

“MEN’S MENTAL HEALTH AWARENESS DAY”

WHEREAS *International Men’s Health Week is celebrated annually the week leading up to, and including, Fathers’ Day; and*

WHEREAS *an estimated one in five men will experience a mental health issue this year, and men are up to four times more likely than women to die by suicide as a result of mental health issues; and*

WHEREAS *raising awareness of signs, symptoms and prevalence of mental health conditions helps to reduce the social stigma that prevents many men from seeking the treatment they need; and*

WHEREAS *all citizens are encouraged to engage in and promote activities supporting the overall health and well-being of our city’s residents.*

NOW, THEREFORE *I do hereby proclaim the day June 14th, 2016 as “MEN’S MENTAL HEALTH AWARENESS DAY” in the CITY OF VICTORIA, CAPITAL CITY of the PROVINCE of BRITISH COLUMBIA, the TRADITIONAL TERRITORIES of the ESQUIMALT AND SONGHEES FIRST NATIONS.*

IN WITNESS WHEREOF, *I hereunto set my hand this 9th day of June, Two Thousand and Sixteen.*

**LISA HELPS
MAYOR
CITY OF VICTORIA
BRITISH COLUMBIA**

**Sponsored by:
David Lea Johnston
The Men’s Depression
Education Network
The MensDEN@Bell.net**