling with health and wellness. Having greater access to space would help relieve pressure tremendously in treating and providing for the local health community.

As a resident of Cook St. village, I see the need for greater access to the services which the Co-operative provides. One of the services provided allows any person with a BC health care card to meet with a Registered Nurse. Many smaller issues could be dealt with immediately, and the patient would benefit from the advice and support offered by such a health professional

It is my hope that City Council will approve the development proposal, and by approving this proposal, support the health and wellness of seniors and others in this area of the city.

Yours truly,

Rev. Larry Scott (retired)

## Carol Turnbull

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**From:** Vanessa Hammond <vichealthcoop@gmail.com>  
**Sent:** Tuesday, May 11, 2021 7:17 AM  
**To:** Carol Turnbull  
**Subject:** Fwd: Cook St development

Can't see if I forwarded this to you.

Vanessa Hammond  
Chair: Victoria Health Co-op  
250.415.9272  
Wellness, Social Service, Health and Medical Co-ops Build a Better World  
Preventative maintenance is as important for us as for our cars and bikes!

----- Forwarded message -----

**From:** **Vanessa Hammond** <[islandpilgrim@gmail.com](mailto:islandpilgrim@gmail.com)>  
**Date:** Sun, 9 May 2021 at 13:57  
**Subject:** Cook St development  
**To:** <[vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)>

811 105 Wilson St, Victoria, BC V9A 6X1  
To City Hall

The development should go ahead. Any housing is a help and the seniors need a larger space for activities including the Victoria Health Co-op's new Nurses' Clinic which needs permanent space.  
Michael L Hammond

*Vanessa Hammond*  
*Island Pilgrim Victoria, BC, Canada V9A 0G3*  
*1 250 415 9272*



## Carol Turnbull

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**From:** Anke van Leeuwen <ankev88@gmail.com>  
**Sent:** Saturday, May 8, 2021 11:02 AM  
**To:** executivedir@csvac.ca  
**Cc:** Victoria Health Co-Op  
**Subject:** letter of support for Aragon Cook St. development re. Victoria Health Co-op's facilities

To the Committee of the Whole  
City of Victoria

Dear Committee Members

I am writing to express my support for the Aragon development application at the Cook Street Village.

As a volunteer with the Victoria Health Co-operative (which stands to be able to use 2 dedicated rooms for nurses as part of the approved development), I see the need for greater access to the services which the Co-operative provides. One of the services provided allows any person with a BC health care card to meet with a Registered Nurse. This service is incredibly useful in allowing members of the public to access much needed medical advice and services.

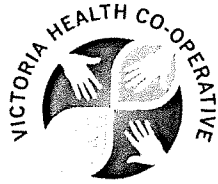
Given the circumstances of the COVID-19 situation, many are struggling with health and wellness, both mentally and physically. With limited access to health services, many have unmet health and wellness needs. As such, the importance of the Co-operative should not be understated; providing health and wellness treatments is crucially important to members of the Victoria community.

The increase in space from the redevelopment would allow the Co-operative to serve all those who seek to use this program.

I ask that City Council approve the development proposal.

Sincerely,

Anke van Leeuwen  
Volunteer, Victoria Health Co-operative  
2-1256 Denman St.  
Victoria BC  
V8T1L8



## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)

250.415.9272 [www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca)

Registered Nurse program [vichealthcoopRN@gmail.com](mailto:vichealthcoopRN@gmail.com)

To the Committee of the Whole  
City of Victoria

May 5, 2021

Dear Committee Members,

I am writing to express my support for the development application at the Cook Street Village community. The high-quality medical care provided by the Victoria Health Co-operative in combination with the opportunities to engage with a community helps many to foster strong health and wellness practices. This much needed space will help to expand operations and to provide invaluable health and wellness services to many who are in need.

Given the circumstances of the COVID-19 situation, many are struggling with health and wellness, both mentally and physically. With limited access to health services, many have unmet health and wellness needs. As such, the importance of the Co-operative should not be understated; providing health and wellness treatments is crucially important to members of the Victoria community. Having greater access to space would help tremendously in treating and providing for the local health community.

