



## CITY OF VICTORIA

# PROCLAMATION

### **“EATING DISORDERS AWARENESS WEEK”**

- WHEREAS** *Eating Disorders Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention; and*
- WHEREAS** *the National Eating Disorders Awareness campaign launches annually in February with events and activities taking place throughout the year and is a national effort to raise awareness around prevention and early intervention of eating disorders as well as media literacy, resiliency, building healthy body image and self-esteem; and*
- WHEREAS** *the Vancouver Island Voices for Eating Disorders Society (VIVED) is a grassroots organization that, despite many members’ who struggle with lived experience, has pulled together people with eating disorders, their loved ones, friends and allies, and has been active in a number of activities, from public presentations, a petition to the provincial government, letter-writing campaigns, supportive activities such as rock painting in the park, and other advocacy efforts; and*
- WHEREAS** *the Victoria Peer Support Group for Adults, a VIVED program operated entirely by volunteers, has been filling a gap providing weekly peer support groups facilitated by volunteers for over seven years; and*
- WHEREAS** *eating disorders are psychiatric illnesses with higher mortality rates than any mental illness other than opioid addiction; and*
- WHEREAS** *it is critical that greater awareness be raised in this area to support additional and innovated services in the City of Victoria so more adults with eating disorders can access appropriate services in their own home community.*

**NOW, THEREFORE** *I do hereby proclaim the week of February 1<sup>st</sup> to February 7<sup>th</sup>, 2023, as “EATING DISORDERS AWARENESS WEEK” on the **HOMELANDS** of the Lekwungen speaking **SONGHEES AND ESQUIMALT PEOPLE** in the **CITY OF VICTORIA**, **CAPITAL CITY** of the **PROVINCE of BRITISH COLUMBIA**.*

**IN WITNESS WHEREOF**, *I hereunto set my hand this 26<sup>th</sup> day of January, Two Thousand and Twenty-Three.*

**MARIANNE ALTO**  
**MAYOR**  
**CITY OF VICTORIA**  
**BRITISH COLUMBIA**

**Sponsored by:**  
**Vancouver Island Voices**  
**for Eating Disorders (VIVED)**