



Community and Seniors Centres Annual Report January - December 2014

Centre: James Bay Community School Centre

Address: 140 Oswego Street Victoria BC V8V2B1

Operating Association/Society: James Bay Community School Society

Society Registration Number: S0013140

Registered Charitable Tax Number (if applicable): 11923 9036-BC0001

Month of Annual General Meeting: November

Days of operation per year: Full calendar year, Closed stat holidays,

Open Mon-Fri 7:30 am – 9:30 pm /Sat and Sun hrs dependent upon rental and program boo

Total number of employees: FT: 9 PT: 18 Instructors: 39

Programs Quantitative Analysis

Recreation Programs	# Programs Offered		# Unique visits (# of programs x # people attending)
	Registered	Drop-in	
Children	57	1	See bottom total
Youth	1	39	See bottom total
Adult	175	19	See bottom total
Centre registered programs allowing drop ins.	Already listed above		274 Participants dropping into a registered program
Total:	233	59	Total: 3896
Note: 1356 Registered	Participants	2540 Drop in	Participants

	# spaces offered	# spaces filled
Non licensed Childcare		
Licensed Childcare	Sept-June 83 spaces July-Aug 63 spaces	65/83 63/63
Total:	Max 83 spaces	

Services Quantitative Analysis

Services	# Offered	# People Served
Special Events (list) (add more lines as necessary)		People in attendance
James Bay Day Celebration	1	175
Monster Bash	1	120
Family Dances	2	219
Dickens Fair	1	1420
Holiday Concerts	2	700
Book Fair	1	225
Gallery Gala	1	325
Welcome to Kindergarten	1	40
Family Fun Night	1	65
Community Picnic	1	300
James Bay Art Walk	1	250
Remembrance Day celebration	1	75
Society AGM	1	14
Rentals (total #)		
On-going	6	3250
One offs	25	2476
Rentals no charge	5	768
Dog Licence		234
Public computer access	2 terminals	335
Resource Referrals (total #)		
Social Support Services (list):		
Seniors Dinners	71	3098
Volunteer meals served	71	327
Community dinners	4	597
Pre School	1	2438
Little waves group day care	1	4180 not hosted in community centre stat not included in total
OSC	1	12,870
Lunches eaten in café		12,000
Kindergym Strong start		1426
Neighbourhood Development (list):		

Total	202	43,697 does not include the drop in and registered program totals

Leverage Model

A

Direct City of Victoria Investment for 2014	Amount in cash
Operating grant	39,999
Youth grant	8,063
Custodial grant	
Neighbourhood Dev. Base grant (JBCSS Portion)	1,266
Neighbourhood Dev. Matching grant	
Shape Your Future grant	
Community Art grant	
Greenways grant	
Special Projects grant	
Other City grants	
Total A	49,328

B

Indirect City of Victoria Investment for 2014 (to be completed by City)	Value
Custodial Service	40,433
Utilities	
Permissive Tax Exemptions	0
Maintenance & repair costs	17,515
Other	
Total B	57,948

C

Association Annual Operating revenue for 2014 (excluding in kind)	Amount in cash
Jan –Dec all departments does not include city funds	822,813.71
Total C	822,813.71

D

Volunteer opportunities:	# people	X	# hours	Total Volunteer hours
Programs	61			1311
Services	43			1566
Events	36			115
Other				
Total	138			2992

Volunteer Valuation

a)Total volunteer hours (value 2051.00unskilled labour)	X	80%	X	\$18.73	=	30,732.18
b)Total volunteer hours (value 941.00 skilled labour)	X	20%	X	\$40.00	=	7,528.00
Total Volunteer valuation D (a+b)					=	38,260.18

Leverage Valuation

C (Association Operating Revenue)	+	D (Volunteer Valuation)	=	Leverage
A (Direct City Investment)	+	B (Indirect City Investment)		
C 822,813.71	+	D 38,260.18	=	968,349.89
A 49,328.00	+	B 57,948.00		

Per Person Valuation

C (Association Investment)	Divided by	#visits per year	=	\$ value per person served
822,813.71	/	47,593	=	17.28
A + B (Total City of Victoria investment)	Divided by	# recreation visits per year	=	\$ invested per person served
107,276	/	47,593	=	2.25

Per Person Valuation

1. Please speak to your centre's day to day vitality as a hub for the neighbourhood.

When you walk into James Bay Community Centre you experience a welcoming environment with, community centre staff, teachers, support staff and volunteers working together to provide a caring and supportive environment for a diverse community of residents, children and their families.

The community education component of the community school is managed by a non-profit Society that sets policy and oversees the operations and service delivery of all the programs over and above the Kindergarten to Grade 5 school program.