As a volunteer with this organization, I see the need for greater access to the services which the Co-operative provides. One of the services provided allows any person with a BC health care card to meet with a Registered Nurse. This service is incredibly useful in allowing members of the public to access needed medical advice and services. The increase in space from the redevelopment would allow the Co-operative to serve all those who seek to use this program.

I sincerely hope that City Council will approve the development proposal, and by approving this proposal, support the health and wellness of the patients and of the community.

Sincerely,

Felix Rowe

Volunteer, Victoria Health Co-operative



## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)

250.415.9272 [www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca)

Registered Nurse program [vichealthcoopRN@gmail.com](mailto:vichealthcoopRN@gmail.com)

To the Committee of the Whole  
City of Victoria

2021 05 04

Dear Committee Members,

As a Director of the Victoria Community Health Co-operative, I am acutely aware of the extreme space constraints under which the Co-op has been delivering its Health and Wellness programs for several years. We are highly appreciative of the space made available by the Cook St Village Activity Centre but have been limited in the programming we can undertake.

Now that we have been able to hire two Registered Nurses, our range of services and our ability to contribute significantly to the well-being of our community have increased significantly. To fully utilize these services for the health and wellness of the community, we urgently need permanent, dedicated space. Access to rooms in the ground floor of the adjacent building, as proposed in the Aragon Properties development would be ideal.

Aragon Properties has listened carefully to the needs of the community. In addition to much needed housing, the development would enable us to expand our range of services significantly, contributing to the well-being of the community. These services are within the scope of the BC MSP, thus at no cost to any user in possession of a BC Care Card.

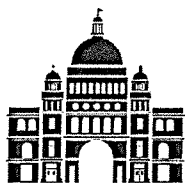
We encourage the Committee to approve this development and, through it, to support the health and wellness of this community.

Yours sincerely,

Graham J Smith, BNZ Holdings 250 592 2122  
Director, Victoria Community Health Co-operative

[bnzholdings@telus.net](mailto:bnzholdings@telus.net) [grahamjsmith@telus.net](mailto:grahamjsmith@telus.net)

The Creating Community Wellness Society, CRA 833835457 R0001, supports the health and wellness activities of the Vic Health Co-op and others with similar aims. To donate, and receive a charitable donation receipt please click on <http://VictoriaHealthCooperative.com> or mail a cheque to 380 Cook St, Victoria, V8V 3X7. Thank you!



## VANCOUVER ISLAND LAW

Family  
Personal Injury

Employment  
Estate Litigation

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May 8, 2021

City of Victoria  
Committee of the Whole

Dear Sirs/Mesdames:

**Re: *Victoria Community Health Co-Op & 328 Cook St Development Proposal***

I write to express my support for the Victoria Community Health Coop and its attempt to secure additional space for operations and programming through the proposed development by Aragon Properties in Cook Street Village.

As a legal practitioner working in Victoria, BC and serving the people who live here, I have repeatedly observed the worsening challenges residents face in obtaining necessary primary medical care, due to shortages and lack of available providers.

The Victoria Community Health Coop and particularly its Community Nurses Program, which would operate from the proposed development, helps to fill a critical gap.

Consequently, I fully support the Victoria Community Health Coop and this development.

Yours truly,

K. Hauer  
/kjh

## Carol Turnbull

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**From:** cjfiller@ming.org  
**Sent:** Sunday, May 9, 2021 12:19 PM  
**To:** executivedir@csvac.ca  
**Subject:** support for the Co-Op

To the Committee of the Whole

May 9, 2021

City of Victoria

Dear Committee Members,

I am writing to express my support for the development application at the Cook Street Village community. The high-quality medical care provided by the Victoria Health Co-operative in combination with the opportunities to engage with a community helps many to foster strong health and wellness practices. This much needed space will help to expand operations and to provide invaluable health and wellness services to many who are in need.

Given the circumstances of the COVID-19 situation, many are struggling with health and wellness, both mentally and physically. With limited access to health services, many have unmet health and wellness needs. As such, the importance of the Co-operative should not be understated; providing health and wellness treatments is crucially important to members of the Victoria community. Having greater access to space would help tremendously in treating and providing for the local health community.

