

"DRY JAN MONTH JANUARY 2016"

WHEREAS *in Canada, teenagers who drink before the age of 15 are four times more likely to develop an alcohol dependence than those who wait until the age of 21; and*

WHEREAS *January is Dry Jan month, during which the Dry Jan campaign takes place led by Be You Promise.org, an organization that provides education presentations that inform the public about making healthy choices and being the best you possible; and*

WHEREAS *Dry Jan is a challenge to "lose the booze" for the month of January in an effort to increase awareness of the benefits of abstaining, as well as a fundraiser to support Be You Promise.org, the Canadian Liver Foundation and the Umbrella Society for Addictions and Mental Health; and*

WHEREAS *from January 1st to 31st, we urge all citizens to co-operate with the Dry Jan campaign, 31 Days of a Better You, and all civic, social and fraternal organizations and business establishments to give this campaign the greatest possible support.*

NOW, THEREFORE *I do hereby proclaim the month of January 2016 as "DRY JAN MONTH" in the CITY OF VICTORIA, CAPITAL CITY of the PROVINCE of BRITISH COLUMBIA, the TRADITIONAL TERRITORIES of the ESQUIMALT AND SONGHEES FIRST NATIONS*

IN WITNESS WHEREOF, *I hereunto set my hand this 10th day of December, Two Thousand and Fifteen.*

LISA HELPS
MAYOR
CITY OF VICTORIA
BRITISH COLUMBIA

Sponsored by:
Luke de Leseleuc
Community Outreach Coordinator
Be You Promise.org