School and Community Centre staff work together to provide excellent service for community members students and parents. Staff collegiality, integration and collaboration between the school and community centre contribute to a supportive and caring environment.

There are many opportunities for volunteer experience for students, parents and community residents. For example students volunteer in the café at lunch and recess and help with community centre special events, seniors volunteer in the classroom, community members are trained to support reading in the Support-a-Reader program, adults with developmental disabilities volunteer in the café, and parents and residents help in the library. Volunteers bring resources into the school and provide thousands of hours of support to the school and community. Partnerships and collaborative work is completed with community agencies and local interest groups.

The centre is truly a hub for many community activities including rental opportunities for other not for profits and community organizations. Community Education is worthwhile and socially significant. The benefits are proven and include; using community resources, accessing additional funds for programs and services, increasing opportunities for interaction between schools and the public, enriching the lives of children, responding to community need and contributing to the economic development of the community.

2. Please provide up to 3 impact statements via testimonials, survey results or accomplishments directly related to your centre's programs and services.

on the impact of the program...

- I have seen differences in children physically and mentally. One parent has told me his child fell from quite high from a monkey bar. He just naturally used one of the falling techniques to land on the ground. He then jumped back up and continued playing. This likely has saved the boy some serious injury, if not some bruises. Parents also told me their children learned how to cooperate with other children and work as a team. Their ability to focus has also increased.

on reward of teaching here. . .

- I always feel refreshed after teaching. It's such a great satisfaction and joy to see the kids grow and learn. They are the ones that keep me coming back.

Client

- The Hatha Monday eve yoga class with Michelle has been such a blessing. It is within walking distance and at the perfect time of day giving me enough time to get home from work and transition as well as being on a Monday which sets the tone for the remainder of the week. It is a perfect blend of stretching and relaxation that has been so helpful for my recovery from an injury as well as improved sleeping. I am grateful that I can access such an amazing class in a great space without paying outrageous yoga studio fees. It has also been a great opportunity to connect with my teenage daughter who also looks enjoys the class with me.

On benefit of service...

- The social contacts the seniors get from the dinners I believe is very important to their mental and physical health. They arrive early to the centre, gathering in the lobby, talking and catching up on everyone's stories. And at 4:30 line up and press against the door until we let them in! For many of them the meals are an important part of the nutrition they get during the week. Often they're buying extra meals to take home. My wife and I also keep in contact with a few of the seniors during the summer. And I know many of them count down the days until the start of the new school year and they can get back to rekindling the friendships made over the MANY years some of them have been coming to the dinners.
- Both of our children have gone to the community centre for preschool. This was a great benefit for our children as it not only was in a very convenient location, but being attached to the school lets the kids have an early start with friendships when they begin kindergarten. As well having the community centre attached to the school brings people in automatically as they are already in the area dropping off kids or playing in the school park. Finally, I know from talking with the seniors in our building, that the seniors dinners every Tuesday and Thursday are a welcome escape from the day to day routine. They look forward to the nice home cooked meal and socializing with other seniors. In summary, the community centre adds a great service to our community and with it being part of our local school it enjoys the benefits of local traffic to be even more effective at helping our community.

Health and Wellness

1. How does your centre promote health and wellness? (Please cite up to 3 examples)

The centre primarily promotes health and wellness for adults and seniors through its wellness programming. Fitness, yoga classes etc.

Meal programs: Nutritious dinners made on site twice weekly

Community Education: BC fruit and veggie program

Programming options for vulnerable students in the form of free programs after school provided through the application of grants.

Participate in the City's Life program- Low income families seniors and adults in the neighborhood

RBC Physical Literacy Program- targeted group afterschool care students

Dash BC – After school sports and arts initiative for school population.

Girls and boys groups – program focuses on socialization and pre-teen issues, making friends, using WITTS , focus on behavior difficulties, family conflict, anger management to name a few.

2. What new health and wellness initiatives have you implemented, supported and/or maintained this year?

The centre supported the healthy habits of mind project with our grade 5 students.

Grade 4/5 students at James Bay Community School are learning about the Seven Essential Mental Activities for developing a healthy mind. The Healthy Mind Platter presents these seven activities, which are: Sleep Time, Physical Time, Focus Time, Time In, Down, Play Time, and Connecting Time.

The class used this Healthy Mind Platter to make a New Year's Resolution. They looked at all of the activities they did in a day to see how they fit in with these mental activities. When the students noticed they wanted to do more of something (ie. Sleep Time) or start something new (ie. Time In = meditation, mindfulness), they used it as a starting point for their New Year's Resolution.

Here are some of the resolutions: 1) Do more 'focus time'; 2) Sleep one hour more each night; 3) To work more 'down time' into my day; 4) Get better at wrestling; 5) Get better at gymnastics; 6) To get better at my art skills; 7) Improve my shot in hockey.