As a volunteer with this organization, I see the need for greater access to the services which the Co-operative provides. One of the services provided allows any person with a BC health care card to meet with a Registered Nurse. This service is incredibly useful in allowing members of the public to access needed medical advice and services. The increase in space from the redevelopment would allow the Co-operative to serve all those who seek to use this program.

I sincerely hope that City Council will approve the development proposal, and by approving this proposal, support the health and wellness of the patients and of the community.

Sincerely,

Cindy Filler

Member, Victoria Health Co-operative

## Carol Turnbull

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**From:** Vanessa Hammond <vichealthcoop@gmail.com>  
**Sent:** Sunday, May 9, 2021 2:01 PM  
**To:** Carol Turnbull  
**Subject:** Fwd: Cook St development

I've been asked to forward this:

811 105 Wilson St, Victoria, BC V9A 6X1

To City Hall

The Southpark-Cook development should go ahead. Any housing is a help and the seniors need a larger space for activities including the Victoria Health Co-op's new Nurses' Clinic which needs permanent space.  
Michael L Hammond

Vanessa Hammond

Chair: Victoria Health Co-op

250.415.9272

Wellness, Social Service, Health and Medical Co-ops Build a Better World

Preventative maintenance is as important for us as for our cars and bikes!

----- Forwarded message -----

**From:** Vanessa Hammond <islandpilgrim@gmail.com>

**Date:** Sun, 9 May 2021 at 13:57

**Subject:** Cook St development

**To:** <vichealthcoop@gmail.com>

811 105 Wilson St, Victoria, BC V9A 6X1

To City Hall

The development should go ahead. Any housing is a help and the seniors need a larger space for activities including the Victoria Health Co-op's new Nurses' Clinic which needs permanent space.

Michael L Hammond

*Vanessa Hammond*  
*Island Pilgrim Victoria, BC, Canada V9A 0G3*  
*1 250 415 9272*

830 Craigflower Rd  
Victoria BC

May 9, 2021

Dear Sir or Madam;

Please accept this letter as an expression of support for the expansion of the Cook Street Activity Center currently housed at 380 Cook Street.

The extra space provided, in particular for the Victoria health Cooperative Community RN program, is of vital importance to serve the community.

The current healthcare system is vastly under resourced to deal with increasing needs of seniors, low income individuals and the diverse community at large. Any nursing program which strives to make wellness and health care more accessible and to help the population of Victoria achieve excellent quality of life, should be supported in every manner possible. The expansion of the current facility will help the RNs at VHC provide community focussed education, health counselling and wellness services to their clients.

I urge you to support the expansion of this center in order to house the VHC RN program and all other community based services offered.

Thank you for your time and consideration.

Yours Truly

Edith Quayle



Marilyn Schick

301-1540 Dallas Rd.

Victoria, BC

V8S 1A3

May 6, 2021

To Whom It May Concern:

I have been going to the Cook Street Activity Centre for 6 years now. It is a very friendly place and for a lot of people it fills their whole day. When seniors reach a certain age or lose a spouse often Senior Activity Centres are their life-line. There has been substantial research done showing that social contact keeps seniors active and healthy putting less strain on our healthcare.

The Cook Street Activity Centre has grown over the years and will continue to grow as our population ages. In the last few years in particular, Cook St. has been straining at the seams. Lack of adequate space forces incompatible activities to occur adjacent to each other.

Cook Street Activity Centre provides a valuable service to the community and could do more with additional space. We have an opportunity to expand our premises with your help. I do hope that you will give Cook Street Activity Centre every consideration to do this.

Thank you for your time.

Sincerely,

Marilyn Schick

May 5, 2021

Mayor and Council, Victoria, B.C.

Cook Street Village Activity Center has played an important role in my life since I retired in 2005. I have volunteered in many capacities in the Center - front desk, kitchen, compiling statistics and helping at the fund raisers as well as serving for two separate terms on the Board of Directors as President and Vice-President. The people at the Centre have become friends and I love going into the centre for the warm welcome, a lovely chat and a cheese scone from our kitchen.

