



See Spring

Mental Wellness Coalition

Our commitment to reconciliation

See Spring's work is guided by

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What is See Spring?

See Spring is a **new Victoria mental wellness coalition**,
led by peers with lived and living experience of mental illness,
creating trauma-informed, culturally safe spaces for people in crisis.

The need is great.

We are here to provide hope and help.



Our planned projects

1. Warmline
2. 24/7 drop-in centre (shorter stays)
3. Respite House (longer stays)



Why these are needed

1. Warmline
 - Often sufficient and preferable to a crisis line
2. 24/7 drop-in centre for shorter stays
 - A safe, non-medical crisis space is a better option for the whole community
3. Respite House for longer stays
 - Lessening the negative impacts from a life-interrupting mental health crisis

Let's offer better options for our
neighbours, families, and friends.



We'll complement existing services

- A midstream option providing comfortable support to people in distress
- Working closely with emergency services as needed
- Avoiding trauma and harm to vulnerable individuals

See Spring will **reduce healthcare costs**
and **improve people's lives.**



Making it happen

We have

- the knowledge
- the will
- the endorsement
- the community support
- the training

We just need **the location.**



Thank
you