3. What are your community's health and wellness concerns and how are you addressing them?

Affordable housing for seniors and working families.

Affordable child care

Food security.

School Community: vulnerable learners, child poverty, settlement of immigrant families, blended families etc.

Sustainable Community Development

1. How does City funding allow you to address the sustainability of your organization?

City funding allows the JBCSS to sustain its programming as it is the only funding we receive to employ a recreation programmer position and youth programmer position. Without these dollars the position could not be full time, and without City dollars the Society would be forced to raise the cost of programs to residents. Custodial costs paid for by the city eliminate a significant burden which would be placed on our operational budget, again forcing us to raise the cost of programs and services. Child care fees would sky rocket as additional revenue would need to be generated to offset custodial costs.

2. What are you doing internally to address the sustainability of your organization?
(i.e. - environmental, economic, social etc.)

.Economically: applying for funding from all sources of government and private donations.

Socially: Children participate in local community and beach cleanup initiatives.

Coastal kindergarten program- focus on environmental education at an early age

3. How does your centre align with the City of Victoria's Sustainability Action Plan directions?

A) Reduce - reduce waste and emissions & increase efficiency

The center takes steps to use more digital media in its advertising etc.

Environmental-School district has installed a heat pump and new HVAC system in the building making the heating and cooling system more efficient, some windows in the community centre have been upgraded to more efficient windows. Currently- more could be done to finish up window upgrades, and replace exterior doors that leak in winter months.

Our centre and school composts all kitchen waste, in addition to blue box items and soft plastics

B) Transform - transformation and leadership

N/A

C) Thrive - creating a livable city for everyone

N/A

Community Responsiveness

1. How does your centre identify community need and respond to community feedback?

The organization will conduct surveys, and need assessments every three to five years.

The organization develops a strategic plan every 3 to 5 yrs.

The organization communicates with sister organizations in James Bay to better understand resident needs.

Feedback is welcomed on our web site, and through program evaluations.

2. What modifications or implementations have you made in response to community need in these categories?

- i. Programs (new)
- ii. Services (new)
- iii. Infrastructure (facility, neighbourhood)
- iv. Organization
- v. Accessibility
- vi. Diversity & inclusion
- vii. Demographic Diversity

Programs: The community centre offers programs that integrate school programs with special activities, support for school programs is provided by volunteers, grants and community partners.) Programs: Due to lower household income levels of some of the families in James Bay [insert stat?], we have increased the number of free programs for children after school hours. Children are able to attend an after school sports program (grades 1-2, or 3-5), choir, or an arts program sponsored by Arts Reach. Children are able to walk directly from their classes to these extracurricular activities. These free programs address many other barriers to families in the James Bay area including, but not limited to: transportation, finance, and time.

We offer a number of affordable recreation programs to the public, based on our community's needs and preferences. Many of our program prices are lower than competitive facilities or specialized places. We modify what programs we run based on community's needs. For example we started drop-in pickleball, where the program is only \$3 for two hours of leisure. We also increased flexibility around dropping into other regular fitness and health and wellness programs due to patron requests.

iii) The community centre worked with City by law enforcement and participates in the City's graffiti program, we also agreed to have the city install and we monitor a new poster pole installed in front of the community centre.

iv) Non organizational changes, the society is in the midst of a personal policy review.

v) No changes – automatic doors were installed 5 yrs ago. The entire building is wheelchair accessible, including our portable used for group child care.

Volunteerism

1. What types of volunteer opportunities do you have in your centre?

Special events	Out trip supervision
Child care Programs	
Board and Executive	
Class room support	
Support a reader.	
School meal /Seniors/community dinner support	

2. Please provide up to 3 impact statements via testimonials, survey results or accomplishments directly related to your centre's volunteers.

On benefit of volunteering...

I've been volunteering at the senior dinner for the last several years. On a personal level since I started volunteering at the dinners I've felt being more of a part to the community. I'll be walking in the neighbourhood and say hello to some of the folks we serve, learn a great deal about their past history and contributions they've made throughout their lives to others and feel I'm making their lives just a little better. I know they've contributed to mine. It's easy to see they're having a great time sitting around the tables with their friends and often getting to meet new friends or the snow birds in January.

I am a volunteer at the James Bay Community School Seniors dinner program. I feel there is a need for this program as it gets our local seniors out socializing and for a healthy meal. We sell several of them extra meals and soup to take home to have another night. We also sell any extra muffins (and they fight over who gets them!) that are left over from that day. They love to come early to chat to their friends and they REALLY appreciate all the effort that goes into making the meal and their evening a success. Many of them come up to the kitchen counter when leaving after the dinner to thank all of us for our efforts.