Over the last several years I have become aware of how crowded we have become. Several times I have been working on statistics in the office and the membership is having to make use of the area for a coffee room as the all other rooms are in use.

Wellness services are part of the Centre's Strategic Plan and I have been made aware of the desperate need for health care practitioners in our area (many times when I drive by the local Medical Clinic they are not taking any more patients at 9:00 in the morning and I have seen lineups of 20 or more standing outside waiting in the rain to make an appointment). Our Center is acquiring a nurse practitioner and we already have many health care workers at the Center such as a massage therapist, foot care, reflexology, blood pressure clinics, hearing clinics. These are some of the services that we have been able to provide but we are bursting at the seams. As we also offer activities such as bridge X3 a week, whist, bingo, canasta, cribbage, tai chi, line dancing, stretch and strength, wheel chair aerobics, sing-a-long, pickle ball, Texas hold-em', meditation, book clubs, discussion groups, etc. and we struggle to fit everyone in and continue to provide the services. We are at the stage where we cannot continue to grow at this rate if we do not have more room.

We have had a very good relationship with Aragon Properties over the years. They are very approachable and have understood how beneficial the additional space would be for the Center and very understanding of the needs of our membership.

I believe that our Center with the additional space in unit #2 (2-380 Cook Street) conveniently just to the rear of our present site would go a long way to alleviate the need for space that we are experiencing now!

Sincerely,  
Ben Ruhl.

250 384-0542

banddruhl@gmail.com



## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vicehealthcoop@gmail.com](mailto:vicehealthcoop@gmail.com)

250.415.9272 [www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca)

Registered Nurse program [vicehealthcoopRN@gmail.com](mailto:vicehealthcoopRN@gmail.com)

To the Committee of the Whole  
City of Victoria

May 5, 2021

Dear Committee Members,

I am writing to express my support for the development application at the Cook Street Village community. The high-quality medical care provided by the Victoria Health Co-operative in combination with the opportunities to engage with a community helps many to foster strong health and wellness practices. This much needed space will help to expand operations and to provide invaluable health and wellness services to many who are in need.

Given the circumstances of the COVID-19 situation, many are struggling with health and wellness, both mentally and physically. With limited access to health services, many have unmet health and wellness needs. As such, the importance of the Co-operative should not be understated; providing health and wellness treatments is crucially important to members of the Victoria community. Having greater access to space would help tremendously in treating and providing for the local health community.

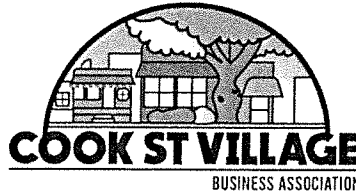
As a volunteer with this organization, I see the need for greater access to the services which the Co-operative provides. One of the services provided allows any person with a BC health care card to meet with a Registered Nurse. This service is incredibly useful in allowing members of the public to access needed medical advice and services. The increase in space from the redevelopment would allow the Co-operative to serve all those who seek to use this program.

I sincerely hope that City Council will approve the development proposal, and by approving this proposal, support the health and wellness of the patients and of the community.

Sincerely,

Felix Rowe

Volunteer, Victoria Health Co-operative



May 5, 2012

To Mayor and Council  
Regarding Support for Aragon Properties

Dear Sirs and Madams,

It is with great enthusiasm that our membership support the Aragon Development in Cook Street Village to move forward under the current design plan.

Aragon has worked closely with the CSV Activity Centre and been open to the community needs regarding this project. The Wellness Centre will be a great benefit to the residents of Fairfield and we are appreciative of this service being added to the amenities available in the area.

Thank you for considering our recommendation to be valid and we look forward to working closer with the City on projects within Cook Street Village catchment.

Sincerely,

Glenn Barlow, Chair  
Cook Street Village Business Association



## Cook Street Village Activity Centre

1 – 380 Cook Street Victoria BC V8V 3X7

Email: [executivedir@csvac.ca](mailto:executivedir@csvac.ca)

Website: [cookstreetvillageactivitycentre.com](http://cookstreetvillageactivitycentre.com)

250-384-6542

May 4, 2021

Mayor and Council  
City of Victoria  
c/o 1 Centennial Square  
Victoria, BC V8W 1P6

Dear Victoria Mayor and Council:

I am pleased to write this additional letter of support for proposed Aragon Properties development at 328 Cook St. We have worked and continue to work with this organization as we both work to find ways to meet the needs of the community both today and well into the future.

