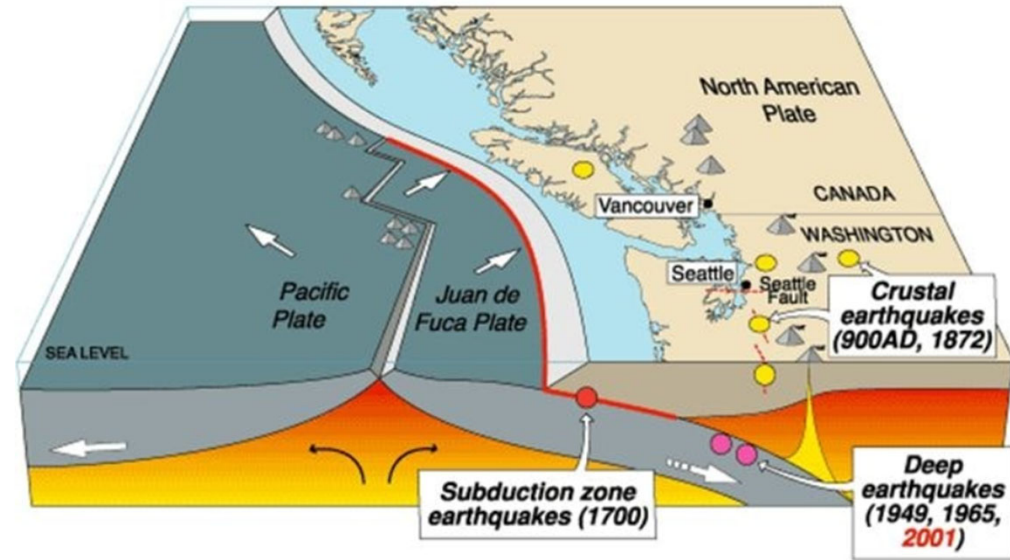


Get Ready to ShakeOut.





Cascadia earthquake sources



We are at risk from 3 kinds of earthquakes: Plate Interface (Cascadia Megathrust), Deep Intraslab, and shallow Crustal faulting (Leech River & Devil's Mountain).

Earthquake Early
Warning Alerts,
Now in B.C.

4:58



**EARTHQUAKE
DETECTED!**

Drop, Cover and Hold On!
Protect yourself!
Natural Resources
Canada

During an Earthquake

Move no more than a few steps, then **Drop, Cover and Hold On.**



DROP to the ground
(before the earthquake
drops you!)



Take **COVER** by getting
under a sturdy desk or
table.



HOLD ON to it until the
shaking stops.



DO NOT
Get in a Doorway!



DO NOT
Run Outside!



DO NOT
Believe The
“Triangle-of-Life”



KNOW
YOUR
RISKS!



Next Steps

1. Know your risks
2. Make a Plan
3. Get Your Kit Together
4. Get Connected



Free Emergency Preparedness Workshops

Register for one of our free workshops to learn about what you need to be prepared.



Prepare Your Community

Neighbours are often your first responders in an emergency. Learn how to plan and prepare together.



Risk Readiness

Know your risks and what to do before, during, and after an emergency.