

**“WORLD MENTAL HEALTH DAY”**

- WHEREAS** *over 450 million individuals around the world are living with mental illness that could benefit from early diagnosis and appropriate and adequate treatment and support; and*
- WHEREAS** *fewer than one-half of those who could benefit from early diagnosis and treatment for mental illness receive any treatment or care at all; and*
- WHEREAS** *mental illness such as anxiety disorders, major depressive disorder, bipolar disorder, and schizophrenia are leading causes of poor work performance, family disruptions, and even suicide, and contribute greatly to the global burden of the disease; and*
- WHEREAS** *these startling health statistics and the human toll they represent are often given little attention or concern by the general public, the general healthcare system, and elected and appointed public policy makers, resulting in inadequate priority being given those disorders; and*
- WHEREAS** *the World Federation for Mental Health has designated October 10, 2016, as World Mental Health Day and urges increased effort and action intended to improve mental health services and ready access to services by those experiencing serious mental health problems and disorders.*

**NOW, THEREFORE** I do hereby proclaim the day of October 10th, 2016 as **“WORLD MENTAL HEALTH DAY”** in the **CITY OF VICTORIA, CAPITAL CITY** of the **PROVINCE** of **BRITISH COLUMBIA**, the **TRADITIONAL TERRITORIES** of the **ESQUIMALT AND SONGHEES FIRST NATIONS.**”

**IN WITNESS WHEREOF**, I hereunto set my hand this 13<sup>th</sup> day of October, Two Thousand and Sixteen.

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**LISA HELPS**  
**MAYOR**  
**CITY OF VICTORIA**  
**BRITISH COLUMBIA**

**Sponsored by:**  
**Linda Proctor**  
**Amanda Todd Legacy Society**  
**World Mental Health Awareness**