As you know, the Cook Street Village Activity Centre is a busy non-profit organization that primarily focuses on the needs of older adults of all ethnic and cultural backgrounds. The value of our organization has been immeasurable throughout the COVID-19 pandemic by providing ongoing wellness services, café services, as well as individual fitness in accordance with current COVID restrictions. Our staff have been told countless times about the importance of the centre, how much people are looking forward to returning as soon as the restrictions allow, and that the centre has become like a second family and lifeline to those that attend.

Since we actively started expanding our wellness services staff have been looking to fill the needs of our community. In the last month we are brought on a second massage therapist as well as two registered nurses. Both centre users and the general public can access these services as they have told us that their health could be improved and better maintained with the supports that we are currently offering and with the ones that we would like to offer in the future. The additional space for the centre would be a gift to the community and run through our successful organization. As you are aware Cook Street Village Activity Centre has received hundreds of letters from centre participants, strata council, the Cook Street Village Business Association, partnering organizations and the general community asking for a wellness centre in the Cook Street Village. The LAP has described this area as the heart of Fairfield. This dynamic village is asking for this style of service and we are asking you to support our initiative as well. Help our community be stronger in the next COVID-19 wave and any future health crisis our city, our community, or with individuals.

We look forward to a strong continued working relationship with Aragon Properties because we believe that working together makes both organizations stronger and better able to serve the diverse needs of our community.

If you have any questions, please do not hesitate to contact me at [executivedir@csvac.ca](mailto:executivedir@csvac.ca)

Yours Truly,

*C. Turnbull*

Carol Turnbull, Executive Director

### **CSVAC VISION STATEMENT**

**To provide a positive environment for enjoyment and personal growth through Community interaction.**

May 4, 2021

Dear Mayor and Council,

I'm writing in support of the Aragon development at Cook St and Pendergast and in support of the Cook Street Village Activity Centre acquiring Unit 2 to accommodate our programs.

Aragon is a benefit to the Centre and to the community. Aragon has held several community meetings concerning this development. They've informed the community about their plans and have been receptive to suggestions. We have worked with them for a very long time as we believe that this development will be good for our community.

The Centre's plans for Unit 2 include providing space for the nurse practitioner service and our other wellness services. I use some of the currently offered wellness services such as foot care and massage regularly. The services are excellent, convenient and reasonably priced. I hear from many people about how important all the wellness services are to them. We have a long list of people who want to use the nurse practitioner service as they don't have a family doctor.

I have been a member of the Centre for over 10 years. I've attended many different programs over those years. I enjoy the programs. My family lives far away and the Centre activities provide me with so many opportunities to meet people and enjoy the company of others. I hear this same appreciation expressed by many others. As my health deteriorates I especially appreciate the accommodations the Centre makes for me. Again, I've heard these sentiments expressed by many people.

I hope this information will be useful in considering approval for these projects.

Eleanor Ward  
President  
Cook Street Village Activity Centre



## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)  
[www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca)

Dear Committee Members,

May 4, 2021

I express my support in the development application for the Cook Street Village community at 328 Cook St. This is an important opportunity for increased space and access for community services that cannot be wasted, particularly given the struggles this past year has proven for our medical system and community health. This space was much needed in early 2020 when the development was first considered. Since then, many individuals have postponed their efforts to access medical services because of their need or desire to stay at home due to COVID-19. This backlog of pandemic-related appointment rescheduling and, potentially newly developed or missed diagnosis, will be a struggle for any community to face. This backlog will add pressure to the existing shortage of Primary Health Care (as there are many in the CRD without an attachment to a Nurse Practitioner or Family Physician).

The redevelopment will provide greater access to health services to underserved populations. For the past year and a half, the Victoria Health Co-operative has been searching for exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services with our Community Nurse services. The proposal for 328 Cook St enables the Victoria Health Co-op to access space to provide Registered Nurse services, health and wellness education, and wellness treatments.

The opportunity to provide space for Primary Health Care services and other wellness practitioners in Victoria is of great importance to myself and those who I care for. Our senior and ever-aging population, many of whom utilize the Cook Street Village Activity Centre services on a regular basis, would greatly benefit from the medical and social support of a community health centre space. Aragon Properties understands this community need. The proposed development would create much needed housing and access to permanent, dedicated medical exam rooms would greatly enhance our ability to serve our community.

I sincerely hope that City Council will approve the development proposal for 328 Cook St as this will ensure that the Victoria Health Co-operative will be able to serve all who seek this Community Nursing program with adequate exam rooms, office and meeting spaces. The Co-op's focus will continue to be on supporting our patients and the wider community in achieving and maintaining optimal good health, and in addressing medical issues early enough to prevent escalation. Our practitioners, our patients and the practitioners currently working at the Cook Street Village Activity Centre will be better able to work together for the wellbeing of community residents in this new space.

Sincerely,

Selina Pieczonka  
Board Member, Victoria Health Co-operative



## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)

250.415.9272 [www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca)

Registered Nurse program [vichealthcoopRN@gmail.com](mailto:vichealthcoopRN@gmail.com)

To the Committee of the Whole  
City of Victoria

2021 05 04

Dear Committee Members,

The Victoria Community Health Co-operative has operated from the Cook Street Village Activity Centre for several years, making good use of several large and small meeting rooms to deliver a wide range of health and wellness programs. We also gratefully used the mail drop-off.

More recently of course this has been modified to comply with COVID-19 restrictions. We have the highest regard and tremendous gratitude for the use of this space and the detailed attention to all aspect of sanitization.

We have recently initiated our Community Nurses program. Through this any person with a BC Care Card can access our Registered Nurses at no cost. Membership in the Co-op is appreciated but is not a condition of acceptance into the program. Our Nurses' Scope of Practice is part of the whole array of health, wellness and medical care, along with Nurse Practitioners, Psychologists, MDs, etc. Our Community Nurses' work includes health education, nursing assessments, home visits (for example wound care after discharge from hospital), explanation of test results, etc.

To serve all who seek this Community Nursing program, we desperately need access to additional space that would be for our exclusive use. This would be a significant benefit to a community which has an aging population with serious un-met health, wellness and medical needs. Aragon Properties understands this community need. The proposed development would create much needed housing and access to permanent, dedicated medical exam rooms would greatly enhance our ability to serve our community. Our focus will continue to be on supporting our patients and the wider community in achieving and maintaining optimal good health, and in addressing medical issues early enough to prevent escalation.

We urge you to approve this development and thank you, in advance, for your support of the health and wellness of this community.

Yours co-operatively,

Vanessa Hammond  
Chair, Victoria Community Health Co-operative

The Creating Community Wellness Society, CRA 833835457 R0001, supports the health and wellness activities of the Vic Health Co-op and others with similar aims. To donate, and receive a charitable donation receipt please click on <http://VictoriaHealthCooperative.com> or mail a cheque to 380 Cook St, Victoria, V8V 3X7. Thank you!





## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)  
[www.victoriahealthcooperative.ca](http://www.victoriahealthcooperative.ca)

Dear Committee Members,

May 4, 2021

This letter is to express my support in the development application for the Cook Street Village community at 328 Cook St.

I am a Registered Nurse with 26 years of experience in health care. Along with another RN, we are part of the new community nursing program of the Victoria Health Cooperative based in the Cook Street Village Activity Center. This program is desperately needed to support the extensive needs of an ageing population, and a growing community underserved by an overburdened and struggling public system. This is an important opportunity for improved space and access for community services that cannot be wasted. The challenges this past year have proven that the needs for our medical system and community health are unprecedented and immense.

The Victoria Health Co-operative has been searching for exam and treatment room space to serve some of the 70,000 people in our area who do not currently have Primary Health Services and adequate wellness services with our Community Nurse services. The proposed expansion for 328 Cook St will enable access to space to provide Registered Nurse services, health and wellness education, and wellness treatments.

The opportunity to provide space for Primary Health Care services and other wellness practitioners in Victoria is of great importance to myself and those who I care for. I have seen the great value of making health and wellness resources readily available to address specific needs, and prevent costly and unpleasant need to access hospitals and other acute areas of healthcare.

It is obvious that Aragon Properties understands the community need. Their proposed development would create much needed access to permanent, dedicated medical exam room, wellness space and teaching areas and would greatly enhance our ability to serve our community.

I strongly urge and wholeheartedly support that City Council approve the development proposal for 328 Cook St. I am honoured to be of service as a community registered nurse for all who seek this Community Nursing program and eager to enhance the service when we have access to adequate exam rooms, office and meeting spaces. The Co-op RNs' focus will continue to be on supporting our patients and the wider community in achieving and maintaining optimal good health, and in addressing medical issues. It is my greatest professional wish to provide wellness education and care to a thriving and well supported diverse community.

Respectfully and sincerely,

Heather Quayle, RN BSN ER  
Victoria Health Cooperative



## Victoria Community Health Co-op (VHC)

Chair: Vanessa Hammond [vichealthcoop@gmail.com](mailto:vichealthcoop@gmail.com)

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Registered Nurse program [vichealthcoopRN@gmail.com](mailto:vichealthcoopRN@gmail.com)

To the Committee of the Whole  
City of Victoria

2021 05 04

Dear Committee Members,

As a Director of the Victoria Community Health Co-operative, I am acutely aware of the extreme space constraints under which the Co-op has been delivering its Health and Wellness programs for several years. We are highly appreciative of the space made available by the Cook St Village Activity Centre but have been limited in the programming we can undertake.

Now that we have been able to hire two Registered Nurses, our range of services and our ability to contribute significantly to the well-being of our community have increased significantly. To fully utilize these services for the health and wellness of the community, we urgently need permanent, dedicated space. Access to rooms in the ground floor of the adjacent building, as proposed in the Aragon Properties development would be ideal.

Aragon Properties has listened carefully to the needs of the community. In addition to much needed housing, the development would enable us to expand our range of services significantly, contributing to the well-being of the community. These services are within the scope of the BC MSP, thus at no cost to any user in possession of a BC Care Card.

We encourage the Committee to approve this development and, through it, to support the health and wellness of this community.

Yours sincerely,

Graham J Smith, BNZ Holdings 250 592 2122  
Director, Victoria Community Health Co-operative

[bnzholdings@telus.net](mailto:bnzholdings@telus.net) [grahamjsmith@telus.net](mailto:grahamjsmith@telus.net)

The Creating Community Wellness Society, CRA 833835457 R0001, supports the health and wellness activities of the Vic Health Co-op and others with similar aims. To donate, and receive a charitable donation receipt please click on <http://VictoriaHealthCooperative.com> or mail a cheque to 380 Cook St, Victoria, V8V 3X7. Thank you!

August 29, 2019

Dear Mayor Helps:

Aging is scary when alone, and this 67 year old feels especially alone since moving here 2 years ago, leaving her family doctor back in Ontario. My wellness has taken a dive since moving, with a 1st time ever kidney infection, 2 bouts of vertigo, dizziness and pain since falling over a year ago. Not accustomed to tripping without recovery, I fell like a tree (TIMBER!!), cracking ribs on both sides in 2 falls a month apart. While recovering I developed muscle wasting and am still recovering from that. Having always enjoyed limitless walks, it's been frustrating & depressing to now be coping with insistent back pain and exhaustion. Historically, I've been healthy, with a very early stage melanoma in 2013, surgically removed, and a 4<sup>th</sup> year episode of Trigeminal Neuralgia, resolved by brain surgery in 2012. (An extremely severe case + loads of debilitating meds). It's still a relief to not have that pain anymore! But it could recur, hopefully not, but if it did, the surgery could not be redone due to my age.

So - I was relieved and happy to hear a nurse practitioner was being hired, and joined the list of folks who hope to become

his/her patients.

I hope you can help by ensuring Cook Street Activity Centre can obtain more space to enable a place for the new NP to see patients and work. Many people are counting on this to lead healthier, happier lives.

Thank you for your concern and care.  
My vote was well-cast!

Sincerely,  
Valerie Forest  
7-508 Toronto St.  
Victoria V8V 1N9

[REDACTED]

---

**From:** Luke Ramsay [REDACTED]  
**Sent:** Tuesday, July 13, 2021 4:36 PM  
**To:** Public Hearings  
**Subject:** FW: Letter of support for 328 Cook St.

**Importance:** High

**Categories:** Madison - In Progress

Hello,

Forwarding the below letter in support of 328 Cook Street. Please make sure this gets included in the correspondence for the project.

Best Regards,

Luke

ARAGON

**LUKE RAMSAY**

Development | Construction  
Aragon Properties Ltd.  
201 – 1628 West 1st Avenue  
Vancouver, BC, Canada V6J 1G1

[REDACTED]

---

**From:** Jay Smith [REDACTED]  
**Sent:** July 13, 2021 7:43 AM  
**To:** Luke Ramsay [REDACTED]  
**Subject:** FW: Letter of support for 328 Cook St.  
**Importance:** High

Morning Luke

Attached is another letter of support.

Cheers

Jay

ARAGON

**Jay Smith**

Aragon Construction Management Corp.

SITE: 429 Lampson St, Esquimalt, BC, V9A 5Y6

MAILING/BILLING: 201 – 1628 West 1st Ave, Vancouver, BC, V6J 1G1

[REDACTED]

[ARAGON.CA](http://ARAGON.CA)

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**From:** Reade Johnson [REDACTED]

**Sent:** July 13, 2021 7:12 AM

**To:** Jay Smith [REDACTED]

**Subject:** Letter of support for 328 Cook St.

Dear Mayor Helps & Councillors,

This is a letter of support for the proposed development at 328 Cook Street. I'm strongly concerned about the lack of sufficient housing for Victoria and surrounding communities. With limitations on the amount of available land, we need to construct more high density housing in areas that can easily accommodate its addition. The proposal at 328 Cook is appropriate for Cook Street village (size, # of units, distribution of units, and appearance) and will help build the unique character of the village.

Best Regards,

Reade Johnson

[REDACTED]

430 Arnold Ave, Victoria

1344 Beach Drive  
Victoria, BC V8S 2N6

July 12, 2021

City of Victoria

Dear Council Members,

I am writing to encourage the council to approve the proposed development by Aragon Properties at 328 Cook Street.

Having worked in the health and wellness sector for over 38 years, I have seen first hand the importance of programs that provide ease of access to personalized health and wellness services, social connection, and health and wellness education. The benefits have been consistently demonstrated and well documented in health literature and research for many years. These low cost interventions have a far reaching positive impact in our communities for all sectors. Our current pandemic public health emergency has recently highlighted how such seemingly simple interventions such as hand washing, in person social interaction, accurate and timely health information can create a major shift in the health and wellness of both the individual and that of the community as a whole.

Approving the current proposal will provide The Victoria Community Health Co-operative with much needed space to offer valuable, fundamental community health and wellness services via both individual practitioners and group activities. The Registered Nurse services offered through the co-operative are available for any community member with a BC medical card and will allow for ease of access to appropriate assessment, examination and treatment, confidential face-to-face counsel and health information. By providing space for wellness practitioners it will support these practitioners' ongoing ability to offer their services through their practice business model. Access to larger meeting space will allow the co-op to provide more group programs increasing community health and wellness knowledge and social interaction. Sink access in the proposed development space will allow for the basics of effective infection control and the modelling of an often overlooked fundamental health measure.

In the larger picture, supporting the approval of this development and the provision of the services offered by the Victoria Community Health Co-op will help reduce the strain on the larger healthcare system by diverting non-emergency situations from emergency service locations and support longer term health provider/client relationships. Space dedicated to the health and well-being of community members ensures a multitude of positive benefits to any community at large.

I encourage the Committee to approve this Aragon Properties development and, through it, support the health and wellness of the Cook Street Village Community and that of Greater Victoria.

With warm regards,  
Cheryl Hann